

Start fantastic journey with Ocean Aligners

01020304

Two sets of impression trays

A pair of impression trays for your upper and lower row of teeth



Each kit includes four containers of impression white putty and four containers of blue putty

One oral cheek retractor



A pair of vinyl gloves



User manual



www.oceanaligners.com



How to take a dental impression by yourself

Brush your teeth, wash and dry your hands.





Should the putty harden too quickly, we have provided a second set of base and catalyst so you can try again.





Roll the putty to form a hot dog shape. Place the rolled putty into one of the rays. Roll the blended putty and put it in the tray.





Insert the tray in your mouth and use your fingers to press the tray onto your teeth. Make a good impression.



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