

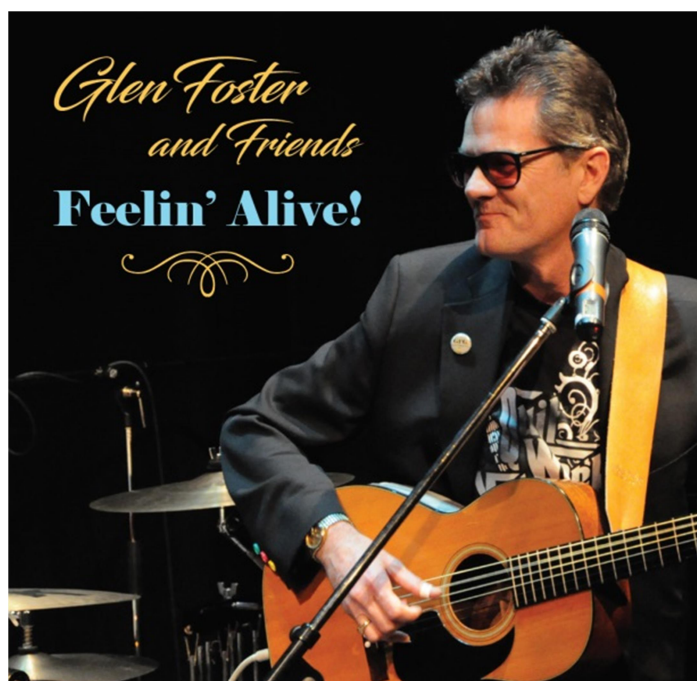
Hello and Happy Summer,

Our new Live album **FEELIN' ALIVE!** from GLEN FOSTER and FRIENDS will be available on Monday July 5. It's available to Download and Stream from almost all online stores: Amazon, Bandcamp, Deezer, iTunes/Apple Music, Pandora, Rhapsody / Napster, Shazam, Spotify, Tidal, TikTok, etc.

If you have pre-ordered you will be receiving your copy soon. To purchase a CD, either contact me directly or go to <https://glenfostergroup.bandcamp.com/album/feelin-alive>

FEELIN' ALIVE! includes 14 live tracks from a concert held at Christ Community Church, Nanaimo on Feb 21, 2020. It also includes 2 BONUS studio recordings that are being released internationally to radio and other media outlets, both with Music Videos to be found on YouTube and other sites.

GLEN FOSTER GROUP presents an Album Release Concert Sat. July 24 from 6:00 - 9:00pm at The QUEEN'S showroom in Nanaimo. Seating is limited so please get your tickets early by 1. contacting me or another band member directly, or 2. at Fascinating Rhythm 51 Commercial St, Nanaimo. I hope you'll consider coming out to support the band and see our show that we've been working on very hard. There will be Free Draws and fun for everyone!



Glen

Glen Foster and Friends **Feelin' Alive!**

Recorded Live at Christ Community Church, Nanaimo BC Feb 21, 2020
Sound Techs: Bert Van Grootheest, Rick Sevenhuysen MC: Rick Brink
Solo

1 The Old Cherry Tree	3:12
2 Say That's So	4:11
3 Songwriters Circle	4:24

Maggy and The Falcon

4 Destination Desolation Sound	3:08
5 Leaving The Lagoon	3:39
6 Dalgety Bay	2:47
7 Fruit Of The Spirit	3:55

with Bert Van Grootheest (bass), Isabel Van Grootheest (vocal, recorder), John Cline (vocal, piano)

Glen Foster Group (Glen Foster, Dwight Gray, Pat Showwise, Marg Foster)

8 Somewhere Over The River	2:26
with Bert Van Grootheest (bass), Isabel Van Grootheest (vocal), John Cline (vocal, piano)	
9 Do Like You Do	3:56
10 Feel Alright	3:42
11 Dusty Roads	4:34
12 Uz and Buz	3:41
13 Someday	5:02
14 Stepping Out On Saturday Night	5:16

BONUS: Glen Foster Group, Studio Recordings March-April 2021
Recorded at Mountainview Studio, Nanaimo BC, Rick Salt (Engineer)
Produced by Glen Foster and Rick Salt, Tim Allen (Tenor Saxophone)

15 Friends Like That	4:46
16 Three Man Band	3:59
Total Playing Time	62:39

Composed and Arranged by Glen Foster, Parent Publishing Socan 2021 All Rights Reserved
Produced by Glen Foster for Parent Productions, Mastered at Tranquility Audio, Nanaimo BC
Artwork and Layout by Glen Foster & Gerry Patenaude, Photography Cathy Showwise, Nanaimo
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