

A collage of fresh vegetables and fruits is arranged around the perimeter of the white circle. On the left, there are cherry tomatoes, a pomegranate, an apple, and asparagus. At the bottom left, there is a head of lettuce and an orange. On the right, there are mushrooms, a yellow bell pepper, carrots, and more cherry tomatoes.

# DINNER MENU

**OJAS** in Sanskrit means -Vigor or essence of Vitality.

**ALLERGENS INFORMATION:**

OUR MENU MAY CONTAIN ALLERGENS LIKE BUT NOT LIMITED TO; NUTS, GLUTEN, SOY, DAIRY ETC.  
PLEASE INFORM YOUR SERVER OF ANY ALLERGIES BEFORE ORDERING.  
WE'LL DO OUR BEST TO ACCOMMODATE YOUR NEEDS.

ALL OUR CHEESES ARE RENNET-FREE.

INGREDIENTS ARE SUBJECT TO CHANGE WITHOUT NOTICE, BASED ON AVAILABILITY .  
PRICES DO NOT INCLUDE APPLICABLE TAXES (13% HST).

## SOUP

UDON SOUP  

14.99

bell pepper, carrot, bok choy, onion, garlic, soy paste,  
vegetable stock, tofu, green onion and Udon noodles.

ROASTED TOMATO SOUP  

13.99

roasted tomatoes, cooking cream, onion, garlic, butter, carrot,  
celery, leek and herbs like basil etc.

LENTIL SOUP  

13.99

red lentils, vegan cream, lemon, onion, garlic, celery, leek and potato.

## SALAD

BEET & ORANGE SALAD    or 

15.99

beets, oranges, mixed greens, **walnuts**, raspberry, balsamic,  
honey, pumpkin seeds, and feta or vegan cheese.

GREEK SALAD   or 

12.99

mixed greens, cucumbers, tomatoes, a tangy feta or vegan  
cheese, house-made balsamic vinaigrette and black olives.

CAESER SALAD  or 

\$12.99

romaine lettuce, romano or vegan cheese, vegan bacon,  
vegetarian or vegan caesar dressing and pita croutons.

*\*Add on: Plant based chicken slices* 

5.99

## APPETIZER

NACHOS PLATTER   or 

17.99

tri-colour nachos ,tomato ,onion, arugula, cheddar or  
vegan cheese. side-sour cream and salsa.

TACOS (3 pcs)  

13.99

corn taco shell, tacos spices, mixed beans, seasonal  
veggies, plant based beef, tomato salsa, cilantro, lettuce,  
jalapeño, Indian masala, lemon and vegan cheese.

FRIED PICKLE SPEARS (6 pcs) 

11.99

breaded dill pickle slices, marinara sauce.

SWEET POTATO PLATTER 

10.99

sweet potato fries, smoked paprika , vegan chilli mayo.

CAULIFLOWER WINGS  

14.99

breaded cauliflower, sweet chilli sauce, BBQ sauce, arugula,  
sesame seed and green onion.

MOZZA STICKS 

11.99

breaded Mozza sticks, marinara sause.

PAPDI CHAAT 

11.99

crispy semolina wafers, chickpea, onion, cilantro, yogurt, tamarind sauce, mint sauce, spiced vermicelli, pomegranate seeds, potatoes, indian herbs and spices.

## BURGER, SANDWICHES

OJAS BURGER WITH FRIES  or 

18.99

house-made mixed beans patty, egg free bun, lettuce, tomato, Cheddar or vegan cheese, vegan mayonnaise, pickle, caramelized onion, regular or sweet potato fries.

PANINI SANDWICH WITH FRIES  or 

16.99

ciabatta bread, bell pepper, onion, zucchini, carrot, broccoli, mushroom, cheddar or vegan cheese, hummus and regular or sweet potato fries.

PHILLY CHEESE SANDWICH WITH FRIES   or 

17.99

ciabatta bread, plant-based beef, bell pepper, onion, zucchini, carrot, broccoli, mushroom, mozzarella or vegan cheese and regular or sweet potato fries.

QUESADILLAS WITH FRIES   or 

18.99

plant-based beef, hummus, bell pepper, onion, zucchini, carrot, broccoli, mushroom, jalapeño, cheddar or vegan cheese, side - salsa, sour cream, regular or sweet potato fries.

*\*Upgrade the side with Greek salad*

4.99

## PIZZA

All pizzas are 11" of size

MUSHROOM MASALA PIZZA   or 

22.99

cauliflower flour crust, mushroom masala, soft mozzarella and cheddar or vegan cheese and homemade tomato pizza sauce.

PEPPERONI PIZZA   or 

22.99

cauliflower flour crust, mozzarella or vegan cheese, vegan pepperoni, house-made tomato sauce base.

KETO PIZZA   or 

22.99

cauliflower flour crust, olive oil, soft mozzarella and cheddar or vegan cheese, mushroom, caramelized onion and spinach.

CHEESE PIZZA   or 

17.99

cauliflower flour crust, mozzarella and cheddar or vegan cheese.

## MAIN COURSE

YAKI UDON NOODLE   19.99


wheat Udon noodles, bell peppers, carrots, onions, broccoli, mushrooms, bok choy, soy sauce, hoisin sauce, sesame seeds and sesame oil.

CHICKPEA FUSILLI PESTO PASTA   27.99

chickpea pasta, zucchini, bell pepper, carrot, arugula and pesto sauce.

MONGOLIAN FRIED RICE   19.99

sushi rice, plant-based beef, onion, carrot, potato, pepper, garlic, potato fries, zucchini, and soy sauce.

 CHICKEN VINDALOO(hot)    21.99plant based chicken, potato, onion, tomato, white vinegar, chilli flakes, cilantro, ginger, garlic, **cashew nut and** Indian spices.BUTTER CHICKEN    or  21.99plant based meat chunks, cooking or vegan cream, tomato, onion, ginger, garlic and **cashew nut**, Indian curry spices.SHAHI PANEER    21.99cottage cheese, tomatoes, onion, **cashew nut, almond**, cooking cream, ghee, garam masala, fenugreek leaves, cardamom, milk, ginger and garlic. PANEER PESHAWARI (hot)    22.99cottage cheese, tomatoes, onion, cilantro, green chillies, **cashew nut, almond nut**, cooking cream, ghee, garam masala, coriander seeds, turmeric, chilli pepper, cooking cream.CHILLI TOFU   19.99

tofu, bell pepper, onion, tomato, garlic, sweet &amp; sour chili sauce, soy sauce, sesame seeds.

TOFU MATAR     or  19.99tofu, green peas, onion, tomato, ginger, garlic, cilantro, **cashew nuts**, Indian curry spices, cooking or vegan cream.CHANA MASALA    or  19.99chickpeas, onion, tomato, ginger, garlic, cilantro, **cashew nut**, Indian curry spices, cooking or vegan cream.

# DINNER MENU

THALI (Regular or Jain)   25.99

chana masala, shahi tofu, greek salad, rice, bread,  
gulab jamun, pickle, **cashew nut** and **almond**.

EGGPLANT CURRY   22.99

eggplant, onion, tomato, cilantro, ginger, garlic,  
**cashew nut**, Indian spices.

 THAI RED COCONUT CURRY   22.99

coconut milk, red curry spices, carrots, cauliflower, tofu,  
zucchini, bell peppers. cilantro and green onions.

**ALL CURRIES COME WITH SIDE OF RICE OR NAAN OR ROTI.**

*\*Upgrade the side with Cumin rice - 1.99*

*\*Upgrade the side with Mushroom rice - 3.99*

*\*Upgrade the side with Garlic naan - 1.59*

## SIDES

BASMATI RICE   3.99

CUMIN RICE   5.99

MUSHROOM RICE   7.99

GARLIC NAAN  4.99

BUTTER NAAN  3.99

TANDOORI ROTI  2.99

SAUTEED VEGETABLES   9.99

olive oil, garlic, bell pepper, onion,  
zucchini, carrot, broccoli, mushroom.

## DESSERT

CARROT CAKE     8.99

CHOCOLATE CAKE    8.99

GULAB JAMUN  5.99

## KID'S MENU

(KIDS MENU IS AVAILABLE FOR BELOW 12 YRS OLD ONLY)

CHICKEN NUGGETS WITH FRIES   9.99

PASTA  13.99