

"We all want a world that's safe for our kids."

- Sayer Ji

I just got back from a wonderful vacation in Arizona where I soaked up a lot of Vitamin D and did a ton of hiking. While there, I started to watch the most amazing 7-part documentary series called "The Truth about Vaccines" (link below). It was created and hosted by someone for whom I have a tremendous amount of respect. Ty Bollinger is on a worldwide mission to educate people about health. He wrote a book many years ago about alternative cancer treatments. In it, I learned how to cure my own skin cancer (see my January 2016 newsletter). I've been closely following Ty's work ever since. I've been so moved by this series I felt compelled to write about it. Hopefully you'll read it and pass it on....especially if you know someone who recently had a baby. Knowledge is power people. Do your research. I purchased the series and Ty provided me with a link to share it with one person. He told me to choose that person wisely. Instead of choosing, I'm offering it to the first person emails me to tell me why it's important to have it. If you have any questions in the meantime, please let me know.

Yours in health,



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Do You Know the REAL Truth About Vaccines?

I admit it. When I had my son almost 15 years ago, I blindly listened to whatever his pediatrician told me. My son has a wonderful pediatrician, who he still sees and who I trust pretty much implicitly. But here's the thing. Even the best doctors can't possibly know everything. If they spent all their time researching, how would they have time to treat patients? The answer is simple: they wouldn't.

One of the most powerful things I learned in one of the episodes was this: *Before you allow a nurse or a doctor to inject your child with a vaccine, ask them this question: **"Can you tell me every ingredient that's in this vaccine?"*** Odds are they can't. If you ask a chef what's in a particular dish, he could probably tell you every ingredient as well as every step needed to prepare it. If you ask a mechanic what's wrong with your car and how he's going to fix it, he can tell you. So why can't a doctor, who spent years in medical school and residency, who has probably treated thousands of patients, tell you what's in the vaccine that's about to be injected into your child? There are less than 20 vaccines required by the CDC, many of which must be repeated as your child gets older. So why don't doctors know what's in them? Here are just a couple of ingredients in many vaccines given to our kids:

- Formaldehyde
- Aluminum
- Thimerosal (Mercury) - you'll probably be told it's been removed from vaccines, but the truth is there are "trace" amounts left that add up to a toxic amount for babies.
- Propylene glycol – this is an ingredient in antifreeze that you'll unbelievably find in many products like shampoo and ice cream.

Ask your doctor why a newborn baby needs a Hepatitis B vaccine, when this is an illness transmitted sexually or by intravenous drug users. If the mom is Hep B negative, why does a baby need not one, not two, but three shots of this vaccine: at birth (Luke's was at 2 weeks) at two months and again at 9

months? I'll tell you why, MONEY! I was shocked to learn that pediatric practices who vaccinate 63% or more of their patients according to the CDC schedule for immunizations are paid a pretty big bonus. In a large practice, this can total over a million dollars annually!

The episodes I've watched so far have brought me to tears and I'm so thankful that my son didn't end up with any of the horrible effects from his forced vaccines. Though I've often wondered how he got asthma (some studies have found taking acetaminophen during pregnancy can cause asthma) and a peanut allergy (some vaccines have peanut oil as an emulsifier). Is this why peanut allergies among children are on the rise?

We the people are not being protected by the CDC, the FDA and our own government. People who speak up are labeled as quacks or crazy. Facts are being hidden from us and our children are getting sick and sometimes dying because of it. The statistics provided in Episode 4 regarding the rise of autism cases are staggering. However, we're continually told that vaccines DO NOT cause autism. Look at the hard data and decide for yourself.

We must take our wellness into our own hands. Ask questions, demand answers. The United States of America vaccinates their children more than any other country on the planet. Why then, if vaccines are supposed to keep us healthy, are we ranked number 34 for infant mortality? That means that 33 countries have FEWER infant deaths than we do. Do you think makes sense? Many countries don't require vaccinations until children are at least two years old, yet we're vaccinating our kids practically right out of the womb, when they don't even have an immune system yet!

Frankly, I'm sickened by this and we the people need to become educated and spread the word. Instead of protesting an election that was over 5 months ago, how about protesting the poisoning of our children and the fact that we're forced to vaccinate our children? Part of a doctor's oath is "First, do no harm," yet our children are being harmed from pretty much the minute they enter this world. We're forced to vaccinate our children in order for them to start school. The Tdap vaccine is required prior to entering 6th grade and you must provide proof your child received it or they can't start 6th grade. This vaccine replaced the DTP vaccine (diphtheria, tetanus and pertussis) that was found to be problematic. The Meningitis and Hep A vaccines are the latest ones to be pushed on me for my son. Often scare tactics are used to convince us to vaccinate. Then we make uninformed decisions based on FEAR. I won't!

I understand that everyone needs to make the decision that's best for their family and their circumstances. What I'm asking is that before you make that decision, ensure you have ALL the facts and information. Ask for the MSDS (material safety data sheets) to learn SPECIFICALLY what's in the vaccine before you say yes. The biggest problems seem to come when several vaccines are combined into one (MMR, DTaP). Believe it or not, you have options. Ask for a delayed vaccine schedule. Ask for a single rather than a combined dose. Ask to spread them out. If your pediatrician won't agree, find one who will. They're out there. I have a friend whose pediatrician fired her from the practice because she chose not to vaccinate according to the CDC schedule. She found another one willing to accommodate her choice. Doctors think they're doing the right thing. They're not trying to make our kids sick. They just don't know any better. Find one who does. Remember, they too are often forced to be vaccinated to keep their jobs.

I am so incensed by what I've learned that I would be doing you all a huge injustice by not passing on this information. Please be open-minded and don't stick your head in the sand to avoid the truth. It could have dire consequences. Be willing to stand up to the status quo and do something to make a difference. We must defend our health and more importantly, the health of our children. Don't we want a world that's safe for our kids?

To learn more about the series, "The Truth about Vaccines", please check out <https://go.thetruthaboutvaccines.com/> Watching will take time, each episode is about 90 minutes, but I promise you, it's worth it. Get educated make informed decisions. Have a wonderful month.