



Beyond Speech Therapy

Occupation, Speech & Autism Services

Fine Motor Skill Development

10 - 12 MONTHS

- Grasps with thumb and 2 fingers
- Picks up cereal/small objects with thumb and index finger
- Stacks blocks; may not balance them
- Imitates tool use (hair brush, toothbrush)
- Uses hands to push, pull, squeeze, rotate
- Removes socks

12 - 24 MONTHS

- Feeds self using hands or utensils
- Points to things in environment/ items in a book
- Holds crayon with fist
- Scribbles on paper spontaneously
- Completes shape puzzles (circle, square, triangle)
- Brings hands together to midline for use
- Stacks 2-6 block tower

2 - 3 YEARS

- Pushes, winds, slides to activate toys
- Turns single pages in book
- Self feeds with spoon & open cup (some spillage)
- Screws/unscrews lids
- Strings several large, 1 inch beads
- Stacks a 6 block tower, follows simple block designs
- Holds crayon with thumb & fingers
- Imitates, eventually copies from a model, vertical horizontal lines, and circle
- Uses scissors to snip paper

3- 4 YEARS

- Feeds self with spoon & cup (some spillage)
- Dressing: Snaps clothing, zips with assistance
- Can fold and creases paper
- Holds pencil with thumb and fingers
- Imitates, then copies a cross ("t")
- Draws a two part person (head and body)
- Strings small beads
- Stacks a 9 block tower, can copy block designs
- Uses scissor to cut along a thick, straight line

4 - 5 YEARS

- Feeds self with utensils & open cup (no spillage)
- Imitates 4-6 part block designs
- Dressing: Buttons clothes
- Opens fasteners (seatbelts, buckles)
- Imitates then copies a diagonal line, square, triangle, X
- Draws a 3 part person
- Uses scissors to cut simple shapes

5 - 6 YEARS

- Builds complex designs with Legos/ blocks
- Imitates, then copies a rectangle
- Connects two dots with straight line
- Copies, then prints first name from memory
- Copies letters and numbers
- Draws an 6+ part person
- Uses scissors to cut complex shapes
- Ties laces together
- Cuts food with butter knife

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