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| Bryan County Sports Youth Basketball League |
| Basketball Rules |
| 2025 |

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UIL rules will apply with these exceptions:

# Balls

6U & 8U: Junior Size 27.5” basketball

All 10U Divisions along with 12U & 14U Girls: Women’s Regulation 28.5” basketball

12U & 14U Boys: Men’s Regulation 29.5” basketball

Note that any combo team will use the ball for the oldest grade. For example, a 3/4

combo team would use the 28.5” ball.

# Goal Height

6U & 8U: 8 feet

10U thru 14U: 10 feet

# Free Throw Distance

6U & 8U: 12 feet

10U thru 14U: 15 feet (Regulation)

Note: 10U Girls Will Shoot From 12 Feet

# Pressing

6U & 8U: No full or half-court pressure is permitted. Defense will pick up their man or play a zone defense at the 3-point line. Once the offense is established and engaged at the 3-point line the defense is free to guard the entire half court. If the offense does not begin running a play within 5 seconds of crossing half court, the referee will raise their hand signaling that the defense may engage the offense.

10U & 12U: Full-court pressure is allowed the entire game unless up by 20+ points at which time the leading team is restricted to half-court.

14U: No Restrictions

# Traveling / Double-Dribbling

6U & 8U: Traveling will be enforced. Referees will warn on double-dribbling before enforcing.

10U thru 14U: Traveling and double-dribbling will be strictly enforced.

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# Game Time

6U thru 10U: Four 8-minute quarters. Every period will be a running clock, only stopping for timeouts and referee stoppage. During the last minute of each quarter the clock will stop for the following cases: timeouts, shooting fouls, dead balls or if referee stops the clock.

12U thru 14U: Four 6-minute quarters with the clock stopping per UIL rules.

Note: All Divisions Will Go To Running Clock If Score Differential Is 20 Points Or More

# Overtime

6U & 8U: Games ending in a tie will go to sudden death, starting with a jump ball.

First team to score wins.

10U thru 14U: Games ending in a tie will continue with up to 2 overtime periods of 2 minutes each. If tied after 2 overtime periods, the 3rd overtime will be sudden death with the first team scoring declared the winner.

# Halftime

6U & 8U: 2 minutes

10U thru 14U: 3 minutes

# Timeouts

6U & 8U: Each team is allowed (2) 1-minute timeouts per half.

10U thru 14U: Each team is allowed (2) 45-second timeouts per half and (1) 45-second timeout for the first two overtime periods. The 3rd and final overtime period is sudden death; therefore, there will be no timeouts.

# Personal and Team Fouls

The following applies to all grades:

A team will shoot two free throws after the opposing team has committed 5 team fouls in a quarter. Team fouls will reset each quarter.

Each player is allowed only 5 fouls in a game.

# Technical Fouls

If a coach is issued a technical foul for objectionable behavior, he or she must remain seated for the remainder of the game except during timeouts or halftime. The Assistant Coach may stand in place of the seated Head Coach.

Any player or coach who receives 2 technical fouls in a single game will be ejected from the game and must leave the premises. Moreover, the offending coaches or players will be suspended from coaching or playing in practices or games for 1 week.

If a coach is ejected, and he or she coaches more than 1 team, he or she is suspended from coaching all teams for 1 week.

Any player or coach who is ejected from two games will be suspended from the league for the remainder of the season to include playoffs or post-season tournament play.

Scorekeeping / Scoreboard

All points will be recorded in the books. The scoreboard will never show more than a 20-point lead. The Home team (Team 2 on Schedule) will provide a book keeper and the Visiting team (Team 1 on the Schedule) will provide a scoreboard / clock operator. Note: Playoff / Tournament games will have a paid clock operator.

# Players

A team may start a game with 3 players. Play cannot start with less than 3 players. Teams that can only field 2 or fewer players at the start of a game will forfeit the game, with the forfeiting team being declared the loser.

Coaches cannot borrow players from another team to play on their team. Borrowing players will result in forfeiture.

Note: It is permissible and encouraged to play the scheduled game with borrowed players but the official result will be scored a forfeit.

# Coaches

Coaches must provide to the scorer’s table a legible team roster in numerical order at least 5 minutes before the start of every game.

Coaches must meet at the scorer’s table prior to the game to review the lineups. Any players not eligible or available to play part/full of the game needs to be discussed with the opposing coach and scorekeeper at this time. Players who aren’t present at the start of the game but who are expected to arrive late must be identified at this time or they will not be allowed to play.

# Substitutions / Playing Time Requirements

The following applies to all grades:

1st Quarter: No restrictions

2nd Quarter: Coach must play bench players 3rd Quarter: No restrictions

4th Quarter: No restrictions unless:

6U & 8U: up by 15+ points, must play bench players

10U thru 14U: up by 25+ points, must play bench players

Overtime: No restrictions

\*Note: There are no restrictions for playing time during tournament play though coaches are encouraged to allow each player to get into the game.

# Uniforms

Jerseys must be tucked in. No hair barrettes, bobby pins, or any other hair accessory

with metal in it. No earrings to include even if they’ve just been pierced. Tape coverings will not be allowed.

If a child has a cast, the cast must be securely wrapped in protective padding to be checked by the officials prior to the game.

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# Ejections

All coaches, players, parents and spectators are always expected to show excellent sportsmanship.

Coaches are responsible for the proper conduct of their team, their assistants, and their spectators.

Technical fouls will be issued to players and coaches for objectionable behavior. Technical fouls for coaches and players is addressed in the [Technical Fouls](#_bookmark10) section.

Parents and spectators may receive only one warning before ejection for the following offences. The officials will decide if a warning is appropriate:

* Cursing
* Overbearing Language or Behavior
* Unsportsmanlike Attitudes or Conduct

Parents and spectators **will be immediately ejected** by the officials or the gym administrator if the aforementioned objectionable behavior persists after the first and only warning.

Examples of objectionable behavior that will result in immediate ejection without warning include but are not limited to:

* Threatening behavior
* Throwing items onto the court
* Parents/Spectators stepping onto the court
* Physical altercations of any kind

In the event of an ejection, the referee should let the commissioner or appointed administrator know and let them handle removing that person from the premises.

After an ejection, the parent/spectator will be suspended for one week and will not be allowed to attend the next game.

If a coach/parent/spectator that has been ejected is also employed as a referee for BCS, then this person cannot be permitted to officiate games the week following an ejection.

During playoffs or post-season tournament play, if a player/coach/parent/spectator is ejected from the gym, they are not allowed back for the remainder of the tournament.

Under no circumstances should a coach, player, parent or spectator approach an official in an objectionable manner at any time before, during or after a game. This behavior will result in an immediate ejection and could also result in calling the local police department.

If you have a complaint, please see the gym administrator to follow the proper procedure.

# Appendix (Quick Reference Tables)

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| **Division** | **Ball Size** | **Goal Height** | **Free Throw** |
| 6U | 27.5” | 8-ft | 12-ft |
| 8U Boys | 27.5” | 8-ft | 12-ft |
| 10U Boys | 28.5” | 10-ft | 15-ft |
| 12U Boys | 29.5” | 10-ft | 15-ft |
| 14U Boys | 29.5” | 10-ft | 15-ft |
| 8U Girls | 27.5” | 8-ft | 12-ft |
| 10U Girls | 28.5” | 10-ft | 12-ft |
| 12U Girls | 28.5” | 10-ft | 15-ft |
| 14U Girls | 28.5” | 10-ft | 15-ft |

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| --- | --- | --- | --- |
| **Division** | **Pressing** | **Traveling** | **Double-Dribble** |
| 6U | No Pressing | Enforced | Warnings |
| 8U Boys | No Pressing | Enforced | Enforced |
| 10U Boys | Full-court unless 20+ | Enforced | Enforced |
| 12U Boys | Full-court unless 20+ | Enforced | Enforced |
| 14U Boys | No Restriction | Enforced | Enforced |
| 8U Girls | No Pressing | Enforced | Enforced |
| 10U Girls | Full-court unless 20+ | Enforced | Enforced |
| 12U Girls | Full-court unless 20+ | Enforced | Enforced |
| 14U Girls | No Restriction | Enforced | Enforced |