

How I Cured My Skin Cancer....Twice

***"You can choose courage or you can choose comfort. You cannot choose both."
- Brene Brown***

It's hard to be courageous but sometimes, you have to choose strength over what's easy. Most people aren't capable of that. But sometimes you find amazing courage and strength in unlikely places.

This past week, the world lost three "famous" people to cancer: David Bowie, Alan Rickman and Celine Dion's husband, all of whom fought long battles with this awful disease. So it was quite heartening this morning to learn that sweet Leah Still, the 5-year old daughter of football player Devon Still, was declared cancer free after many rounds of chemotherapy, surgery and other treatments. (#leahstrong) I truly hope she's healed, but cancer is an awful disease that has a way of sneaking back up on you.

It was interesting to hear Barack Obama tell Joe Biden during the State of the Union address that he was putting him in charge of finding a cure for cancer. I hope he's successful but for many reasons, I don't think he will be. Certainly, these recent high profile cases are bringing more attention to trying to find a cure. Cures are out there. You just have to know where to look. I've done research and learned how to cure my own skin cancer. Read below to find out how I did it.

The New Year is upon us and it's a great time to choose courage. Let me help you get there.

Yours in health,



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How I Healed My Own Skin Cancer not Once but Twice!



I admit it. I LOVE the sun. In fact, my son and I recently got back from a 7- night Caribbean cruise, where I soaked up every moment possible. But I do try to keep the sun off my face, to prevent not only premature aging, but also skin cancer. So it was quite a shock when I was told two days before we left that I had two areas of skin cancer on my face. The doctor, a plastic surgeon where I regularly get a facial, delivered what to most, would be a devastating blow. "I don't want to scare you," he said, "but I'm pretty sure those two spots are cancerous. Let me do a biopsy to confirm." I thanked him and politely declined. "I'm about to go on a cruise," I told him. "I'll deal with it when I come back."

What he didn't know was that I had a secret weapon for dealing with skin cancer. Five years earlier, I'd been diagnosed with it on the side of my nose. My doctor, a well-known dermatologist in my town, recommended Mohs surgery. Let me tell you about Mohs. The doctor surgically removes cells (s)he thinks are cancerous and then tests them. If the test comes back positive, more cells are taken. This continues until the edge, known as the "margin", is reached. Once the margin is reached, the procedure is complete. Skin cancer is one of most easily-cured forms of cancer, especially when diagnosed early. But because of my distrust of most doctors, I knew there had to be another option. Many hours of research provided it. My doctor took the liberty of scheduling the surgery. I cancelled it and never returned.

When she diagnosed me, I was still struggling with the senseless death of my dad from an overdose of chemotherapy. Cancer and surgery were the last things I wanted to think about. Thankfully, my research led me to something that was nothing short of amazing and healed me. My new dermatologist, someone open to alternative medicine, asked me what I'd done, because she saw no traces of cancer. I'd been healed, without surgery. Now faced with another cancer diagnosis, I knew what I had to do. I'm now sharing my secret with you.

There's a product called "Cansema Black Topical Salve", manufactured by Alpha Omega Labs. (www.altcancer.com/cansema.htm) This product has now cured my skin cancer twice, most recently while we were ON that Christmas cruise. I figured I could heal myself and no one, other than my best friend, would be the wiser. I learned about Cansema from Ty M. Bollinger, who wrote a book called "Cancer, Step Outside the Box", after he lost both of his parents to cancer. He's just one of the many brave people out there trying to educate others about alternative treatments for cancer.

From his book, I learned that Cansema contains natural ingredients like zinc chloride and bloodroot. It's a topical ointment that when applied to skin cancer, kills those cells by creating an "eschar", which is a pus formation. I know, it sounds (and looks) gross, but then it turns into a scab, which falls off, leaving a pit in the skin where the cancer was. Over the next few weeks and months, this pit heals, making it difficult to tell that you ever had cancer. The healthy cells around the cancer are undisturbed, other than to turn a little red and become dry and flaky.

I put the salve on before going to bed and during the night, was awakened to a burning sensation. It was uncomfortable, but I knew it was working. When I looked in the mirror the next morning and saw the pus, I knew it was killing the cancer. The worst part was the scab on my face, which I attempted to hide with makeup. But it was certainly gratifying to literally watch the cancer fall off. There are two tiny little pits from where the cancer was, but no one, other than me, and my friend who knew what I'd done, has noticed.

If you Google Cansema, you'll find some horrific pictures of reported cases of people who supposedly used it with terrible outcomes. Personally, I don't believe those pictures or their stories. They're just not realistic. I've seen the success. In fact, the FDA has tried to ban the import of this natural-healing salve. Back in September 2003, they arrested Greg Caton, the owner of Alpha Omega Labs and took about \$650,000 in property from him. He now lives in Ecuador and sells his products from there. Cansema is a natural treatment, so it can't be patented. Therefore, pharmaceutical companies can't make any money off of it.

If you or someone who know has been diagnosed with skin cancer, I urge you to look into this treatment. Contact me directly for more details. It's not for everyone and you need to decide what's right for you. Talk to your doctor. He or she may or may not support this treatment. My new dermatologist was certainly impressed and wanted to know more. Vitamin C is also an alternative treatment for skin cancer. When Vitamin C crystals are mixed with the correct amount of water and applied to skin cancer, it hardens the cancer cells and they form a crust that falls off later. Colloidal silver is also an option. But as I always say, DO YOUR RESEARCH.

Have a wonderful month.