

EPIDEMIC AT-HOME **CLEANING CHECKLIST**

- ✓ Obtain disinfecting/cleaning supplies... budget 1-bottle/container per room **plus** one per vehicle
- ✓ Avoid physical contact with others when greeting them, waive instead of handshakes/hugs/kisses
- ✓ Avoid large restaurants & large crowds
- ✓ Do not eat or drink in your car
- ✓ When arriving home, disinfect car keys, steering wheel, door handles, cup holders & push-buttons before exiting car & disinfect outside door handle
- ✓ When entering your home immediately wash/sanitize hands before touching any surfaces.
- ✓ Wait 72-hrs before opening mail/packages & wash/sanitize hands after handling the unopened items.
- ✓ If you or anyone at home is coughing/sneezing, have them wear a surgical mask until receiving medical attention +/- thereafter.
- ✓ Keep sick family members confined to bedroom/bathroom if possible
- ✓ Wear surgical mask when caring for sick family member,
- ✓ Wash/sanitize hands upon leaving sick family member's room or bathroom.
- ✓ Avoid un-necessary physical contact with sick family members

Wash/sanitize Hands immediately BEFORE:

- ✓ Preparing food
- ✓ Eating
- ✓ Unloading dishwasher/dishes
- ✓ Folding Laundry
- ✓ Brushing Teeth

Provided As A Courtesy By:
SunShine Animal Hospital

Disinfect "High-touch" Surfaces *TWICE* Daily:

- Living room lamp switches
- Living room fan/light switches/pull chain
- Living room remote control
- Living room phone & charger cable
- Living Room Coffee/End Tabletop
- Video game console & controller(s)
- Computer Lid/Keyboard/Mouse
- Kitchen chair/back & arm rests
- Kitchen table top
- Kitchen cabinet knobs or drawer front
- Kitchen countertops
- Sink Faucet Handle
- Refrigerator/Freezer handle & door
- Microwave handle, door & control panel
- Oven door handle & control buttons/knobs
- Dishwasher handle & control panel
- Pantry doorknob
- Bedroom fan/light switch/pull chain
- Bedroom doorknob
- Bedroom lamp switches
- Bedroom remote control handset
- Closet door knob
- Furniture drawer pulls
- Video game console & controller(s)
- Bedroom Phone & charger cable
- Bathroom doorknob
- Bathroom Sink Faucet Handles
- Bathroom light switches
- Bathroom cabinet knobs or drawer front
- Medicine Cabinet Door
- Toilet lid, seat & flush lever
- Washer/Dryer handle, door & control panel
- Laundry room cabinet knobs
- Laundry doorknob
- Laundry light switch
- Garage Doorknob & Light Switch
- Back Door /Sliding Door Handle