

When Mae—a free-spirited college student with high aspirations and a carefree lifestyle—meets a handsome, motivated, ambitious guy, her life seems perfect and complete.

But what will happen when two disparate worlds collide?

Soon, Mae finds herself caught up in the demands of motherhood and manipulation, struggling to find and assert her authentic self. Where is the fun-loving young woman she used to know? Can she ever intertwine other people's expectations with the desires and beliefs she has always held dear?

Mae confronts a tough decision: she can

either muster the courage to break free from societal norms or remain trapped, feeling lost and miserable while maintaining her 'perfect' family intact.

Letting Go delves into the complex, emotional, and often intimidating consequences of a young woman's struggle to overcome her fears and embrace her truest, happiest self.