



**THE HEBER SENATOR**  
— Bed & Breakfast —

## HEBER VALLEY ACTIVITIES AND SHOPPING

For an online events calendar of activities go to:  
[WWW.GoHeberValley.com/Special-Events](http://WWW.GoHeberValley.com/Special-Events)

**The Heber Valley has been recognized as one of the top three, four-season recreation areas in the country. With it's numerous outdoor activities, cultural events and unique shopping experiences, The Heber Valley has something for everyone - all year long.**



### YEAR-ROUND

**Heber Valley Railroad** (The Heber Creeper) ~ One of the most popular attractions in Heber Valley is the historic Heber Valley Railroad. The 16 miles of track between the valley and Vivian Park in Provo Canyon offer access to some of the most spectacular scenery in the state. The train departs from the Heber Depot, 450 South 600 West. Reservations required. [www.hebervalleyrr.org](http://www.hebervalleyrr.org). Or call direct at: 435-654-5601

#### **Homestead Crater ~ Swim, Scuba, Soak.**

One of the most unique activities you'll ever experience. The Crater is a geothermal spring hidden within a 55-foot tall, beehive-shaped limestone rock located in Midway. The Crater formed when melting snow on the Wasatch Mountains seeped deep within the earth. Two miles below the surface, the earth's interior heated the water. As it percolated upward, it picked up minerals which were then deposited on the surface - eventually forming the volcano-shaped limestone deposit called The Homestead Crater.

The water is a constant range of 90 – 96 degrees Fahrenheit. You can go swimming, scuba diving, snorkeling, enjoy a therapeutic soak, or even take a paddle board yoga class. The Crater is the only warm water scuba diving destination in the continental US. Located at: 700 North Homestead Dr, Midway, UT 84049 Call for reservations: 435-657-3840.

**Heber Valley Milk & Artisan Cheese** ~ Cheese factory tours, cheese- making classes, baby cow and goat feeding. Great ice cream and cheese samples. Experience the difference of the farmer's touch at the Heber Valley Artisan Cheese Factory. This fully integrated dairy farm delivers a true farm-to-table experience. Located at: 920 River Road Midway, Utah

#### **Live Community Theater.**

Timpanogos Valley Theater - 90 N 100 W, Heber City, UT 84032 Phone: (435) 654-2125  
Midway High Valley Arts Outdoor Theater - <https://www.highvalleyarts.org>

#### **Spa**

Mountain Elite Massage- 32 S Main Street, Suite 7 Heber City 435-315-3573  
Strengthen Yourself Natural Care- 1140 E 570 S, Heber City 435-671-2819  
On the Fringe Salon & Spa - 511 W 100 S, Heber City, UT 84032 (435) 654-1393

### SPRING/SUMMER/FALL

**Outdoor Adventures** - How about an ATV ride in the Wasatch Mountains? Midway Adventure Company has all the equipment you'll need for an exciting day in the mountains. From ATV's to Side-By-Sides. Bicycles to Canoes. Midway Adventure Company is your one-stop shop for your sporting equipment needs. They also book guided fishing and balloon tours and in the winter they have all the equipment you need to hit the slopes. Midway Adventure Company. 8 E Main St, Midway, UT 84049 Tel: 435-657-2008

**Hiking** There are miles and miles of hiking trails in the Heber Valley region, from easy walks to uphill hikes For local trail guides see: ALLTRAILS.COM - Search= Heber.

**State Parks** There are three within 15 minutes from our house: Wasatch State Park, Jordanelle State Park (marina) & Deer Creek

**Timpanogos Cave** - Address: 2038 Alpine Loop Rd, American Fork, UT 84003 Tel: (801) 756-5239

**Balloon Rides** - Aeronout.com Scott Greiting - 949-375-8134

**Provo River Trout Fishing** - The Provo River is one of many Blue Ribbon locations in Heber Valley, along with Deer Creek and Jordanelle Reservoir. Throw the line out and see the fish fly through the water. With an estimated 3,500-4,000 fish in every mile of stream, you won't have an excuse if you come home empty-handed! Each location is slightly different, but the Provo River gives fishing enthusiasts the opportunity to reel in Brown Trout, Mountain Whitefish and the possible Rainbow Trout. Jordanelle Reservoir also offers the additional possibility of catching Kokanee Salmon, Smallmouth Bass and Cutthroat Trout. Contact 'Fish Heads' Shop at: 32 S Main St, Heber City, UT 84032 Tel: (435) 657-2010 or David Cooper/Simply fishing Utah at: 801-472-2260

### **Rafting**

Enjoy an exciting leisurely experience rafting down the Provo River. You can rent tubes or join a group in a large raft. High Country Adventures is your place to make this happen. High Country Adventure 3702 E Provo Canyon Rd, Provo, UT 84604 Phone: (801) 224-2500

### **Commemorative Air Force Utah Wing Museum**

Touch the metal, smell the smoke, and listen to the roar of the piston-engine aircraft operated by the CAF. Because they still fly, they represent living history and make the CAF unique among aviation museums. In addition to the aircraft, the museum also houses a significant collection of authentic World War II artifacts and memorabilia. Items on display in our museum include Allied country uniforms, as well as armament, photographs, weapons and equipment from both Allied and Axis countries. Located in the CAF Hangar on the Russ McDonald Field, Heber Valley Airport, Heber City, Utah. See: [www.cafutahwing.org](http://www.cafutahwing.org) for hours of operation and directions.

**Jet Ski and Boat Rentals** The Deer Creek Reservoir is the place for renting wave runners and boats. With 16 miles of shoreline, there is plenty of room to cruise around and explore. Rentals are located at the Deer Creek Reservoir marina. 5317 US-189, Heber City, UT 84032 Phone: (435) 654-2155

**Horseback Riding** - Rocky Mounty Outfitters Tel: 435-654-1655 [Rockymtnoutfitters.com](http://Rockymtnoutfitters.com) Also; KB Horses - 435-315-9950 [KBHorses.com](http://KBHorses.com) KB Horses offers western riding lessons and guided trail rides all year round. Services we offer: Trail Rides Horsemanship and Riding Lessons for Individuals or Groups Sleigh and Wagon rides Dinner Sleigh Rides

**Sundance Scenic Ride** Sundance ski lift to peak - ride, bike or zip line down. OR Zipline Utah - Zipline over Deer Creek Reservoir - 866-923-1063

## **WINTER**

**Downhill Skiing-** Deer Valley, Park City Canyons and Sundance ski resorts offer some of the best downhill skiing in the world. Check with them for their seasonal options.

**Cross Country Ski & Tubing** - Soldier Hollow Ski Resort. 2002 Soldier Hollow Ln, Midway, UT 84049 Tel: (435) 654-2002

**Snowmobile Rentals-** Wasatch Excursions-975 Golf Course Dr. Midway, UT 84049 (435)-729-9595 or Daniels Summit Snowmobile Rentals. Highway 40 Daniels Summit Pass, Heber City, UT 84032(800) 519-9969

**Ice Castles** - Address: 700 Homestead Dr, Midway, UT 84049 Phone: (855) 907-6980

**Sleigh Rides** Broken Arrow Sleigh Rides, Deer Valley - 7700 Stein Way, Deer Valley, UT 84060 Tel: (435) 671-9366  
Park City Sleigh Rides - Address: 4000 Canyons Resort Dr, Park City, UT 84098 Phone: (435) 640-2273

## **SHOPPING**

Heber Valley Thrift Store - 55 E Center St #180, Heber City, Tel: (435) 657-9493

St Lawrence Thrift Store - 84 S 100 W, Heber City Hours: Opens 10AM Wed Tel: (435) 657-0209

Water From The Moon - unique collection of clothing, hand crafted jewelry, gifts and home accessories. 118 S 500 W, Heber City, UT 84032

Downtown Midway also has a few locals shops, including Fernweh, Cactus & Pine Boutique

Park City Historic Main Street - Several blocks of interesting shops and dining.