

J.D. Boudreaux, Ed.D., PT, LAT, ATC, SCS

J.D. Boudreaux received a Bachelor of Science degree from McNeese State University in 2003 as well as a Masters of Physical Therapy from LSU Health Sciences Center-Shreveport in 2005. In August of 2003, he became nationally certified as an athletic trainer and obtained his Sports Certified Specialist certification through the American Board of Physical Therapy Specialties in 2011. He recently completed his EdD degree from the University of Louisiana Monroe in Curriculum and Instruction in the Fall of 2018.

He has over ten years of experience as a dual credentialed sports medicine professional. He has spent seven years managing acute athletic injuries and directing the post-surgical rehabilitation of high-level athletes at the collegiate level. Furthermore, he has served as a visiting lecturer and clinical preceptor for an ATEP program. Currently, he is employed by a private outpatient sports medicine clinic delivering care in conjunction with other medical professionals to a variety of individuals, including high school and collegiate athletes.

