



RIGHT TO RECEIVE A GOOD FAITH ESTIMATE OF EXPECTED CHARGES

Notice for uninsured and self-pay clients

YOUR RIGHT

You have the right to receive a written Good Faith Estimate explaining how much your health care is expected to cost.

Who Qualifies

This right generally applies when you do not have health insurance or when you have insurance but do not plan to submit a claim for the scheduled services.

When You May Receive an Estimate

- You may ask for a Good Faith Estimate before scheduling services.
- If services are scheduled 3 to 9 business days in advance, the estimate is generally due within 1 business day after scheduling.
- If services are scheduled at least 10 business days in advance, the estimate is generally due within 3 business days after scheduling.
- If you request an estimate before scheduling, it is generally due within 3 business days after the request.

What the Estimate Includes

- Expected charges for the items or services the practice reasonably expects to provide during the stated period of care.
- The provider or practice information, service descriptions, expected charges, and total estimated cost.
- Important assumptions and disclaimers. The estimate is not a contract and may change if your clinical needs or requested services change.

If Your Bill Is Much Higher

If a provider or facility bills you at least \$400 more than the amount listed for that provider or facility on your Good Faith Estimate, you may qualify for the federal patient-provider dispute resolution process. You generally must begin the dispute within 120 calendar days of the initial bill. Keep a copy of your estimate and bill.

How to Request an Estimate or Ask Questions

Contact	Information
Godman Psychological Services, P.C.	(619) 785-3665 info@godmanpsych.com
Federal No Surprises Help Desk	1-800-985-3059
Federal information	www.cms.gov/nosurprises or www.medicalbillrights.cms.gov

Keep your estimate

A Good Faith Estimate is not a bill and is not consent to treatment. You may request an updated estimate if the expected services, frequency, duration, or fees change.