

Prayers At Home

To help you pray.....

Find somewhere quiet to sit – maybe light a candle, or look at some flowers

Let the peace of this place surround you as you sit or kneel quietly.

Let the hurry and the worry of your life fall away from you now.

You are God's child. He loves you and cares for you.

He is here with you now - and always. Speak to him slowly and thoughtfully -
give yourself time for Him to bring things to mind.

Lord, thank you....

for your presence here, for the opportunity to pray, for the promise of peace,
for the beauty of the world, the kindness of people,
for all those whom I love, and who love me.

Thank you for your love towards me,

for the cross of Christ and the power of your Spirit.

Help me to show my gratitude in deeds as well as words.

Lord, I am sorry

for the times when I have been hasty
and unkind especially to _____,
when I have thought or acted selfishly,
failed to forgive or ask forgiveness,
where my busy life has pushed You out
and I've taken your love for granted. I
thank You for your promise to forgive all
those who are sorry and turn back to
you in sorrow. Amen

Lord, I am troubled

I am anxious and distressed for myself
and others especially about _____
Help me to trust your love. Teach me to
act and speak in a way that you want.
Give me the wisdom to know when not
to interfere. Calm my fears. for all things
are in your hands. Amen

Lord, I pray for

my family and my friends, my
neighbours at home, at work, the ones I
like and dislike. I pray for those who are
ill, those who are troubled or mourn, for
those who are oppressed, for the
unloved, the friendless, the sick, the
dying, the bereaved, for those involved
in disaster or war. Bless them, Father, in
their various troubles and show me how
I might help. Amen

O heavenly father

I thank you for the blessings you have
given me and ask for strength to walk in
the way where you lead me. Help me to
remember the love of Jesus shown on
the cross and to accept the new life and
love and freedom which he offers to me.
Amen

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