

THE
EXCHANGE

BAR & RESTAURANT

MENU 3 COURSES €59.00

SMALL PLATES

Irish Three Cheese Croquettes

Cheddar, smoked cheddar & Gubbeen, stout onion jam, parsley aioli (1a, 1c, 3, 7, 10)

Cured Clare Island Salmon Boxy

Classic boxty pancake, crème fraîche & tartare dressing (1a, 3, 4, 7)

Creamy Mushrooms on Sourdough

Kerrigan's mushrooms, brandy cream, wholegrain mustard & poached egg (1a, 3, 7, 10, 12)

KITCHEN MAINS

BBQ Rotisserie Half Chicken

Honey mustard dressing, grilled corn & fries (1a, 7, 10, 12)

Grilled Clare Island Salmon

Champ potato, cider mussels with leeks & smoky bacon (1a, 4, 7, 8a, 10, 14)

Irish Rooster Potato Gnocchi

Deep fried Tipperary brie, rocket and Ballymaloe relish (1a, 3, 7, 10)

200g Fillet Steak

Chargrilled Irish beef fillet All our beef is Irish. Served with fries (1a), roast plum tomatoes & your choice of sauce. (1a, 1b, 1c, 7, 12)

Sauces Peppercorn & brandy | Garlic & herb butter | Mushroom & Irish whiskey (7, 9, 10, 12)

DESSERTS

Warm Mini Apple Doughnuts

Brandy custard, vanilla ice cream & toasted almonds (1a, 3, 7, 8a, 12)

Wexford Strawberry Pavlova

Vanilla cream & strawberry jam (3, 7)

70% Dark Chocolate Brownie

Salted caramel sauce & vanilla ice cream (1a, 3, 6, 7)

Service charge of 12.5% will be added for tables of 6 or more.

Please inform your server of any allergens or other dietary needs.

Allergens:

1 Gluten (A Wheat, B Rye, C Barley, D Oats) 2 Crustaceans 3 Eggs 4 Fish 5 Peanuts 6 Soyabeans 7 Milk
8 Nuts (A Almonds, B Hazelnuts, C Walnuts, D Cashews, E Pecans, F Pistachio, G Macadamia, H Pine Nuts)
9 Celery 10 Mustard 11 Sesame 12 Sulphur Dioxide Sulphites 13 Lupin 14 Molluscs

