Dear Family, Friends and Fans,

I'm just going to keep this short and sweet for you.

We have a brand new album and new songs being released as singles on these dates: Feb 20: Hammer Pull - a spaghetti western style guitar instrumental and video Mar 20: In The Green Room - a jazzy rock tune featuring some heavyweight players Apr 20: Me and Maggy - a re-recoded, updated version of the same song from 1980 only this time with the Phil Spectre 'wall of sound' treatment

Apr 20: Unnatural Tendencies Album release! Almost 55 minutes of music for your listening enjoyment, and videos for most of the songs. There will be a very limited number of physical CDs available for purchase so please contact me for Presale so you can be sure to get a copy. Also available to download.

Upcoming public performances in the near future include:

Sat. March 1 at The Vault in downtown Nanaimo with the full band, from 9 - 11:30pm Sun April 21 at Simon-Holt Restaurant 6582 Applecross Rd, Nanaimo 7:30 - 10:00pm. The Glen Foster Group full band will perform the new album.

CDs will also be available for the first time so please plan to come and enjoy the evening. A lot of work goes into these performances for your enjoyment!

Thank you so much for your continued love and loyalty!

