



# CONCIERGE SERVICES MENU

*Visit Us or We'll Come to You*

## STAND ALONE WELLNESS SERVICES : MADE FOR TOTAL MIND-BODY OPTIMIZATION

**Look Good. Feel Better. Get Stronger.**

### VITALITY SESSION

Technology-driven experience designed to optimize whole-body recovery, resilience, energy and overall vitality.

#### ONE SESSION. 3X the Benefits

LONGEVITY STACK: 30MIN COMBO



TARGETED RED LIGHT THERAPY (BELLY-BRAIN)



MOLECULAR HYDROGEN ( INHALE H2)

PLUS ONE ADD-ON (BASED ON AVAILABILITY):



- BIOMAT® INFRARED, PEMF +CONDUCTIVE MINERALS
- PEMF MAT
- RED LIGHT BACK/ BODY MAT
- COMPRESSION RECOVERY ( LOWER LEG)

#### DROP-IN VITALITY SESSION

- Suggested contribution

—\$75

### INNER ALIGNMENT SESSIONS

Mind-body experiences designed to support nervous system regulation, and personal transformation.

#### MINDFULNESS SESSIONS

ALIGNMENT OPTIONS (30-45MIN)



#### Signature SHIFT™ Breath

*release • rewire • reconnect*  
(BREAKTHROUGH BREATHWORK)



#### SONIC SHIFT™

*reset • restore • rejuvenate*  
(BREATH + LIVE SOUND IMMERSION)



#### SOMATIC SHIFT™

*regulate • reframe • realign*  
*Identity Alignment Focused*  
(MINDFUL MOVEMENT & BREATH)

#### PRIVATE WELLNESS LOUNGE

#### DROP-IN ALIGNMENT SESSION

(when scheduled sessions are available)

PRIVATE & GROUP EXPERIENCES FROM —\$149+

FROM —\$50

### WHAT YOU'LL GAIN

- ↗ Energy
- ↗ Recovery
- ↗ Cell Repair
- ↗ Healthy Aging
- ↗ Less Inflammation
- ↗ Reduce Stiffness
- ↗ Mood
- ↗ Better Skin
- ↗ Lymphatic Flow

- ↗ Stress Relief
- ↗ Restore Balance
- ↗ Mental Clarity
- ↗ Feel Alive and Energized
- ↗ Boost Feel-Good Hormone
- ↗ Mind-body Resilience

### VISIT US PRIVATE WELLNESS LOUNGE

#### DROP-IN SESSIONS

- Suggested contribution

— \$50 | \$75

#### WELLNESS ACCESS PASSES

*Suggested monthly contribution*

#### ESSENTIAL PASS

- UP TO 8 PERFORMANCE SESSIONS PER MONTH

—\$149

#### EPIC PASS

- UNLIMITED PERFORMANCE SESSIONS

—\$199

(Both PASS Options Includes 1 Inner Alignment Session per month)

\* Session available during scheduled hours

### AT YOUR LOCATION + ENHANCEMENTS

#### ADD-ONS

- EXPRESS IV HYDRATION FROM —\$149
  - WELLNESS SHOT FROM —\$40+
  - GROUP MOVEMENT | COACHING, FROM —\$200
- (Advanced booking required)

#### DELIVERED TO YOUR LOCATION

( Services only . Suites Sold Separately )

#### CUSTOM PRIVATE SESSION

- UP TO 2 GUESTS — \$250 (60 MIN)
- ADDITIONAL GUESTS — \$75 PP

#### SESSION DURATION

- 1-10 GUESTS: 60-90 MIN
- 11-22 GUESTS: 90-120 MIN

RECURRING BOOKINGS  
WEEKLY  
MONTHLY

SAVE 20%  
SAVE 10%