# Waiting

Welcome to this time of Quiet Reflection. Take your time reading to yourself (or out loud) some or all of these bible passages, and then pausing for a few minutes after any that you wish to reflect on.

The Taizé chants between readings can be sung in your head as often as you like, or out loud, or listened to from these links, pausing as you wish:

Ubi caritas - <a href="https://www.youtube.com/watch?v=GX7tAZIAWbE">https://www.youtube.com/watch?v=GX7tAZIAWbE</a>
Nothing can trouble - <a href="https://www.youtube.com/watch?v=aRsxU\_3-fpk">https://www.youtube.com/watch?v=aRsxU\_3-fpk</a>
O Lord hear my prayer - <a href="https://www.youtube.com/watch?v=2nCy2j07ECM">https://www.youtube.com/watch?v=2nCy2j07ECM</a>

# **Beginning**

Nothing can trouble, nothing can frighten. Those who seek God shall never go wanting. Nothing can trouble, nothing can frighten. God alone fills us.



#### **Genesis 8.5-15**

The waters continued to abate until the tenth month; in the tenth month, on the first day of the month, the tops of the mountains appeared.

At the end of forty days Noah opened the window of the ark that he had made and sent out the raven; and it went to and fro until the waters were dried up from the earth. Then he sent out the dove from him, to see if the waters had subsided from the face of the ground; but the dove found no place to set its foot, and it returned to him to the ark, for the waters were still on the face of the whole earth. So he put out his hand and took it and brought it into the ark with him. He waited another seven days, and again he sent out the dove from the ark; and the dove came back to him in the evening, and there in its beak was a freshly plucked olive leaf; so Noah

knew that the waters had subsided from the earth. Then he waited another seven days, and sent out the dove; and it did not return to him any more.

# Genesis 49.18

'I wait for your salvation, O LORD.

#### **Exodus 12**

The Israelites journeyed from Rameses to Succoth, about six hundred thousand men on foot, besides children. A mixed crowd also went up with them, and livestock in great numbers, both flocks and herds. They baked unleavened cakes



of the dough that they had brought out of Egypt; it was not leavened, because they were driven out of Egypt and could not wait, nor had they prepared any provisions for themselves.

The time that the Israelites had lived in Egypt was four hundred and thirty years. At the end of four hundred and thirty years, on that very day, all the companies of the LORD went out from the land of Egypt. That was for the LORD a night of vigil, to bring them out of the land of Egypt. That same night is a vigil to be kept for the LORD by all the Israelites throughout their generations.

#### **Samuel 15.28**

See, I will wait at the fords of the wilderness until word comes from you to inform me.'

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#### Job 6.11

What is my strength, that I should wait?

And what is my end, that I should be patient?

#### **Job 29**

I was a father to the needy, and I championed the cause of the stranger. my roots spread out to the waters,

my roots spread out to the waters, with the dew all night on my branches; my glory was fresh with me, and my bow ever new in my hand."

'They listened to me, and waited, and kept silence for my counsel.

After I spoke they did not speak again, and my word dropped upon them like dew.

They waited for me as for the rain; they opened their mouths as for the spring rain.

I smiled on them when they had no confidence; and the light of my countenance they did not extinguish.

I chose their way, and sat as chief, and I lived like a king among his troops, like one who comforts mourners.

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# Psalm 25

To you, O LORD, I lift up my soul.
O my God, in you I trust;
do not let me be put to shame;



do not let my enemies exult over me.

Do not let those who wait for you be put to shame;

Make me to know your ways, O LORD;

teach me your paths.

Lead me in your truth, and teach me,

for you are the God of my salvation;

for you I wait all day long.

## Psalm 31

Love the LORD, all you his saints.

The LORD preserves the faithful.

Be strong, and let your heart take courage, all you who wait for the LORD.

# **Psalm 37.7**

Be still before the LORD, and wait patiently for him;

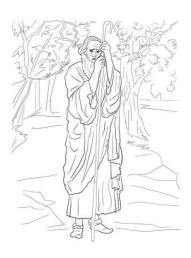
## Psalm 40

I waited patiently for the LORD; he inclined to me and heard my cry. He drew me up from the desolate pit, out of the miry bog, and set my feet upon a rock, making my steps secure. He put a new song in my mouth, a song of praise to our God.

Happy are those who make the LORD their trust,

# Psalm 130

I wait for the LORD, my soul waits, and in his word I hope; my soul waits for the Lord more than those who watch for the morning, more than those who watch for the morning.



O Israel, hope in the LORD!

For with the LORD there is steadfast love, and with him is great power to redeem.

It is he who will redeem Israel from all its iniquities.

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## Isaiah 40

A voice cries out:

'In the wilderness prepare the way of the LORD,

make straight in the desert a highway for our God.

Every valley shall be lifted up, and every mountain and hill be made low; the uneven ground shall become level, and the rough places a plain.

Then the glory of the LORD shall be revealed, and all people shall see it together, for the mouth of the LORD has spoken.'

A voice says, 'Cry out!'
And I said, 'What shall I cry?'

All people are grass, their constancy is like the flower of the field.

The grass withers, the flower fades, when the breath of the LORD blows upon it; surely the people are grass.

The grass withers, the flower fades; but the word of our God will stand for ever. Get you up to a high mountain,



O Zion, herald of good tidings; lift up your voice with strength,
O Jerusalem, herald of good tidings, lift it up, do not fear; say to the cities of Judah,
'Here is your God!'
See, the Lord God comes with might, and his arm rules for him; his reward is with him, and his recompense before him.
He will feed his flock like a shepherd; he will gather the lambs in his arms, and carry them in his bosom, and gently lead the mother sheep.

Why do you say, O Jacob, and speak, O Israel, 'My way is hidden from the LORD, and my right is disregarded by my God'? Have you not known? Have you not heard? The LORD is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the LORD shall renew their strength, they shall mount up with wings like eagles,

they shall run and not be weary, they shall walk and not faint.



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# Jeremiah 3

The steadfast love of the LORD never ceases, his mercies never come to an end; they are new every morning; great is your faithfulness.

'The LORD is my portion,' says my soul, 'therefore I will hope in him.'

The LORD is good to those who wait for him, to the soul that seeks him.

It is good that one should wait quietly for the salvation of the LORD.

# Ubi caritas (Where there is charity and love, there is God)

Ubi caritas et amor. Ubi caritas Deus ibi est.

## Luke 2

Now there was a man in Jerusalem whose name was Simeon; this man was righteous and devout, looking forward to the consolation of Israel, and the Holy Spirit rested on him. It had been revealed to him by the Holy Spirit that he would not see death before he had seen the Lord's Messiah. Guided by the Spirit, Simeon came into the temple; and when the parents brought in the child Jesus, to do for him what was customary under the law, Simeon took him in his arms and praised God, saying,

'Master, now you are dismissing your servant in peace, according to your word; for my eyes have seen your salvation,

which you have prepared in the presence of all peoples, a light for revelation to the Gentiles and for glory to your people Israel.'

And the child's father and mother were amazed at what was being said about him. Then Simeon blessed them and said to his mother Mary, 'This child is destined for the falling and the rising of many in Israel, and to be a sign that will be opposed so that the inner thoughts of many will be revealed—and a sword will pierce your own soul too.'

There was also a prophet, Anna the daughter of Phanuel, of the tribe of Asher. She was of a great age, having lived with her husband for seven years after her marriage, then as a widow to the age of eighty-four. She never left the temple but worshipped there with fasting and prayer night and day. At that moment she came, and began to praise God and to speak about the child to all who were looking for the redemption of Jerusalem.

## Matthew 10

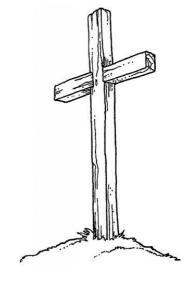
When John heard in prison what the Messiah was doing, he sent word by his disciples and said to him, 'Are you the one who is to come, or are we to wait for another?' Jesus answered them, 'Go and tell John what you hear and see: the blind receive their sight, the lame walk, the lepers are

cleansed, the deaf hear, the dead are raised, and the poor have good news brought to them. And blessed is anyone who takes no offence at me.'

Ubi caritas et amor. Ubi caritas Deus ibi est.

# Mark 15.43:

Joseph of Arimathea, a respected member of the council, who was also himself waiting expectantly for the kingdom of God, went boldly to Pilate and asked for the body of Jesus.



# Acts of the Apostles 1.1-9

In the first book, Theophilus, I wrote about all that Jesus did and taught from the beginning until the day when he was taken up to heaven, after giving instructions through the Holy Spirit to the apostles whom he had chosen. After his suffering he presented himself alive to them by many convincing proofs, appearing to them over the course of forty days and speaking about the kingdom of God. While staying with them, he ordered them not to leave Jerusalem, but to wait there for the promise of the Father. 'This', he said, 'is what you have heard from me; for John baptized with water, but you will be baptized with the Holy Spirit not many days from now.'

So when they had come together, they asked him, 'Lord, is this the time when you will restore the kingdom to Israel?' He replied, 'It is not for you to know the times or periods that the Father has set by his own authority. But you will receive power when the Holy Spirit has come upon you; and you will be my witnesses in Jerusalem, in all Judea and Samaria, and to the ends of the earth.' When he had said this, as they were watching, he was lifted up, and a cloud took him out of their sight.

#### Romans 8.14-24

I consider that the sufferings of this present time are not worth comparing with the glory about to be revealed to us. For the creation waits with eager longing for the revealing of the children of God. For in hope we were saved.

Ubi caritas et amor. Ubi caritas Deus ibi est.

#### James 5 7-8

Be patient, therefore, beloved, until the coming of the Lord. The farmer waits for the precious crop from the earth, being patient with it until it receives the early and the late rains. You also must be patient. Strengthen your hearts, for the coming of the Lord is near.

#### 2 Peter 3.8-18

But do not ignore this one fact, beloved, that with the Lord one day is like a thousand years, and a thousand years are like one day. The Lord is not slow about his promise, as some think of slowness, but is patient with you, not wanting any to perish, but all to come to repentance. But the day of the Lord will come like a thief, and then the heavens will pass away with a loud noise, and the elements will be dissolved with fire, and the earth and everything that is done on it will be disclosed.

Since all these things are to be dissolved in this way, what sort of people ought you to be in leading lives of holiness and godliness, waiting for and hastening the coming of the day of God, because of which the heavens will be set ablaze and dissolved, and the elements will melt with fire? But, in accordance with his promise, we wait for new heavens and a new earth, where righteousness is at home.

Therefore, beloved, while you are waiting for these things, strive to be found by him at peace, without spot or blemish; and regard the patience of our Lord as salvation. So also our beloved brother Paul wrote to you according to the wisdom given to him, speaking of this as he does in all his letters. There are some things in them hard to understand, which the ignorant and unstable twist to their own destruction, as they do the other scriptures. You therefore, beloved, since you are forewarned, beware that you are not carried away with the error of the lawless and lose your own stability. But grow in the grace and knowledge of our Lord and Saviour Jesus Christ. To him be the glory both now and to the day of eternity. Amen.

Ubi caritas et amor. Ubi caritas Deus ibi est.

# Passage to be read slowly - imagine the scene....

#### Isaiah 35

The wilderness and the dry land shall be glad, the desert shall rejoice and blossom;

like the crocus it shall blossom abundantly, and rejoice with joy and singing.

The glory of Lebanon shall be given to it, the majesty of Carmel and Sharon.

They shall see the glory of the LORD, the majesty of our God.

Strengthen the weak hands, and make firm the feeble knees.

Say to those who are of a fearful heart, 'Be strong, do not fear!
Here is your God.
He will come with vengeance, with terrible recompense.
He will come and save you.'

Then the eyes of the blind shall be opened, and the ears of the deaf unstopped;

then the lame shall leap like a deer, and the tongue of the speechless sing for joy.

For waters shall break forth in the wilderness, and streams in the desert; the burning sand shall become a pool, and the thirsty ground springs of water;

the haunt of jackals shall become a swamp, the grass shall become reeds and rushes.

A highway shall be there, and it shall be called the Holy Way; the unclean shall not travel on it, but it shall be for God's people; no traveller, not even fools, shall go astray.

No lion shall be there, nor shall any ravenous beast come up on it; they shall not be found there, but the redeemed shall walk there.

And the ransomed of the LORD shall return, and come to Zion with singing;

everlasting joy shall be upon their heads; they shall obtain joy and gladness, and sorrow and sighing shall flee away.

# **Time for Silent Prayer**

O Lord hear my prayer.
O Lord hear my prayer.
When I call, answer me.
O Lord hear my prayer.
O Lord hear my prayer.
Come and listen to me.

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# **Ending Prayer**

Heavenly Father, give us patient faith in times of darkness, and strength to meet any troubles in the days to come. May we may ever draw closer to you, and find strength within the shelter of your love. Amen.