

Privacy Policy

Last updated: September 18th, 2025

The Human Digest ("THD," "we," "our," or "us") respects your privacy. This Privacy Policy explains how we collect, use, and protect your personal information when you visit our website, interact with our content, or submit materials to us. By using our site, you agree to the terms outlined below.

1. Information We Collect

We do not require you to create an account or provide personal information to access or read content on The Human Digest. However, we may collect certain information in the following circumstances:

- **Voluntary Submissions:** If you choose to complete our interest form, you may provide your name, email address, resume/CV, and a writing sample.
 - **Newsletter Subscriptions:** If you subscribe to our newsletter, we collect your email address.
 - **Cookies and Analytics:** We use cookies and Google Analytics to understand how visitors use our site, improve content, and track general usage patterns. This data is collected in aggregate and does not personally identify you.
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2. How We Use Your Information

We use the information you provide to:

- Respond to inquiries or interest form submissions
- Manage newsletter subscriptions and send periodic updates
- Analyze site usage and improve the user experience
- Provide authors with engagement metrics about their content

We do not sell, rent, or share your personal information with third parties.

3. Data Retention



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We store any personal information you submit (e.g., interest forms) for no longer than six (6) months. After that period, your information is securely deleted from our records.

4. Data Security

We use reasonable technical, administrative, and physical safeguards to protect your information from unauthorized access, disclosure, alteration, or destruction. However, no data transmission over the internet can be guaranteed as 100% secure.

5. Children's Privacy

The Human Digest is intended for individuals age 13 and older. We do not knowingly collect personal information from children under 13. If we learn that we have collected personal information from a child under 13, we will delete it promptly.

6. Cookies

We use cookies to:

- Analyze traffic and engagement through Google Analytics
- Improve site performance and usability

You can disable cookies in your browser settings; however, some site features may not function properly as a result.

7. International Visitors

The Human Digest is based in the United States but may be accessed internationally. By using our site, you consent to the processing and storage of your information in the United States, where privacy laws may be less strict than in your country.

8. Your Privacy Rights



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You may request that we:

- Provide a copy of any personal information we hold about you
- Delete your personal information

To make a request, email us at admin@thehumandigest.org.

9. Changes to This Policy

We may update this Privacy Policy from time to time. If we make significant changes, we will post the updated policy on this page and update the "Last Updated" date above.

10. Contact Us

If you have questions about this Privacy Policy or how your information is handled, please contact us at:
admin@thehumandigest.org

