



Let go of everything you were never meant to be in order to truly Become your authentic self.



The Experience:

Community: Engage, Discover, and Flourish

Movement & Breath: Purposeful movement and breathwork to enhance consciousness.

Explore Yourself: Engage in activities that are new to you.

Includes:

- Connection and engagement, building a community of like-minded people
- Supportive environment for unbecoming & growth
- Free time to explore town, cozy up for a conversation, play a game or take some alone time to reflect

TANYA
Chaney