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Business Press Release

FOR IMMEDIATE RELEASE

NEW MANAGERS EMPOWERMENT PROGRAM FROM BRILLIANCE COACHING & CONSULTING HELPS LEADERS MAXIMIZE IMPACT AND MINIMIZE INEFFICIENCIES

The Woodlands, Texas — May 12, 2025 — Brilliance Coaching & Consulting proudly announces the launch of its Managers Empowerment Program, a transformative new offering designed to help new and mid-level managers lead with confidence, clarity, and impact. Launching today, this self-paced online program is now available to both individuals and organizations looking to elevate their leadership capabilities in today's fast-moving workplace.

According to Gallup, U.S. businesses lose up to \$1 trillion annually due to poor management and employee disengagement. The Brilliance Managers Empowerment Program directly addresses this challenge by helping managers build the skills that drive engagement, retention, and performance.

Developed by leadership expert Monika Elisabeth, Founder and Chief Illumination Officer at Brilliance Coaching & Consulting, the Managers Empowerment Program meets a growing need: managers who can do more than just manage—they can coach, inspire, and drive results. Drawing on years of tested coaching methodologies and leadership development experience, the program is intentionally structured to fit into even the busiest manager's day, with bite-sized lessons that deliver powerful tools and strategies in as little as 30 minutes a day.

"We believe empowered managers create empowered teams," said Monika Elisabeth, Founder and Chief Illumination Officer at Brilliance Coaching & Consulting. "This program is more than just skills training—it's about helping managers lead authentically and effectively in complex, dynamic environments."

Program Highlights Include:

- Developing a strong leadership mindset and emotional intelligence
- Mastering communication, planning, and delivering impactful feedback
- Strengthening strategic thinking and decision-making skills
- Gaining a practical toolkit to apply insights immediately on the job



Organizations and individuals can gain immediate access and start equipping their managers to lead with purpose, confidence, and measurable impact—right away.

The Brilliance Managers Empowerment Program is now available online at <https://my-brilliance.com/courses>.

About Brilliance Coaching & Consulting

Brilliance Coaching & Consulting helps leaders and organizations uncover their brilliance and lead with purpose. Through executive coaching, team development, and transformative leadership programs, Brilliance partners with clients to create cultures of clarity, trust, and high performance. Founded by Monika Elisabeth, the firm brings a human-centered, strengths-based approach to leadership development.

For more information, visit <https://my-brilliance.com>

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