

How to HANDLE your face masks



## How to CARE for your cloth mask



Once a day (ideally) wash your mask in soap or detergent, preferably with hot water.

Make sure the mask is completely dry before using.

Store the clean mask in an unused resealable plastic bag to protect it from germs.

When ready to use, clean your hands and pull the mask out of the bag by the straps. The proper wear of face masks is key. Improper wear will make

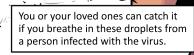
your protection

ineffective.





The virus spreads primarily from person to person through small droplets from the nose or mouth.



In order to be fully effective, the correct masks and use thereof is critical. Do NOT do the following...



...made of material that makes it hard to breathe, like leather or coffee filters.

I don't want to restrict breathing or force air past the mask.



...made of material or construction that does not allow for enough protection, like only one layer or exhalation valves.

I don't want to allow virus particles to escape through the mask.

Also, best not to use...



...gaiters or face shields since their effectiveness is still unknown at this time.

For double masking...



...disposable masks are not designed to fit tightly and wearing more than one will not improve fit.

...only use one KN95 at a time.

