

# MOBILE LONGEVITY LOUNGE

BEYOND ORDINARY WELLNESS FOR  
EXTRAORDINARY COMPANIES

## WHY WORKPLACE WELLNESS?

↑14% **PRODUCTIVITY**  
↓78% **ABSENTEEISM**  
↓21–51% **TURNOVER**  
↑25% **RETENTION**  
**STRESS ↓**  
**PERFORMANCE ↑**

## SIGNATURE PROGRAMMING

**WELLNESS SERIES** (MONTHLY OR QUARTERLY)  
ON-SITE WELLNESS • BOOST CULTURE •  
PERFORMANCE • REDUCE ABSENTEEISM

**CULTURE RESET DAY**  
2-HR RESET TO BUILD TRUST • TEAMWORK •  
PRODUCTIVITY

**PERFORMANCE SERIES (4-WEEK)**  
SHORT PROGRAM FOR SUSTAINABLE RESULTS •  
RETENTION

**LEADERSHIP RETREATS** (DAY OR WEEKEND  
GET-A-WAY) REWARD TOP PERFORMERS •  
GROWTH

## BASE PRICING

**BASE PRICING** FROM —\$1395

- INCLUDES BOTH FLAGSHIP SUITE FEATURES
- FROM \$1,395
- 2-HR MINIMUM ( UP TO 75 GUESTS)

**EXTENDED** —\$1000

- PER ADDITIONAL HOUR
- MAX 5-HR | 200 GUESTS

**RECURRING BOOKINGS**

- MONTHLY (PREFERRED PRICING) SAVE 20%
- QUARTERLY BOOKING (PERKS) SAVE 10%
- PARTNER : OUR EVENT. YOUR GUEST SAVE 50% ON TICKETS

note \* *bespoke setup considered, pricing based on group size, location, duration, frequency & add-on services*  
*First-Time Booking? SAVE 10%*

## PERFORMANCE TREATMENTS

**TECHNOLOGY-DRIVEN SESSION LED BY EXPERTS,  
TO IMPROVE PERFORMANCE, PRODUCTIVITY  
AND SUSTAINABLE RESULTS**

**ONE SESSION. 3X THE BENEFITS**

**VITALITY SESSIONS**, INCLUDES COMBO:

- TARGETED RED LIGHT THERAPY (BELLY-BRAIN)
- MOLECULAR HYDROGEN (INHALE H<sub>2</sub>)
- COMPRESSION RECOVERY (LOWER LEG)
- COLD THERAPY , VIBROTHERAPY

## MIND-BODY RESET SESSIONS

**MIND-BODY EXPERIENCES DESIGNED TO SUPPORT  
NERVOUS SYSTEM REGULATION, CLARITY,  
BALANCE, AND PERSONAL GROWTH.**

Enhancements (30MIN EACH) FROM —\$200

- GUIDED BREATHWORK
- LIVE SOUND IMMERSION
- MOVEMENT
- EDUCATIONAL WORKSHOP
- CURATED COACHING

• **SONIC SHIFT™**  
(BREATH + SOUND IMMERSION)

• **SOMATIC SHIFT™**  
*Identity Alignment Focused*  
(MINDFUL MOVEMENT & BREATH)

## ENHANCEMENTS

**ASK ABOUT ADDITIONAL ADD-ONS**

- HEALTHY SNACKS & HYDRATION
- BODYWORK ( FASCIA FOCUSED)
- IV HYDRATION ( PARTNER)
- COLD PLUNGE ( PARTY SIZE)

*(Advanced booking required)*

**LOGISTICS**

LOUNGE CAPACITY

- UP TO 50 GUESTS MAX PER HOUR
- DESIGNED FOR INTIMATE TO LARGE-SCALE EVENT
- 2.5 PARKING SPACES / 400SQ FT+( 20X24 FT IDEAL)
- FULLY OPERATIONAL
- SHORE LINE ELECTRIC ACCESS IDEAL

# MOBILE LONGEVITY LOUNGE

## BEYOND ORDINARY WELLNESS FOR EXTRAORDINARY COMMUNITIES

### WHY IT WORKS?

**80% ↑ RETURN RATE**  
**5–20% ↑ RENT PREMIUM**  
**47% ↑ RENEWAL RATE**  
**43% ↑ REVENUE PER ROOM**  
**↑\$1.3T WELLNESS TOURISM | 2028**

### SIGNATURE PROGRAMMING

#### COMMUNITY WELLNESS POP-UP

DRIVE ENGAGEMENT · CREATE BUZZ · BRING PEOPLE TOGETHER

#### SUNRISE/SUNSET WELLNESS SOCIALS

ENHANCE RESIDENT AND GUEST EXPERIENCES · FOSTER COMMUNITY · ENCOURAGE CONNECTION

#### MONTHLY WELLNESS SERIES

INCREASE SATISFACTION · SUPPORT LOYALTY AND RENEWALS

#### SEASONAL WELLNESS SERIES

ELEVATE GUEST EXPERIENCES · INCREASE ENGAGEMENT · ATTRACT WELLNESS TOURISM

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### VITALITY TREATMENTS

**TECHNOLOGY-DRIVEN SESSION LED BY EXPERTS, TO IMPROVE PERFORMANCE, PRODUCTIVITY AND SUSTAINABLE RESULTS**

**ONE SESSION. 3X THE BENEFITS**

INCLUDES: A COMBO OF 3 TOOLS

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- MOLECULAR HYDROGEN (INHALE H2)
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