

COLLECT

Almighty God,
who sent your Holy Spirit
to be the life and light of your Church:
open our hearts to the riches of your
grace,
that we may bring forth the fruit of
the Spirit
in love and joy and peace;
through Jesus Christ your Son our
Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

FIRST READING

Either **2 Kings 4:42-end**

A reading from the second book of Kings.

A man came bringing food from the first fruits to Elisha, the man of God: twenty loaves of barley and fresh ears of grain in his sack. Elisha said, "Give it to the people and let them eat." But his servant said, "How can I set this before a hundred people?" So he repeated, "Give it to the people and let them eat, for thus says the LORD, 'They shall eat and have some left.'" He set it before them, they ate, and had some left, according to the word of the LORD.

Or **2 Samuel 11:1-15**

PSALM Psalm 145:10-19

R *You open wide your hand, O Lord, and satisfy our needs.*

All your works praise you, O Lord,
and your faithful servants bless you. **R**

They make known the glory of your
kingdom
and speak of your power;
That the peoples may know of your
power
and the glorious splendour of your
kingdom. **R**

Your kingdom is an everlasting
kingdom;
your dominion endures throughout all
ages.
The Lord is faithful in all his words
and merciful in all his deeds.
The Lord upholds all those who fall;
he lifts up those who are bowed
down. **R**

The eyes of all wait upon you, O Lord,
and you give them their food in due
season.

You open wide your hand
and satisfy the needs of every living
creature. **R**

The Lord is righteous in all his ways
and loving in all his works.

The Lord is near to those who call
upon him,
to all who call upon him faithfully. **R**

SECOND READING

Ephesians 3:14-end

A reading from the letter of Paul to the Ephesians.

I bow my knees before the Father,
from whom every family in heaven
and on earth takes its name. I pray
that, according to the riches of his
glory, he may grant that you may be
strengthened in your inner being with
power through his Spirit, and that
Christ may dwell in your hearts through
faith, as you are being rooted and
grounded in love. I pray that you may
have the power to comprehend, with
all the saints, what is the breadth and
length and height and depth, and to
know the love of Christ that surpasses
knowledge, so that you may be filled
with all the fullness of God. Now to
him who by the power at work within
us is able to accomplish abundantly far
more than all we can ask or imagine,
to him be glory in the church and in
Christ Jesus to all generations, for ever
and ever. Amen.

GOSPEL John 6:1-21

Hear the gospel of our Lord Jesus Christ according to John.

Jesus went to the other side of the
Sea of Galilee, also called the Sea of
Tiberias. A large crowd kept following
him, because they saw the signs that
he was doing for the sick. Jesus went
up the mountain and sat down there
with his disciples. Now the Passover,
the festival of the Jews, was near.
When he looked up and saw a large
crowd coming towards him, Jesus
said to Philip, "Where are we to buy
bread for these people to eat?" He
said this to test him, for he himself
knew what he was going to do. Philip
answered him, "Six months' wages

would not buy enough bread for
each of them to get a little." One of
his disciples, Andrew, Simon Peter's
brother, said to Jesus, "There is a boy
here who has five barley loaves and
two fish. But what are they among
so many people?" Jesus said, "Make
the people sit down." Now there was
a great deal of grass in the place; so
they sat down, about five thousand
in all. Then Jesus took the loaves,
and when he had given thanks, he
distributed them to those who were
seated; so also the fish, as much as
they wanted. When they were satisfied,
he told his disciples, "Gather up the
fragments left over, so that nothing
may be lost." So they gathered them
up, and from the fragments of the
five barley loaves, left by those who
had eaten, they filled twelve baskets.
When the people saw the sign that he
had done, they began to say, "This is
indeed the prophet who is to come
into the world." When Jesus realized
that they were about to come and
take him by force to make him king,
he withdrew again to the mountain
by himself. When evening came, his
disciples went down to the lake, got
into a boat, and started across the
lake to Capernaum. It was now dark,
and Jesus had not yet come to them.
The lake became rough because a
strong wind was blowing. When they
had rowed about three or four miles,
they saw Jesus walking on the lake
and coming near the boat, and they
were terrified. But he said to them,
"It is I; do not be afraid." Then they
wanted to take him into the boat, and
immediately the boat reached the land
towards which they were going.

POST COMMUNION

Holy Father,
who gathered us here around the
table of your Son
to share this meal with the whole
household of God:
in that new world where you reveal
the fullness of your peace,
gather people of every race and
language to share in the eternal
banquet of Jesus Christ our Lord.