

# Hair Detox Methods – Side-by-Side Comparison

Feature / Criteria	SciTOX	Macujo Method	Zydot Ultra Clean
Effectiveness (Claims)	~99.75% success rate if done correctly; works for cocaine, THC, meth, opiates, amphetamines, ketamine, alcohol/EtG, more	Variable; anecdotal reports of ~40–60% success; no formal scientific validation	Independent study showed ~5% removal of metabolites; generally considered ineffective
Scientific Basis	Developed by chemists; multi-step process tested in lab; multiple chemical processes and reactions responsible for high effectiveness	DIY household chemical mix (vinegar, detergent, shampoo); no formal studies	Single commercial shampoo; no proven deep metabolite removal
Process Steps	7+ chemical stages; cuticle opening, metabolite breakdown and detachment, molecular change, oxidation, bleaching & re-dye (optional), UV treatment (optional)	Vinegar → Clean & Clear → Shampoo → Bleach/dye (optional)	One-time wash: shampoo, purifier, conditioner
Time Required	Minimum 3 hrs; recommended over several days for heavy/frequent use	1–3 hrs per cycle; Most repeat 20+ times over weeks	Less than 1 hr
Permanence	Permanent on treated hair	Partial/temporary — metabolites can remain	Temporary — mainly removes surface residue
Substance Coverage	Wide range, including stubborn THC-COOH metabolite and heavy usage of other substances	Varies; THC removal inconsistent. Especially ineffective for other substances than THC	Poor for all; THC removal negligible
Damage to Hair	Possible dryness/brittleness (esp. bleach option)	High risk — vinegar & detergent harsh on scalp/hair. Many report painful blisters and sores	Minimal damage
Ease of Use	Detailed instructions; complete product kit; Step by Step; Can be individualized to fit time frame or certain situations	Requires multiple household products; mixing required. Additional shampoos suggested but studies show no extra benefit and users claim complete waste of money	3 packets, very simple
Cost	Higher — \$150–\$400+ depending on kit	Moderate to High — Up to \$300 for the shampoos (~\$30–\$100 for household supplies) Similar results with or without the shampoo which show marginal results on its own	~\$35
Guarantee	Money-back (double money back in rare cases). Great to have just in case but very few have requested it due to high success rate	Claimed by some resellers; customers on Trustpilot and Reddit report the companies that offer a guarantee on the shampoo don't honor it	None
Customer Reviews	Mostly positive; high trust on forums/Trustpilot; failures rare with correct use	Mixed; some swear by it, majority of others fail even after multiple tries	Largely negative for passing actual lab hair tests