

Parish News

MONTHLY MAGAZINE

for the people of Ashburton, Bickington
& Buckland-in-the-Moor



February, 2022

35p

**THE BENEFICE OF ASHBURTON, BICKINGTON, BUCKLAND IN THE MOOR, HOLNE,
HUCCABY, LEUSDON, POSTBRIDGE,
AND WIDECOMBE-IN-THE-MOOR**

The Ministry Team

Website: ashburtonandmoor.org.uk/ashburton

Team Rector: Rt. Rev'd. Mark Rylands Tel: 01364 716309
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Baptisms, Marriages and Funerals please contact the Team Rector

THE PARISH CHURCH OF ST. ANDREW, ASHBURTON

SUNDAY SERVICES 8.00 a.m. Holy Communion - First Sunday only
10.30 a.m. Family Service - First Sunday only
10.30 a.m. Holy Communion - all other Sundays
WEDNESDAY SERVICE 10.30 a.m. Holy Communion

THE CHURCH OF ST. PETER, BUCKLAND-IN-THE-MOOR

THIRD SUNDAY SERVICE 3.00 p.m. Holy Communion

THE CHURCH OF ST. MARY THE VIRGIN, BICKINGTON

SUNDAY SERVICE 9.00 a.m. Holy Communion - First Sunday only

BENEFICE OFFICE: St. Andrew's Church Hall, West Street, Ashburton, TQ13 7DT
Team Administrator Tel: 01364 654280 24hr Answerphone

Opening Times: Tues, Wed & Friday 9am-3pm e-mail: admin@moorlandteam.org.uk

PARISH OFFICE: Lorna Harvey Room, St. Andrew's Church Hall,
Parish Secretary, email: parishoffice1@tiscali.co.uk

EXETER DIOCESE Diocese of Exeter www.exeter.anglican.org



For most people, Christmas is long forgotten by the time February arrives – decorations were taken down, boxed up, and put into the attic shortly after Christmas. So, on a recent Zoom call, I was very surprised to see some Christmas decorations still up in someone's room. "It's the middle of January – are those Christmas decorations?" I said, to which she replied "Yes, and they'll stay up until the 2nd February. After all, the Kings have only just arrived!" The explanation is that she grew up in Germany, where the season of Christmas continues until Candlemas which is on the 2nd February.

Celebrating Candlemas as the end of Christmas is reflected in our annual Candlemas services, but there is a much stronger tradition in many European countries, with processions through the town to the church, young people wearing real candles on headdresses. When they arrive in the church and the candles are blown out, they are left with a rather desolate feeling of the light fading away as the Christmas season is finally over.

The candles not only represent Jesus as the Light of the World, they are also a symbol of light in the dark days of winter. And the days seem to have been particularly dark this year. Lots of people have found it very hard to cope with endless grey, sunless days. Add to that the general disappointment that Covid is still very much with us, it's not been an easy time. Many people had a far from normal Christmas, with Covid outbreaks disrupting family gatherings, and themselves maybe in bed with a high temperature on the day.

There are some people, a cousin of mine amongst them, who regularly suffer from a condition called SAD – Seasonal Affective Disorder. One sufferer says "December is dark but the festive lights and cheerfulness are an antidote and I now put up my Christmas decorations really early (1st Dec) as a way of coping with my SAD symptoms. However, when all the festive cheer has gone, I find January and February really tough." If you're feeling a bit low, you are not alone. Jesus spent his life helping people who were a bit low – telling them about God's love and changing their lives.

And he gave us a simple rule for a better life, or rather two rules, in his short phrase – "Love your neighbour as yourself." We need to learn to love ourselves, to be kind to ourselves, to accept ourselves. If we feel like opting out for a bit, opt out, have a quiet day at home. Light a candle. Quietly pray. Try being peaceful.

And then think what we can do to help someone else, put ourselves aside for a while, focus on someone else, maybe a neighbour. Make them a cake, give them a call, show we care for them. We can be a light to them, can cheer them up; which might also have the bonus of changing our mood for the better.

And the days will grow longer, darkness will recede, snowdrops will bloom and spring will come... Enjoy the lighter days. Look after yourselves.

With every blessing,

Geoffrey

GOD IS WITH US

A special Christmas gift arrived for us all in church. Two new banners were put in place, “Emmanuel” and the other, “God with us”. One is of the shepherds watching their sheep and marvelling at the angels above. In the distance the Three Wise men come over the hill, following a bright star. On the other, Mary and Joseph look at the Christ Child in the manger amid animals, with a cheeky robin keeping an eye on things. Probably we will have said something like “Oh, aren’t they lovely? They’re a great addition to the place!” What we may not always realise however is the sheer number of hours and planning that goes into each. Before a needle is threaded, sketches of the design are carefully transcribed onto graph paper. Discussion takes place as to the positioning of each letter and figure. Once that is agreed, the next step is to decide on which fabric will best suit each element—wool, velvet, leather, silk? At this point the needlewomen choose the task at which they are particularly skilled. From then on they will work together and apart, liaising as they sew or knit and watching the picture grow. I am lost in admiration of their craftwork. Take time to notice their names, by each pillar.

Thanks to you all, for bringing the brightness of the Nativity to our lovely parish church at the darkest time of the year. You must be proud of the legacy you have left.

Barbara Dunball

REGISTER ENTRIES for 2022 from Ashburton, Buckland & Bickington

FUNERAL

27th January, 2022 St. Andrew’s, Ashburton

Norman KELLOW

EDITORIAL

Well, here we are again - "All good friends and jolly good company." This month's Magazine is full of interesting articles, a welcome gift during this interminable time of worry, confusion and an unknown future.

I have to confess that I have developed an unfortunate habit of shouting at the T.V. during the News Broadcasts. Sorry Brian, I do try not to.

As for our Churches - it is very clear that they are alive and well and working hard. Thanks be to God for all the willing helpers, loyal Congregations and dedicated Clergy.

I look forward to being able to join in again, when I am fit and well and neither at risk or a risk. I also want to still be around when my grandson grows up!

With grateful thanks to all our contributors, deliverers, and most of all, our readers.

Judith

DEAR PARISH MAGAZINE READERS,

Just a short note to let you know that magazine deliverers will be collecting your subscriptions when they deliver the February or March magazines. The amount for the year 2022 is £3.85 (11 magazines at 35 pence each).

Please also note that we will not be producing a January Parish Magazine in the future. Items for January will be included in the December magazine.

Judith

Parish News Dates for your Diary
Deadline for March Magazine
12 February, 2022

LISTENING TO GOD'S CALL

Each Christian story is an individual and very personal journey, without immediately seeming to have a set roadmap or satnav to guide you, and my own is certainly no different.

My own journey, has been a lifetime spent within the Anglican tradition, having sung in the church choir since a young age, been trained as a server, served on the PCC and as churchwarden and treasurer, and having been asked to lead the services of the word, especially evening prayer at St. Peter's, Buckland-in-the-Moor during periods of interregnum.

Unlike so many of my generation, I did not give up on church in the "difficult" teenage years when most of my peer group went off to play football etc. on Sunday mornings.

So how do I now find myself at this point in my life, part way through the yearlong Foundations in Christian Ministry (FiCM) course run by the South West Ministry Training Course who also undertake training for reader and ordained ministry?

Whilst there is no doubting that Facebook, and other social media platforms have much to answer for, it was a posting from the Diocese of Exeter advertising for applications to the FiCM course which lodged itself at the top of my news feed one day, and which seemed to be calling me to take notice and to act upon it, which after much reflection and prayer was something that I did. They say that the calling can come in the most unexpected way and time, and this certainly seemed to be the case.

The course is certainly not about exploring God under a microscope and finding all the answers, but, about letting God reveal himself to you as you learn more about scripture, theology, and spirituality. Certainly, there have already been some surprises both in the understanding of scripture which we can so easily take for granted, and the course has also opened a whole world of thinking on spirituality through the writings of Henri Nouwen and others, which previously would have gone unnoticed.

Whilst the course is for some the foundation year before moving on to further either lay or ordained ministry training, for others the reasons for joining may

be varied.

So, having felt the calling to apply for the course and survived the interview process, where do I feel it will take me? This was one of the questions which was raised during my interview, and to which I couldn't give a precise or conclusive answer, but, which I will continue to explore and pray about with the help and guidance of others. However, if we are honest with ourselves, we will remain a work in progress throughout our whole Christian journey, and with Jesus walking beside us throughout that journey, I like many others, leave myself open to where and to what he is calling me next.

You never know when the calling will come and in what form it will take, but, respond with prayer and see where it will take you.

William West



PLEASE JOIN US ON
SATURDAY 19TH FEBRUARY
9:30AM-2PM
AT SCORITON VILLAGE HALL
(LUNCH WILL BE PROVIDED)

**A VISION DAY FOR EVERYONE IN
THE ASHBURTON & MOORLAND
MISSION COMMUNITY.**

**OBSERVING AND HEARING WHERE
GOD IS AT WORK IN OUR COMMUNITIES, SEEKING HIS
GUIDANCE AND SEEING HOW WE CAN FURTHER PLAY OUR
PART HERE ON DARTMOOR.**

**FOR MORE INFORMATION OR TO REGISTER:
ADMIN@MOORLANDTEAM.ORG.UK | 01364 654280**

WWW.ASHBURTONANDMOOR.ORG.UK

Bible Readings for February

The Reading is taken from St. Mark's Gospel

Chapter 20, verses 1 – 16



The Parable of the Workers in the Vineyard

For the kingdom of heaven is like a landowner who went out early in the morning to hire men to work in his vineyard. He agreed to pay them a denarius for the day and sent them into his vineyard.

About the third hour he went out and saw others standing in the market-place doing nothing. He told them, 'You also go and work in my vineyard and I will pay you whatever is right.' So they went.

He went out again about the sixth hour and the ninth hour and did the same thing. About the eleventh hour he went out and found still others standing around. He asked them, 'Why have you been standing here all day long doing nothing?'

'Because no-one has hired us,' they answered.

He said to them, 'You also go and work in my vineyard.'

"When evening came, the owner of the vineyard said to his foreman, 'Call the workers and pay them their wages, beginning with the last ones hired and going on to the first.'

"The workers who were hired about the eleventh hour came and each received a denarius. So when those came who were hired first, they expected to receive more. But each one of them also received a denarius. When they received it, they began to grumble against the landowner. 'These men who were hired last worked only one hour,' they said, 'and you have made them equal to us who have borne the burden of the work and the heat of the day.'

"But he answered one of them, 'Friend, I am not being unfair to you. Didn't you agree to work for a denarius? Take your pay and go. I want to give the man who was hired last the same as I gave you. Don't I have the right to do what I want with my own money? Or are you envious because I am generous?'

"So the last will be first, and the first will be last."

CHANCE ENCOUNTER IN ASHBURTON.

Exceeding Great and Precious Promises

As I was walking home recently I was hailed by one of the town's antique dealers who said to me 'I know you are a religious man . I have something to give you which might be of interest'.

He gave me a small cardboard box which when I opened it contained a large number of rolled up small bible texts. The box was small and the rolled texts only about an inch long. The title on the box was 'Exceeding Great and Precious Promises' with a hand written date inside of 1925.

He then ran back to his shop and came back with a small book of Prayers and Graces (a little book of extraordinary piety), collected by Allan M. Laing, published in 1944, with excellent illustrations by Mervyn Peake. The prayers are funny, sad, selfish and serious, each with an illustration.

The first three texts from the Great and Precious Promises box which I unrolled and read were –

- Seek ye first the Kingdom of God and all these things shall be added. Matt. 6.33
- The eternal God is thy refuge and underneath are the everlasting arms. Deut. 33.27
- God is able to bestow every blessing on you in abundance. 2 Cor. 9.8

Judith and I immediately thought of a good friend of ours who is very seriously ill and decided to send these three texts to her, hoping it might bring some comfort. A reply come back from her husband saying that they were a great support to both of them and infinitely better than anything else we could have sent. God works in simple ways.

If anyone would like to see the two items I was given, then please get in touch.

Brian Lewis

FOOTPRINTS IN THE SAND



One night a man had a dream.
He dreamed he was walking along the beach with the Lord.
Across the sky flashed scenes from his life.
For each scene he noticed two sets
of footprints in the sand:
one belonging to him, and the other to the Lord.
When the last scene of his life flashed before him,
He looked back at the footprints in the sand.
He noticed that many times along the path of his life
there was only one set of footprints.
He also noticed that it happened at the very lowest
and saddest times in his life.
This really bothered him and he asked the Lord about it.
“Lord you said that once I decided to follow you,
you’d walk with me all the way.
But I have noticed that during the troublesome times in my life,
there is only One set of footprints.
The Lord replied:
My son, my precious child, I love you and would never leave you.
During your times of trial and suffering, when you only see
one set of footprints,
it was then that I carried you.

A little over a year ago I found myself at a very low ebb. Redundant from work, with no focus in my life. At the time Mark said to me that God obviously had different plans for me in the future and just to be patient. I must admit that God and I had not been on very good terms over the last few years. Me, being a stubborn sort, put all of the blame on God. I had lost my way and I blamed God for not being there when I needed him.

I wanted to try and find my way back to God so I took part in some courses through the church and began to realise that, maybe, it was not God that had strayed, but me. I decided that I needed to delve deeper and to see if my feelings towards God could possibly be wrong and that it was true that God was there and guiding me, so I applied to do the Foundation in Christian Ministry course.

This course covers all aspects of religion and makes you question what you know and what you think you know. From Theology, Spirituality, Pastoral Care, the Bible and many more topics. It is not only there to transform your minds but also to transform your lives. I am now reading the bible regularly and realising that it is all interconnected. Things that happen in the Old Testament somehow come to being in the New Testament. The more effort you put into understanding the bible, the more you get out of it. The Bible is not an easy book to read, but it can be very rewarding.

I have been helping to renovate the churchyard. This is not only hard work but very rewarding. When I have time I sit on a bench just to clear my mind and to feel rested. Spirituality is a part of the course and it helps you to stop and focus on your inner feelings. I don't get flashing lights with a voice coming to me. I do, however, get a feeling deep within me of peace and, maybe, the presence of something helping me through the day. God?

I said at the beginning that I thought that God had left me. I realise now that he was always there and I only needed to believe for God to be alongside me.



Eve Nutley

Rota for Church Services for FEBRUARY 2022

	Sidespersons	Welcomer	Readers	Intercessors
1st Sunday 6 February	Francis Parffrey, Sheila Pope	Jane Bark	Martin Ives	Chloe Axford
2nd Sunday 13 February	Margaret McKenna Janet Shapley	Jenny Beuker	Brian Lewis	Clare Cotter
3rd Sunday 20 February	Mary Mills Janet Lockwood-Lee	Carol Davies	Judith Lewis	Carol Davies
4th Sunday 27 February	Jane Ashton Val Colliver	Sue Eales	Carolyn Kennett	Barbara Dunball

MOBILE BANKS

NATWEST and LLOYDS BANKS have resumed fortnightly visits to Ashburton.

LLOYDS BANK



**Kingsbridge Lane Car Park on alternate Fridays
from 9.45am—12noon**

 **NatWest**

**Ashburton Arts Car Park on alternate
Wednesdays from 9.45am—10.15am**

Use them or lose them!

**Grandma,
hold me a little longer, rock me a little more.
Tell me another story, you've only told me four!
Let me sleep upon your shoulder.
I love your happy smile,
I'll always love you grandma,
So stay with me awhile.**



General Note:

We make every effort to ensure that information contained in this magazine is accurate at the time of printing. Please be aware that changes may occur later.

Editor

ST ANDREW'S GUILD

A belated Happy New Year to you all – I hope you, like me, are looking forward to having our meetings on a regular basis again.

We were very fortunate to celebrate the festive season on December 9th when twenty members enjoyed a delicious Christmas Lunch at Furzeleigh Mill.

In January our speaker was Anita Edgar Cole who is a Co-Founder of the El Shaddai Charitable Trust in India. This charity helps underprivileged children, regardless of their race, caste, religion or economic status. Anita is an excellent speaker and she explained how the idea to help the extremely vulnerable children from the slums came to her during a holiday with her daughter in Goa over twenty years ago and she has worked tirelessly for the charity ever since. It was very interesting hearing how it has grown over the years.

In February our speaker will be David Follett. David had a road traffic accident resulting in a spinal cord injury and is now wheelchair bound. He calls his talk "From Tragedy to Triumph" and I look forward to seeing you on the 10th February to hear his story.

Val Smale



Ashburton Food Bank

A CONFIDENTIAL SERVICE FOR ALL IN FOOD NEED

DURING THE CORONAVIRUS EPIDEMIC

WE WILL CONTINUE TO OFFER A DELIVERY SERVICE.

If you require food please 'phone: **07767 453844** and leave a message with your name, number in household, any pets, telephone number and address. We will deliver to you as quickly as possible.

This delivery service is available to people in Bickington and Buckland-in-the-Moor and other villages around Ashburton



Share more, waste less with OLIO, the free food sharing app!

What do you do with food in your fridge when you go away? That glut of homegrown vegetables? The Buy One Get One Free you're never going to eat?

If you throw them away, think again!

Perfectly good food doesn't have to be wasted! The Olio app connects neighbours with each other so surplus food can be shared locally, not thrown away. Nearly 5 million people are already doing it!

According to Hubbub, 81% of us would be happy to receive food from a neighbour. And whether you give or get food, it's FREE!

Food waste is a huge issue and it's happening in our homes every day. The average UK family throws away 22% of their weekly shop, worth £730 per year.



Growing our food takes its toll on the planet – land is deforested, soil is degraded, wildlife habitats are destroyed and species are endangered. Between 33-50% of all food produced globally is never eaten and a land mass

larger than China grows food each year that is ultimately never eaten.

What's even more shocking is that while this food is going to waste, 800 million people worldwide go to bed hungry every night. That is 1 in 9 people on the planet who are starving or malnourished. Food poverty is increasing in the UK too, with over 1 million people accessing a food bank last year (Olio).

So it's easy to see that throwing away perfectly edible food is a huge waste of precious resources. Why not use the Olio app and give food you won't eat in time to someone else who would make good use of it? Share your food, save the planet, feel awesome!

Listing an item on OLIO is super easy! Simply open the app, add a photo, description, and when and where the item is available for pick-up. Find out more.

To claim items, simply browse the listings available near you, request whatever takes your fancy and arrange a pick-up via private messaging. Turns out there is such a thing as a free lunch!

It's quick, easy and local! More than half of all listings on OLIO are snapped up within the first 60 minutes, and more than 80% within 24 hours.

Even if it's a carrot, a cupcake or a croissant, you'll be surprised at what you can share. Small actions can lead to big change when our most precious resources are shared, not thrown away. Download Olio today and start sharing!

Already 34,124,223 portions of food have been shared via the app and 5,098,000,000 litres of water have been saved.

MORE CHURCH BULLETIN BLOOPERS

The youth group has raised almost £500 for drug abuse.

Correction: The following typo appeared in our last bulletin: 'Lunch will be gin at 12:15.' Please correct to read '12 noon.'



Any church member over 18 is invited to join in this lay ministry programme. It requires only a minimal amount of training and time: six weekly classes of about 200 hours, each Tuesday night.

The Seniors group will have a picnic on Saturday. Each person is asked to bring a friend, a vegetable, or a dessert, all in a covered dish.

Advert for a church jumble sale: 'We have a gents three-speed bicycle, and also two ladies for sale, in good running order.'

ASHBURTON PENSIONERS' ASSOCIATION



Once again our annual Christmas Lunch at the Dartmoor Lodge in December was a very happy and cheerful social occasion. The meals and service were excellent with 47 members, guests and Dignitaries attending, and Sean Wilson, the new Portreeve joining in the fun by calling the raffle prizes.

The social meeting in January was our “fun afternoon” which included bingo and a quiz. Rev. Kevin Hooke joined in by calling the bingo numbers and drawing the raffle.

Our AGM and New Year Tea will be on Thursday, 3rd February at 2.30 pm in St. Andrew's Church Hall. The Portreeve, Sean Wilson as our President, will chair the meeting which will include re-electing a committee for the forthcoming year. The new social programme and coach trips agenda will also be available and the annual membership fee of £5 per person will also be due. The afternoon tea will include sandwiches, cakes, tea and coffee followed by our raffle draw. New members and guests are always most welcome.

We would also like to take this opportunity to thank both Eve Nutley and Jean Histed for all their hard work in revamping the kitchen and rearranging the storage cupboards in the church hall. All very much appreciated.

On behalf of myself and the Committee, I would like to wish everyone a very Happy and Healthy New Year.

Margaret -
Chairman

I've reached an age
where my train of thought
often leaves
the station
without me.



SAVING THE PLANET VIA KITCHEN AND BATHROOM IN 2022

As world leaders wake up to the crisis of global warming and plan emergency measures before it is too late, each of us can make a difference right now, beginning in our own homes.

Start in the KITCHEN

25% of the world's food is thrown away. One supermarket discovered British households waste seven million tonnes of food waste every year, partly because most of our fridges aren't cold enough. Keeping the fridge temperature at a maximum of 4 degrees will help food last longer and save waste.

Vast quantities of greenhouse gases are released by animals reared to supply us with red meat and dairy products. Cutting down on quantities and conserving leftovers would help.

Conserving electricity by washing clothes at 30 degrees and replacing power-hungry tumble driers with a clothes line or old-fashioned clothes-horse would have the added advantage of reducing soaring power bills.

According to the Good Housekeeping Institute, "many mainstream detergents are brimming with synthetic chemicals like phosphates, chlorine and bleach that pollute our waterways, damaging delicate ecosystems, and may irritate sensitive skin." Plant-based and eco-friendly alternatives are now readily available and work well in the washing machine and dishwasher.

Don't forget the BATHROOM

Annual increases in UK water consumption would be curbed, if we were to shower rather than bath. Exchanging the shower head for a water-saving type, which regulates or aerates the flow, would save both water and cash.

Spending less time in the shower needn't be a hardship. Daily shampooing may actually be counter-productive – it's best to let some oils remain in the hair, so they can act as moisturisers. Biodegradable body wash is available in bulk, from which re-usable containers can be filled.

Eco-friendly toothpaste is now on the market, some of it in plastic-free containers. More water can be saved by turning the tap off as we brush. Beware wet-wipes which may be 'flushable', but aren't biodegradable, because they are part-plastic. Eco-friendly alternatives are now available.

Saving the planet needn't cost the earth.

ASHBURTON & MOORLAND
MISSION COMMUNITY

FEBRUARY SERVICES

1st February

Quiet Reflection 7.30pm St Gabriel's, **POSTBRIDGE**

6th February

70th Anniversary of QE11's Accession to the Throne

Holy Communion 8am St Andrew's, **ASHBURTON**

Holy Communion 8am St. Pancras, **WIDECOMBE**

Holy Communion 9am St Mary's, **BICKINGTON**

Family Service 10.30am St Andrew's, **ASHBURTON**

Holy Communion 10.30am St Michael's, **ILSINGTON**

All Age Service 10.30am St Pancras, **WIDECOMBE**

Family Service 11am St Peter's, **BUCKLAND**

Evensong 4pm St John's, **LEUSDON**

12th February.

Messy Church 4pm St Andrew's Church and Hall,
ASHBURTON

13th February

Holy Communion 9am St Gabriel's, **POSTBRIDGE**

Parish Communion 10.30am St Andrew's, **ASHBURTON**

Parish Communion 10.30am St Pancras, **WIDECOMBE**

Family Service 10.30am St Michael's, **ILSINGTON**

Parish Communion 12noon St John's, **LEUSDON**

Parish Communion 6pm St Mary's, **HOLNE**

**ASHBURTON & MOORLAND
MISSION COMMUNITY**

FEBRUARY SERVICES

continued

20th February

Holy Communion	9am	St Raphael's, HUCCABY
All-Age Eucharist	10:30am	St Andrew's, ASHBURTON
Morning Prayer	10:30am	St Mary's, BICKINGTON
Holy Communion	10.30am	St Mary's, ILSINGTON
Parish Communion	10.30am	St Pancras, WIDECOMBE
Parish Communion	12noon	St John's, LEUSDON
Holy Communion	3pm	St Peter's, BUCKLAND
Celtic Reflective Service	6.30pm	St Petroc's, East Street, ASHBURTON

27th February

Breakfast Church	9am	St Andrew's Hall, ASHBURTON
Parish Communion	10:30am	St Andrew's, ASHBURTON
Morning Praise,	10:30am	St Michael's, ILSINGTON
Parish Communion	10.30am	St. Pancras, WIDECOMBE
Parish Communion	12noon	St John's, LEUSDON
Evening Worship	5pm	St Mary's, HOLNE
Evening Prayer	6pm	St Gabriel's, POSTBRIDGE

GOD IN THE SCIENCES

THE LOVE OF WISDOM AND NATURAL THINGS

Some time ago a scientist was invited to speak at the Dewsbury Women's Institute. He spoke about his research on polymers, hoping that the women of this Yorkshire mill town would connect with his desire to develop new fibres.

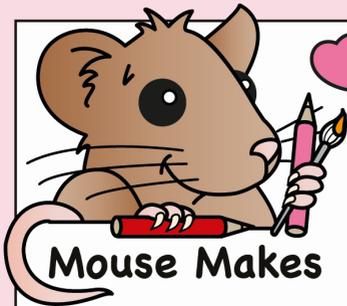
One person in particular, a woman called Betty who had worked in a mill since the age of 15, listened as if her life depended on it, and peppered him with questions afterwards. She had always been interested in how things work, but until that day had not found anyone to answer her questions. Whenever she had asked about the processes that they were using in the mill, she was just told to get on with her job.

From the outside, science can seem a closed specialty, hemmed in by intimidating jargon. When McLeish described science as 'the love of wisdom of natural things', however, he realised he was opening a door. He was moved to see that Betty was not the only person who shed a tear when her questions were finally taken seriously, confirming that her enquiring mind was indeed probing in the right direction – only fifty years too late.

Hearing about people like Betty reminds me that science is a very natural activity for anyone to be involved in. McLeish is convinced that there is a future in 'science therapy'. In his book *Faith and Wisdom in Science*, where this story appears, he asks the question "If a reintroduction to the activity of representing both inner and outer worlds in paint, music and drama can help to heal minds, what hope might there be for a participation in a gentle and contemplative science in restoring a broken or misunderstood relationship with the physical world?"

This story inspired me to run a number of hands-on science activities with adult audiences in churches. I have extracted DNA from strawberries with a midweek group for older people, organised hands-on exhibits to liven up lecture or discussion events, and even had groups extracting DNA from their own cheek cells.

Every time I lead activities like these, I find that grown-ups are grateful for the opportunity to have a go at science themselves. I love helping church-based groups, in particular, to reconnect with science and celebrate what they find. Science is not just for children and professionals – it is for everyone to enjoy and explore the world God made.



Mouse Makes

See what great love the Father has for us that He would call us His

1 John 1:3

Lord, you are a God who shows _____ and is _____
...You have great _____ and _____

Psalm 86:1

Love the Lord your God with all your

_____ with all your

_____ and with all your

_____ Matthew 22:37



How did God show He **loved** us?

Read 1 John 4:9



Word search grid:

D	B	S	E			N	S	S	E							
P	C	O	M	P	A	S	S	I	O	N	A	T	E	A		
R	U	T	M	E	R	C	I	F	U	L	L	O	V	E		
Y	O	N	I	G	R	A	C	I	O	U	S	Y	T	I	N	K
O	U	F	J	U	S	T	J	R	U	D	E	B	R	L	D	F
D	D	A	E	M	E	J	A	J	E	A	L	O	U	S	U	H
T	K	I	N	D	V	H	B	A	T	N	F	A	T	P	R	D
Y	L	V	S	E	O	U	P	R	G	I	S	H	O	E		
D	I	Y	P	R	P	N	A	U	R	S	T	F	U	S		
N	U	K	E	E	D	T	S	Y	H	F	U	S				
G	O	D	S	F	A	I	T	H	F	U	L	I				
H	L	U	N	E	I	B	O	L								
N	L	T	N	N	E	N										
D	T	G														

_____ is love.
Whoever lives in love lives in _____, and _____ lives in them.
1 John 4:16

Love is ..
Read 1 Cor 13:4-7

Love your _____
the same as you love
Matthew 22:39

Love is:
PATIENT • KIND • GRACIOUS • JUST • TRUTHFUL • TRUSTING • HOPEFUL
PERSEVERE • ENDURES • GOD

Love is not:
JEALOUS • ENVY • BOASTFUL • PROUD • SELFISH • ANGRY • RUDE • EVIL

God's love is:
LOVE • MERCIFUL • FAITHFUL • UNFAILING • ABUNDANT • COMPASSIONATE

ROUND AND ROUND THE GARDEN FEBRUARY 2022

Here we are again and already, as you read this, we are well into 2022. However, as I'm writing this a day or so before the deadline of 12th January, for me the year is still young (unlike the writer). As always I



carried out a flower census at the turn of the year. There weren't as many flowers around as I had expected, given the general mildness of the winter so far. However, I found the mahonia in flower (just about coming to an end but it's been gorgeous), campanula (a dwarf variety that seems to flower for much of the year), pansies, thrift (!), a primula (just the one), hellebore foetida, salvia Amistad (a new entrant this year) and the usual two varieties of winter flowering clematis, which have been doing really well this year. A couple of days later I was able to pick the first narcissus of the year, Spring Dawn.

It's recently been much too wet to contemplate doing anything outside but I did manage to get some of the lawn cut in December during that lengthy dry spell. The lawn has got out of hand. It's been so mild during the autumn and early winter that the grass has barely stopped growing. Even the areas cut in December have grown a couple of inches since then because grass will keep growing until

the temperature drops below 50°C. (Fact of the month - grass is the common name for the Gramineae family of plants. With more than 9,000 known species, this family is one of the largest on Earth.) The

first cut this year will be a distinct challenge.

I've mentioned that one of the plants



showing flower is salvia Amistad, which has beautiful, rich purple flowers.

This was newly planted in 2021 and I took cuttings to make sure that I had replacements if the parent succumbed to frost. Not only is the parent still producing a few flowers but the cuttings have all rooted well and are being cosseted in the greenhouse. I also have a few cuttings of one of my penstemons. I find that some penstemons carry on from year to year but that others last only two or three years before having to be replaced. So taking cuttings is a good way of ensuring the succession.

During the late summer and early autumn we suffered from an invasion

of rats, largely attracted by the bird feeders and scattered bird food. We had them dealt with professionally but had to find a way of keeping the bird food out of reach of both rats and squirrels. The solution was to acquire two new bird feeders. The first has a tray attached to its base. This catches most of the seed which the messier feeders scatter. (The two local nuthatches are the worst offenders. They are very particular which seeds they eat and scatter unwanted seeds far and wide.) The second feeder is free-standing and has a baffle halfway up the stand. This has so far defeated all attempts by the squirrels to climb round it. Success! We have had to get rid of the ground-based feeding trays but there is just enough scattered seed around for the chaffinches and hedge sparrows to scavenge but, hopefully, not enough to attract the rats. Apart from the nuthatches, in recent weeks we have seen both pied and grey

wagtails, a pair of goldfinches and a pair of bullfinches. I've not noticed bullfinches in the garden for several years so this was a welcome sight, even if they were pecking at the buds of the weeping malus. Greenfinches



have sadly become a much less common sight due to disease but chaffinches seem to be doing well at the moment.

If it's not too late may I wish you all a happy and healthy new year.

Brian Smith



As well as the excellent parish magazines, the Ashburton and Moorland Mission Community communicates through its website: ashburtonandmoor.org.uk and social media including Facebook (Ashburton All Age Church) and WhatsApp.

If you need help with a church-related event or project please contact Chloe Axford
 (axfords14@gmail.com)

as there may be people happy to help who we can contact via social media!

Prep: 40 Mins

Cook: 1 Hour

Serves: 8-10

RECIPE OF THE MONTH

by kind courtesy of BBC Good Food Guide

Put in the extra effort to make this cheese and onion pie and it's sure to please. With homemade pastry, it's as good to eat cold as it is warm

CHEESE AND ONION PIE

Ingredients:

For the pastry

250g plain flour, plus extra for dusting
50g rye flour (or use more plain flour)
large pinch of cayenne pepper
1 tsp onion seeds
25g parmesan, finely grated
125g cold butter, cubed
1 egg, beaten

For the filling

40g butter
3 large onions, finely sliced
2 bay leaves
1 tbsp thyme leaves
1 medium potato (about 350g), halved lengthways and sliced
100ml double cream
150g extra mature cheddar, ½ grated, ½ chopped into small chunks



Method:

Make the pastry. Tip the flours into a medium bowl with the cayenne, onion seeds, parmesan and a generous pinch of salt. Rub in the butter until the mixture resembles breadcrumbs, then pour in half the egg and 2 tbsp cold water and bring everything together using your hands. Knead a couple of times until smooth. Flatten a third of the dough into a disc, then do the same with the remaining dough. Wrap both pastry discs and chill in the fridge for at

least 30 mins. *Will keep chilled for up to two days.*

Meanwhile, make the filling. Heat the butter in a saucepan over a medium heat until sizzling, then scatter in the onions, bay, thyme, a large pinch of salt and good grinding of black pepper. Stir, then cook slowly for 10 mins until the onions have cooked down and started to caramelize. Stir in the sliced potatoes, cover and cook for 8-10 mins more, stirring occasionally until the potatoes are soft and starting to break down. Stir in the cream, remove the pan from the heat and leave to cool. Once cool, remove and discard the bay, then fold in the cheese.

Roll the smaller pastry disc out on a lightly floured surface to the size of a dinner plate and lift onto a baking sheet lined with baking parchment. Roll out the remaining pastry disc along with any offcuts to a circle about 5cm wider than the first. Spoon the filling into the middle of the smaller circle on the baking sheet, leaving a 4cm border. Brush the exposed border with some of the remaining beaten egg, then drape over the larger pastry circle. Tuck the edge around the filling to enclose it, as if making a giant ravioli. Trim the edge to neaten, then crimp with a cutlery knife handle or fork to seal. Brush the pie all over with most of the remaining beaten egg, and use any trimmings to make decorations, if you like.

Heat the oven to 210C/190C fan/gas 7. Bake the pie for 35-40 mins until deeply golden, brushing with the rest of the beaten egg halfway through. Leave to cool on the baking sheet for at least 20 mins before cutting into



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All Our
Readers



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Giles, Poppy Appeal Organisers 07425788981

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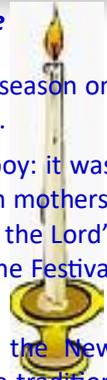
2nd February, CANDLEMAS – the Presentation of Christ in the Temple

In bygone centuries, Christians said their last farewells to the Christmas season on Candlemas, 2nd February. This is exactly 40 days after Christmas Day itself.

In New Testament times 40 days old was an important age for a baby boy: it was when they made their first 'public appearance'. Mary, like all good Jewish mothers, went to the Temple with Jesus, her first male child – to 'present Him to the Lord'. At the same time, she, as a new mother, was 'purified'. Thus, we have the Festival of the Presentation of Christ in the Temple.

So, where does the Candlemas bit come in? Jesus is described in the New Testament as the Light of the World, and early Christians developed the tradition of lighting many candles in celebration of this day. The Church also fell into the custom of blessing the year's supply of candles for the church on this day – hence the name, Candlemas.

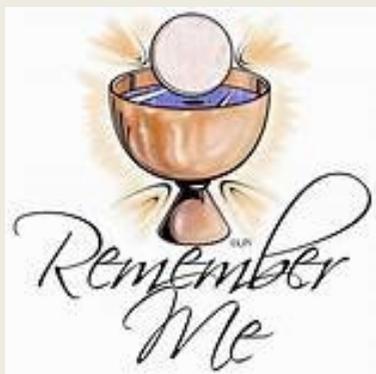
The story of how Candlemas began can be found in Luke 2:22-40. Simeon's great declaration of faith and recognition of who Jesus was is of course found in the Nunc Dimittis, which is embedded in the Office of Evening Prayer in the West. But in medieval times, the Nunc Dimittis was mostly used just on this day, during the distribution of candles before the Eucharist. Only gradually did it win a place in the daily prayer life of the Church.





THE CHURCH OF
ST. MARY THE VIRGIN,
BICKINGTON

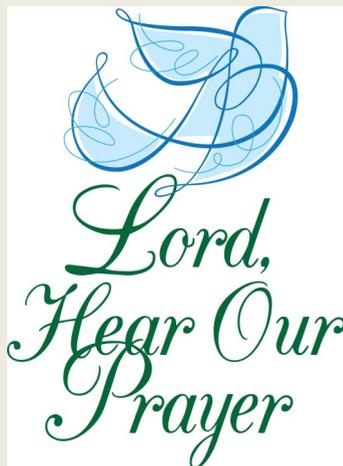
Church Services



Sunday, 6th February, 2022

9 a.m.

HOLY COMMUNION



Sunday, 20th February

10.30 a.m.

MORNING PRAYER

BICKINGTON VILLAGE HALL

It is January 12th as I write this so Happy New Year (belatedly) from all of us running the village hall.



Every village needs pillars of the community; those selfless people who give their time, energy and enthusiasm to make things happen for the rest of us. They put out the bins, organise Christmas lights, firework displays, mend things, report things that others need to mend, turn on the heating in the hall, are the repository of priceless information about the village, its history and the inhabitants, network with community agencies to get funding and last, but not least, are the only people who know how to work the mystifyingly complicated lighting dimmer switches in the hall. Perhaps you have already guessed where I am going with this?

One of our pillars has just retired from the Board of Bickington Village Trust. We wish him well and thank him for all he has done for the village since the opportunity in 2006 came to a head to buy the hall from the Church.

Thank you Gwilym.

Upcoming Events



BICKINGTON BREW AND BAKE (BBC) DATES FOR 2022

26 February	30 July
26 March	27 August
30 April	24 September
28 May	29 October
25 June	26 November

BICKINGTON TUESDAY CLUB

The members of Bickington Tuesday Club gathered at the village hall on the evening of Tuesday 7th December, for their annual Christmas get-together.

The evening kicked off with a game –“The A-Z of Christmas”-in which small groups of three or four tried to find words beginning with each letter of the alphabet which had some connotation to Christmas! There were some rather tenuous answers, but most were allowed! Two teams shared the winning score- and were congratulated on their efforts.

We then enjoyed a fine selection of delicious food and drink, to which everyone had made a contribution-it was a relaxed and happy atmosphere albeit a trifle chilly, with windows open to allow ventilation !

Afterwards the contents of Santa’s sack were distributed-most eagerly opened their “Secret Santa” gift-and as usual, everyone was delighted with their thoughtful gifts, chosen by an unknown friend.

Before heading for home, some discussion took place regarding our annual January lunch, but sadly, we were unable to reach an agreement on a suitable venue. In addition, many expressed concerns about the changing Covid situation, so the decision was taken to put it on hold, with the possibility of postponing the lunch to a future date.

I will be in touch with all members, either by phone or e-mail, if and when a new date and venue have been confirmed.

Please contact me with any questions about this-and in the meantime, I would like to wish all our members a Happy, safe and healthy New Year !



Debbie Dunkley

Chair, Bickington Tuesday Club

01626 821889 e-mail lgddeb09@btinternet.com

ST. PETER'S CHURCH, BUCKLAND-IN-THE-MOOR



Flower Rota for February

5th February – Mary Staniland

12th February – Isabel Foster

19th February – Jonet Waldock

Church Services

ST. PETER'S CHURCH, BUCKLAND-IN-THE-MOOR

FEBRUARY SERVICES



Sunday 6 February
11 a.m.

Family Service

Sunday 20 February
3.00 pm

Holy Communion



REMEMBRANCE SUNDAY 2021

After the service in St Peter's Church, Buckland in the Moor on 14 November, £99 was handed over to The Royal British Legion.

2021 CAROL SERVICE

Unusual but, with good weather the annual carol service was held in the churchyard. Hannah kindly played the organ, which stayed just inside the church, and Mark took the service of lessons and carols.

£143.10 has been sent to The Children's Hospice South West, based at Fremlington, Barnstaple, and donated by the children and adults present, many of which enjoyed light refreshments after service.

ANGEL TREE PROJECT

The great news is that as a result of Buckland in the Moor Church hosting a 3 December Angel Tree Project service - which was an interesting insight into what can be achieved for children whose fathers have been detained in Her Majesty's Prison Service, a cheque for £258, being the service collection, was handed over in time to be used for Christmas Gifts for these young children.

Buckland-in -the-moor Whist 2022

Start LUNCH 1.00pm
(SOUP & ROLL) £2 (OPTIONAL)

2.00PM WHIST £3 (INCLUDING DRAW
AND HALF TIME REFRESHMENTS)



January 27th
February 24th
March 24th
April 28th
May 26th
June 23rd
July 28th
August 25th
September 22nd
October 27th
November 24th



EMERGENCY/USEFUL AND IMPORTANT TELEPHONE NUMBERS.

Please advise us if you think anything needs to be changed or if you have ideas for additional useful numbers.

CHURCHES TOGETHER IN ASHBURTON—CONTACTS FOR ALL MEMBER CHURCHES

St. Andrew's Church - see elsewhere in this magazine

Ashburton Methodist Church	Rev'd Kevin Hooke	01626 832369
	Agnes McFeat	07801 368378
Our Lady of Lourdes & St. Petroc	Father Dominic May	01364 645526

Police Non-Emergency	101	Disability Information	0845 155 1005
Crimestoppers	0800 555111	Libraries	0845 155 1001
Care Direct-DSS	0345 1551007	RSPCA	0870 55 55 999
Doctors - Surgery	01364 652731	Gas - Emergency	0800 111999
Devon Doctors on Call	0845 671 0270	Electricity-Emergency	0800 365900
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Ashburton Food Bank	07767 453844	Ashburton:	
Torbay Hospital	01803 614567	Town Council	01364 652142
R D & E Hospital	01392 411611	Town Hall	01364 652142
Newton Abbot Hospital	01626 324500	Information	01364 653426
NHS Direct	111	Post Office	01364 652256
DASH	01364 653335	Library	0345 1551001
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	Free from any phone	Sth. Dartmoor Com.Coll	01364 652230
Alcoholics Anonymous	08457 697555	Sands School	01364 653666
Social Services—	0845 600 0388	Railway Information	08457 484950
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		Bristol Airport	0871 334 4444
		Macmillan Cancer Helpline	0800 808 0000

mel.stride.mp@parliament.uk

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PARISH DIRECTORY

The Parish of Ashburton with Buckland-in-the-Moor

Churchwardens:	Mr. William West	652666
	Mr. Francis Parffrey email: francis.parffrey@gmail.com	07443 622 903
Deputy Churchwarden	Mr. Nick Axford email: axfords14@gmail.com	654367
Vice Chairman PCC	Mr. William West	652666
Team Administrator	Mrs. Cassie Long	654280
Secretary to the PCC	Mrs. Gill Sheridan email: parishoffice1@tiscali.co.uk	
Treasurer:	Mr. William West	652666
Gift Aid Secretary:	Mr. William West	652666
Church Hall Bookings	Mrs. Eve Nutley email: enutley17@outlook.com	07894 966872
Electoral Roll Officer	Mrs. Janet Lockwood-Lee	652080
Choirmaster/Organist	Position Vacant	
Choir Secretary	Mr. William West	652666
Tower Captain	Mr. Clive Davey	07912 599703
Churchyard Maintenance	Mr. Geoffrey Histed email: ghisted43@gmail.com	07527 602688
Publicity & Magazine Committee:		
Editor	Mrs Judith Lewis	652768
Material for inclusion in the Parish Magazine no later than 12th of preceding month	to: Mrs Judith Lewis (Editor)	
Magazine advertising:	Judith Lewis (Editor)	652768
	or Gill Sheridan email: parishoffice1@tiscali.co.uk	
Wedding Flowers	Mrs. Jane Ashton	654067
Flower Arranging Rota	Mrs. Jane Ashton	654067
Messy Church	Mrs. Jane Ashton	654067
Churches Together	Chairman: Mrs. Judith Lewis	652768
Social Committee	Mrs Janet Lockwood-Lee	652080

The Daughter Church of St. Peter, Buckland-in-the-Moor

Deputy Warden	Mrs Stephanie Palk,	652430
Deputy Warden	Mrs Jane Robertson, foxglovepjr@gmail.com	652574
Assistant Wardens	Clare Caunter, Marie Jessop	653234
Secretary	Mrs Pat Layley, Cordwainers, layley12@gmail.com	653771
Treasurer	Ms Katie Way katie.pudsham@gmail.com	
Organist	Vacant	
Tower Captain	Mrs Clare Caunter, Southbrook Farm, Buckland-in-the-Moor	653234
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The Church of St. Mary the Virgin, Bickington

Deputy Warden	Mr Peter Warren, Rentor, Bickington	01626 821213
Deputy Warden	Vacancy	
Vice Chairman	Mr Peter Warren, Rentor, Bickington	821213
Secretary	Mrs Joan Warren, Rentor, Bickington	821213
Treasurer	Mr Vernon Coon email: vernon.coon@btinternet.com	
Organist	Hannah Findley email: hannahfindley017@gmail.com	
Magazine Distributor	Mrs Joan & Mr Peter Warren, Rentor, Bickington	821213
Tower Captain	Mr Bob Brown, 58 De Tracey Park, Bovey Tracey	01626 834461
Village Hall Bookings	Neil Randle neilrandle48@gmail.com	
Sunday School	Vacant	

Material for inclusion in the Parish Magazine (copy date no later than 12th of preceding month) to: the Warrens at Rentor or email direct to Parish Office.

February

And now abide faith, hope, love, these three;
but the greatest of these is **love**.

1 CORINTHIANS 13:13 NKJV



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