



SAMPLE HOT MENU ITEMS

Apricot Glazed Chicken

Lemon Chicken

Quinoa Bowl

Arroz con Chorizo

Lemon Garlic Tilapia

Roman-Style Chicken

Baked Fish Oreganata

Macaroni & Cheese

Rosemary Citrus Baked Cod

BBQ Chicken

Maple Dijon Chicken

Roasted Artichoke & Chicken Pasta

Beef Stroganoff

Mediterranean Grain Bowl

Roasted Pesto Chicken

Beef & Broccoli

Mushroom Lentil Risotto

Seven Vegetable Couscous

Blackened Shrimp Pasta

New Orleans Style Gumbo

Shrimp with Artichokes & Feta

Brazilian Shrimp Stew

Orange Glazed Chicken

Shrimp Scampi

Carne Guisada

Parmesan Crusted Tilapia

Soy Glazed Cod

Chicken Cacciatore

Pasta Primavera

Taco Casserole

Chicken Scarpariello

Pasta & Meatballs

Three Bean Chili

Chicken Piccata

Pasta Bolognese

Tuna Puttanesca Pasta

Chile Cod

Pesto Lentil Pasta

Tuscan Chicken

Cilantro Lime Tilapia

Penne alla Vodka

Vegetarian Baked Ziti

Firehouse Chili

Peruvian Roasted Chicken

Vegetable Stew

Freshly Grilled Chicken

Pineapple Baked Cod

Garlic Shrimp Stir Fry

General Tso's Chicken

Greek Garlic Chicken

Herb Roasted Chicken

Honey Mustard Chicken

Italian Meatloaf

Korean Chicken





SAMPLE COLD MENU ITEMS

SALADS

Antipasto Salad

Asian Style Salad

Buffalo Chicken Salad

Chef Salad

Chicken Caesar

Chicken Shawarma Salad

Cobb Salad

Cranberry & Candied Walnut Salad

Crunchy Thai Salad

Fiesta Steak Salad

Garden Salad

Greek Salad

Grilled Chicken Spinach Salad

Italian Chopped Salad

Kale & Quinoa Salad

Kale Caesar Salad

Pesto Parm Salad

Southwest Flank Steak Salad

Spinach & Beet Salad

Turkey BLT Salad

SANDWICHES

Balsamic Chicken & Avocado Spread

Buffalo Blue Chicken

Cheddar & Tomato

Chicken Caprese

Chipotle Bacon

Grilled Chicken & Bacon

Ham and Gruyere

Jerk Style Chicken

Peppered Turkey & Bacon

Pesto Chicken

Roasted Vegetable

Sriracha Chicken

Smokehouse BBQ Chicken

Teriyaki Chicken

Tuna & Cucumber

Turkey BLT

Turkey & Cheddar

SNACK BOXES

Almonds, Brie, Cheddar, Gouda, Flax & Sea Salt Crackers

Cheese and Fruit with Gouda, Brie, Cheddar, Crackers, Grapes & Apples

Grilled Chicken, Hummus, Naan, Snap Peas

Hard Boiled Eggs, Cheddar, Apples, Grapes, Pita & Olives

Kale Chips, Almonds, Grapes, Clementine, Roasted Chickpeas

Sliced Turkey, Whole Wheat Crackers, Cheddar Cheese, Carrots, Celery, Low-Fat Ranch

Tortilla Chips, Pico de Gallo, Bell Peppers, Cheddar Jack Cheese

All Sandwiches are Served on Ficelle Bread

