

The Spiritual Warfare Rosary

The Apostles Creed

Our Father

3 Hail Marys

Glory Be

(on the medal) By the power of this Rosary, I pray the blessed Virgin Mary to intercede for me, my family, and the whole world. By these prayers I invoke St. Michael and my guardian Angel to fight with me against evil through the power of the suffering, death, and resurrection of the one Lord, Jesus Christ. Amen.

The First Sorrowful Mystery: The Agony in the Garden

Meditate for Victory- Doubt, Fear, and Persecution

The Sorrowful Mysteries take us, with Christ, into the very heart of darkness. In each of these mysteries, as we identify with Christ's sufferings, we will also identify with the sufferings of His precious Body, the Church. Can you hear Jesus' groans of agony? The Gospel says that in his doubt, fear, and loneliness, He sweated blood. This is not just a symbol. Sweating blood occurs when a person is under extreme stress and the agony of fear. The condition has been noted among people waiting on death row, just before their execution. Jesus' agony is that of all those who are locked in Satan's prison of doubt, fear, and blame.

As you see Jesus being tormented by the darkness, see how His suffering gathers up the suffering of those who are persecuted for their faith. They are the victims of the doubt, fear, and blame that come from alienation from God. For your own healing, offer up to God any doubt, fear, and blame that darkens your own memory, your own heart, and your own relationships with others. Join your sufferings with the fear that Christ felt, and let him gather up your anxiety into His.

Battle Points: on each bead, pray to support one of these good intentions:

Hail Mary . . .

- For healing for those who are locked in depression, rage, and fear
- For those troubled with doubt
- For all who are rejected by family and friends
- For all who imagine that they are unloved
- For psychiatrists, psychologists, and counselors
- For reconciliation for all who are alienated from God's love and forgiveness
- For forgiveness for those who blame others because of their race, religion, or ethnicity
- For priest to minister to those locked in doubt, fear, and rage
- For those threatened by persecution
- For legislators and soldiers who battle against persecutions

Glory be . . .

O my Jesus . . .

Father in heaven, it is your will that we live in peace and trusting harmony with you and with our neighbor. Deliver us from Satan's darkness of fear, suspicion, rage, and hatred. Protect all Christians from those who would project on to them their rage and blame them for their problems. Save them from the pains and perils of persecution. This we pray by virtue of our Lord's sorrowful passion. Amen.

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The Second Sorrowful Mystery: The Scourging at the Pillar

Meditate for Victory- Imprisonment and Torture

Jesus' being held as a prisoner and being flogged at the pillar is the sign of His complete identification with all those who have lost their freedom and are tortured by their own evil choices and by those who hate them. In this mystery, Jesus goes down into the depths of the prison, torture, and anguish to rescue the lost sons and daughters of Eve.

As you pray this mystery do not avoid the gruesome vision of Jesus during the most cruel and heartless torture at the hands of the Roman soldiers. Identifying with Jesus' Passion helps us to remember in prayer all those who are victims of torture and unjust punishment – especially our Christian brothers and sisters who are imprisoned for their faith.

As you meditate on Jesus' loss of freedom and cruel torture, also bring to mind all prisoners, no matter what they have done. Remember all those who are locked in the prison house of addiction and slavery to their own sinful choices. Christ came to rescue them as well, and His suffering love can reach down even to the darkest prison and the human heart locked in the darkest bondage.

Battle Points: on each bead, pray to support one of these good intentions:

Hail Mary . . .

- For prisoners
- For prison chaplains
- For prison officers
- For judges and lawyers
- For those who are imprisoned unjustly
- For those who face deprivation or torture
- For those who rehabilitate prisoners
- For those who are in bondage to addictions
- For those who help addicts break free
- For those who are in bondage to Satan

Glory be . . .

O my Jesus . . .

Heavenly Father, you sent your Son, Jesus Christ, to set prisoners free. Strengthen and encourage all who mistier in our prisons. Help judges and lawyers to administer justice tempered with mercy. Deliver our leaders from the temptation to use cruelty, violence, or torture in their treatment of prisoners. Deliver those in bondage to addictions. Most of all, deliver us from all that keeps us in chains spiritually. Help us to overcome our slavery to sin, and by your Holy Spirit, set us free. Amen.

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The Third Sorrowful Mystery: The Crowning with Thorns

Meditate for Victory- Mockery, Humiliation, and Abuse of the Poor

In this Sorrowful mystery, think how terrible it would be to have your dignity torn away from you. What is it that gives you your self-worth and makes you proud to be a son or daughter of the heavenly Father? What if that were taken from you?

Imagine Jesus, the King of kings and Lord of lords, being beaten and humiliated by the soldiers who had no idea what they were doing. He who was the very source of dignity, goodness, and life was kicked around, mocked, and scorned. As Jesus' dignity was stripped away, He identified completely with all those whose innate human dignity has been demolished.

See Jesus' suffering and meditate on what He endured. His dignity was shattered so that ours might be restored. The very image of God in man and man in God was broken, despised, and humiliated so that we might recover the dignity of the sons and daughter of God.

Battle Points: on each bead, pray to support one of these good intentions:

Hail Mary . . .

- For the poor and those who help them
- For the homeless and those who help them
- For the unemployed and those who help them
- For refugees, immigrants, and those who help them
- For those rejected by their family and friends
- For those who suffer from mental illness or mental defects and those who help them
- For the disabled, the wounded, the chronically ill, and those who help them
- For those who work for peace and justice on behalf of the oppressed
- For those who are wrongly accused
- For those who work to defend human rights

Glory be . . .

O my Jesus . . .

Our loving, heavenly Father, each one of us is created in your image, with infinite worth and noble dignity. Comfort and support all those who are humiliated by their situation in life. Defend them from the strong and the arrogant who would push them down further with mocking and cruelty. Strengthen and encourage all those who work for human rights and for justice for the poor, and help us to treat each person our brother and sister in Christ. Amen.

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The Fourth Sorrowful Mystery: The Carrying of the Cross

Meditate for Victory- War, Gangs, and Mob Violence

As you meditate on this Sorrowful mystery, see Jesus taking on Himself the mockery, cruelty, and senseless attack of the mob. As He drags His cross through the streets, hear their howls. See their mocking faces, and sense the stink of their sweat and the smell of their rage.

Jesus takes it all. Then see in this path of sorrow how Simon of Cyrene shares the cross of Christ. This is the role of each one who prays the rosary for spiritual warfare. We walk with Christ and understand the depth of the darkness that He faced. We take up our cross and follow Him, and so we help to bear the weight, carry the pain, and win the reconciliation and peace.

This is why we call Jesus the Prince of Peace – not because He is a lofty diplomat who negotiates a peace but because he is a bloodied warrior who battles the Prince of darkness and wins the prize. The peace of Christ is not some weak and passive submission to evil. It is the peace that comes from a hard won victory.

As you meditate on Jesus making his way to the mountain of sacrifice., see every step of his long hard trek as one more sword stroke against our indomitable foe.

Battle Points: on each bead, pray to support one of these good intentions:

Hail Mary . . .

- For the strengthening of families, communities, and the Church
- For victims of gang violence
- For victims of war
- For those who work to save young people from gangs
- For police and law-enforcement officers
- For soldiers who fight in just wars
- For those wounded by wars
- For diplomats and peacemakers
- For soldiers who are peacekeepers
- For the repose of the souls of those lost in battle

Glory be . . .

O my Jesus . . .

Father in Heaven, your Son, Jesus Christ, is the Prince of Peace. Deliver us from the anti-family of mob violence and the bloodshed of war. Strengthen and encourage all who work for peace and true justice. Help members of the military and police to protect the peace, nurture security, and guard what fragile peace there is. Deliver us from the curse of murdering one another, and by Your Holy Spirit, build us into a community of peace, justice, and reconciliation, all this for the sake of your Son, our Lord Jesus Christ. Amen.

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The Fifth Sorrowful Mystery: The Crucifixion and Death of Our Lord

Meditate for Victory- Murder, Execution, and Genocide

In the Middle Ages, the idea was popular of Jesus being a great warrior, with the cross as His battlefield. On the cross, He battled the ancient foe and trampled down the serpent. The enemy was the Dark Lord of Death itself.

There, as He is nailed to the tree and endures His final agony, see that He is enduring not only the physical pain but also the torment of being separated from the source of life and love. He is going into the realm of death, going into the great darkness, and it is this battle that is His greatest ordeal.

As you meditate on this Sorrowful mystery, all those who are facing death by violence, all those who have committed acts of murder, and all those who are the victims of violence. As you see Christ's abundant life bruised, broken, and finally destroyed, see also how bitter hatred and refusal of forgiveness ultimately bring death and destruction.

Battle Points: on each bead, pray to support one of these good intentions:

Hail Mary . . .

- For victims of violence
- For the families of victims of violence
- For those who face death by execution, torture, or genocide
- For those who minister to prisoners on death row
- For those who protect others from violence
- For the spirit of forgiveness and reconciliation
- For those who are locked in bitter anger and seek revenge
- For peacemakers
- For those who minister to prisoners guilty of violent crime
- For the repose of the souls of those killed by violence

Glory be . . .

O my Jesus . . .

Heavenly Father, You looked with great sorrow on the death of your only-begotten Son, our Lord Jesus Christ. He entered the darkness of death to win the final victory, and He battled the Ancient Accuser to bring reconciliation and forgiveness to all. Deliver us from the spirit of hatred, bitterness, and revenge. Drive far from us all violence and bloodshed, and preserve your people in peace and in the abundant life you promise. Amen.

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Hail, Holy Queen, Mother of Mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning, and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

V. Pray for us, O Holy Mother of God.

R. That we may be made worth of the promises of Christ.

Concluding Rosary Prayer

Let us pray: O God, whose only begotten Son, by his life, death, and resurrection, has purchased for us the rewards of eternal life, grant, we beseech thee, that meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

St Michael the Archangel

Saint Michael the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray, and do thou, O prince of the heavenly host, by the power of God, thrust into Hell Satan and all evil spirits who prowl about the world seeking the ruin of souls. Amen

Courtesy of the Legion of Mary, Our Lady of Humility

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The Apostles Creed

Our Father

3 Hail Marys

Glory Be

(on the medal) By the power of this Rosary, I pray The Blessed Virgin Mary to intercede for me, my family, and the whole world. By these prayers I invoke St. Michael and my guardian Angel to fight with me against evil through the power of The suffering, death, and resurrection of The one Lord, Jesus Christ. Amen.

The First Glorious Mystery: The Resurrection of Our Lord

Meditate for Victory- Pollution and Corruption

Can you see the sunrise and feel the cool breeze as Mary Magdalene hurries to the garden to finish burying the one she loved? Everything about the spring morning speaks of new life, new innocence, and a new beginning. Older traditions held that Mary Magdalene was a prostitute, but the gospels simply say that she was the woman who was delivered from the oppression of seven demons.

What is clear is that Mary's fallen condition was a picture of our polluted, soiled, Satan dominated world. Mary Magdalene was set free and given a fresh start by Jesus. Her innocence was restored. She was a girl again. His healing and redeeming love brought Her to Her own inner resurrection. That which was old was made new. That which was polluted, dead, and dying was restored completely on that Easter morning.

As you meditate on this bright promise, see how the Lord has healed you and given you a fresh start. Turn again with your prayer to be restored and renewed in Christ. Ask that the fresh life of the resurrection might surge through you and that the power of Christ might banish the greed, lust, corruption, and pollution in The world, and restore again our humanity's innocence.

Battle Points: on each bead, pray to support one of these good intentions:

Hail Mary . . .

- And whose lives are corrupted by lust and greed
- For those who work to protect the innocent
- For The poorest of the poor
- For those who strive for economic justice for the poor
- For those whose lives are ruined by the pollution of sin and despair
- For those who work with the poor in the developing world
- For victims of environmental disaster and those who help them
- For those who work for environmental cleanup and protection
- For those who work to establish humane treatment of animals
- For those who work to clean up political and economic corruption
-

Glory be . . .

O my Jesus . . .

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Heavenly Father, you created the world in great love and restored your creation with an even greater love. Look with mercy on your broken and wounded creation. Restore the innocence, truth, and beauty of your last children. Help those who strive to restore your soiled world and strengthen those who strive for economic justice and peace for the poor. All of this we ask in the name of the resurrected Lord Jesus Christ. Amen.

The Second Glorious Mystery: The Ascension of Our Lord

Meditate for Victory- Souls in Purgatory

The disciples watched as Jesus was taken up into Heaven from them. Can you sense their wonder and amazement? After He had gone, the angels told them to get busy, for there was still work to be done. This is the truth of the ascension for us. As we meditate on this mystery, we see Jesus taken up from us, but we also see the work that remains. The work is first for ourselves, that we will renew our commitment to live the resurrection life while we still have time Here on this earth. Now is the day of salvation, and now is the day for continuing our work of purification, because it is easier to accomplish this task here in the physical realm than it is after death.

It is the power of Jesus' resurrection and ascension that gives us the power on earth to complete this work. The power by which He rose from the dead and ascended to Heaven is at work in us through The Holy Spirit. To conclude the meditation, focus on the work of purification you have to do, the souls in purgatory you might pray for, and the realization that you do this in the power of the Holy Spirit, who is The focus of The next Glorious mystery.

Battle Points: on each bead, pray to support one of these good intentions:

Hail Mary . . .

- For those who are near death
- For those who are dying separated from God's love
- That we might not die unprepared
- For priests who ministered the sacraments to the dying
- For doctors and nurses who minister in hospices for the dying
- For those who are bereaved line for the eternal rest of the souls of our loved ones
- For the souls of our ancestors
- For the eternal rest of the souls of priests and religious
- For the eternal rest of the souls who have been forgotten

Glory be . . .

O my Jesus . . .

Heavenly Father, your son, Jesus Christ, died, rose again, and ascended into glory so that the way to Heaven might be open to all who believe. Strengthen and encourage those who have died in Christ love. Send your holy angels to assist them as they continue their journey to purification and final glory. Help us always to be aware of your great love and to use aright the time that is left to us here on earth.

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The Third Glorious Mystery: The Descent of The Holy Spirit

Meditate for Victory- Ideologies of Deception and Theft

The Spirit came on the Apostles and the Blessed Mother in tongues of flame and the sound of a mighty rushing wind. Can you imagine this? It is God's firestorm and hurricane to turn the world and its ideologies upside down.

As you meditate, think how much your own life is dominated by the concerns of the world. Think how much time you spend worrying about money, discussing politics, and debating the methods of worldly power. Isn't it a waste of your time? What if your life were totally swept away by the firestorm and tempest of God's Holy Spirit?

Imagine that fire and that when transforming your life and pray for those who are caught up in the false ideologies, hopes, and dreams of this world. Pray for their conversion and imagine the fire of God's love burning up Satan's false dreams and the mighty wind of God's new creation sweeping through your family, your community, and our world.

Can praying the rosary really change the course of human events? Of course, it can because praying the rosary changes the person who prays it . If all people prayed the rosary, they would draw closer to God, serve others in humility, and help naturally to build up all that makes for peace and the common good.

Battle Points: on each bead, pray to support one of these good intentions:

Hail Mary . . .

- To be filled with the Holy Spirit
- For our families to be filled with the Holy Spirit
- For our parishes and priests to be filled with the Holy Spirit
- For our diocese and bishops to be filled with the Holy Spirit
- For The spirit of generosity and charity to prevail
- For those who are dominated by envy and tempted to steal next line to be delivered from the spirit of greed and lust for power
- For those ensnared by the dreams of political and economic utopias
- For politicians to work for the common good
- For diplomats to seek peace, justice, and the common good

Glory be . . .

O my Jesus . . .

Lord God, you sent the Holy Spirit among us for the perfection of your people in the establishment of your church on earth. Deliver us from the worldly dreams and ambitions and help us seek the true brotherhood of the body of Christ. Give us the spirit of freedom, love, and charity for all so that by your Holy Spirit we may serve the common good and build up your community of love in this world. Amen.

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The Fourth Glorious Mystery: The Assumption of Mary into Heaven

Meditate for Victory- Materialism

Mary's assumption into Heaven was the final victory of God's grace in Her life. Her identification with Her son was complete. His grace gathering her up into his presence was a picture of the final sharing in His glory that all of us are called to, in our own way and through our own path of Providence. Her assumption was a fulfillment of the earthly and heavenly in one great transaction.

As you meditate on what God did for the Blessed Virgin Mary, imagine what great things He wants to do for you. He knows how you are made. He knew you before you were in your mother's womb, and He knows what greatness He has in store for you. He wants the eternal part of you to come alive so that you might be transformed from glory to glory.

Visualize Mary's assumption into complete glory as a sign also of the transformation of the whole human race and of the whole of God's creation. Saint Paul says that "The whole creation has been groaning with labor pains" (Rom 8:22) For the redemption and completion and glory that God has in store. Then see the sad distortion of this glory that we share in. See the twisted, sad decline of our race into envy, vanity, and pathetic self-absorption. Then envision instead the transformation of the physical realm from the inside out as all that we are becomes infused with the supernatural graces from above.

Battle Points: on each bead, pray to support one of these good intentions:

Hail Mary . . .

- For all who strive to be completely fulfilled in Christ
- For those who are locked in the sin of envy
- For those whose lives have no spiritual dimension
- For those whose lives are consumed with worldly ambition
- For those who care for nothing but efficiency and money
- For those who are obsessed by vanity and their reputation
- For those who are addicted to material possessions
- For atheists and those who deny the supernatural realm
- For guidance and protection of the guardian angels
- For deliverance from lies and distortions of the truth by Satan

Glory be . . .

O my Jesus . . .

Lord God, in the Blessed Virgin Mary you revealed to humanity our true goal, our destiny, and our home. Deliver us from all vanity and pride in our ambitions. Teach us to follow in the path of Mary, who was assumed into Heaven because she was the most humble person on earth. Finally bring us and your whole human family to that final supernatural glory which you have prepared for us, world without end. Amen.

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The Fifth Glorious Mystery: The Coronation of Mary as Queen of Heaven and Earth

Meditate for Victory- corruption and condemnation of humanity

The coronation of the Blessed Virgin is, in a way, the crowning of the whole church. All of the redeemed will share at the last in the crown of glory that God gives his adopted sons and daughters--for if we are adopted children of the King, that makes each one of us a prince and princess in the Kingdom.

As you meditate on this mystery, meditate on the glory of Heaven that awaits you. Your destiny is to take your place in Heaven. Once your purification is complete, you, too, will share in the glory that is prepared for all of God's children. That glory is the final sharing and all that is beautiful, eternal, good, and true.

Meditate also on the glory that will be when the whole of creation is redeemed. God will gather up all things and bring them into his eternal purpose. Nothing will be wasted. All will be harvest. All will be harmony. All will be peace. Then we will see that even the bad things we did will be turned to our glory, for they will have brought us one step closer to home.

Battle Points: on each bead, pray to support one of these good intentions:

Hail Mary . . .

- For all who wage spiritual warfare against the powers of darkness
- For all who are cooperating with God's grace on their path to Heaven
- For the intercession of our patron Saints
- For the intercession of the holy angels
- For those who preach to souls and rebellion against God
- For those who revel in pride against the beauty, truth, and goodness of God
- For atheist and agnostics who do not believe in Hell
- For those who delight in their sin and rebel against the Kingdom of Heaven
- For those who choose Hell over Heaven in this life
- For those who worship Satan and his angels

Glory be . . .

O my Jesus . . .

Heavenly Father, your son, Jesus Christ, has gone before us to prepare a place for us in Heaven. Open our Hearts to the wonders of His love and help us always to seek that which is beautiful, good, and true. Draw all your children to your love and deliver them from the bondage of Satan and from those angels that would drag them down to Hell forever. Save them from their slavery to sin, and bring them at last to your heavenly home, with the Blessed Virgin Mary and all the angels and Saints. Amen.

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Hail, Holy Queen, Mother of Mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning, and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

V. Pray for us, O Holy Mother of God.

R. That we may be made worth of the promises of Christ.

Concluding Rosary Prayer

Let us pray: O God, whose only begotten Son, by his life, death, and resurrection, has purchased for us the rewards of eternal life, grant, we beseech Thee, that meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

St Michael The Archangel

Saint Michael The Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray, and do thou, O prince of the heavenly host, by the power of God, thrust into hell Satan and all evil spirits who prowl about the world seeking the ruin of souls. Amen

Courtesy of The Legion of Mary, Our Lady of Humility

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The Spiritual Warfare Rosary

The First Joyful Mystery: The Annunciation

Meditate for Victory- Sexual Immorality

As we meditate on the perfect conception of Jesus at the Annunciation, we can see the total purity and joy of the Blessed Virgin Mary. She is a beautiful young girl, as natural and delightful as a day in May. She received the gift of a child in a moment of ecstasy and self-giving. This is the pure and abundant gift that God gives the human race as we share in his love, life, and light.

Imagine this innocence, abundance, and joy as a powerful force in the world. This is the unity and power of Mary – still active through the redeeming work of her son. Imagine this powerful purity radiating out into the world as an action of love and creativity. This is the beauty and power of a marriage between a man and a woman immersed in, and surging with, the sacramental love of God.

Now you can see how dark, distorted, and destructive sexual immorality is. Sexual sins are shallow, selfish, mean, and hopeless compared with the purity, goodness, and joy of a happy and faithful marriage. Imagine this goodness and power surrounding and supporting those who work to enhance and promote chastity and marriage. Use these battle points to focus your prayers.

Battle Points: on each bead, pray to support one of these good intentions:

Hail Mary . . .

- For those who teach chastity programs
- For those who teach “Theology of the Body”
- For counselors who help people with sexual addictions
- For priests who counsel those who confess sexual sins
- For those who struggle to live chastely
- For the single and celibate
- For those who are trapped in an unhealthy or sinful relationship
- For ministries that battle pornography
- For ministries that deliver men and women in the pornography industry
- For those who rescue men and women from prostitution and sexual abuse

Glory be . . .

O my Jesus . . .

Heavenly Father, pour out your divine love on our poor, broken human race. Give us the vision of your purity and power. Banish the darkness of immorality by the light of your everlasting love. Fill our hearts with that chaste love so that we will not seek it in distorted and destructive ways. This we pray through the King of love, our Lord Jesus Christ. Amen.

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The Second Joyful Mystery: Visitation (Luke 1:39-56)

Meditate for Victory - Abortion

Before you recite this decade of the Rosary, meditate on the mystery of the Visitation of Mary to Elizabeth. See the two pregnant women and see their quiet but intense joy. Try to see in their faces the radiant glow so often evident when women are going to have a baby. See their quiet confidence and supreme delight in being part of God's plan of creation, and in sharing in their own bodies the mystery of new life.

Focus on the Blessed Virgin. She bears the gift of new life while also still bearing in her young body and soul the gift of complete purity and goodness by God's grace. This total goodness and purity is powerful in the world. The life she shares with her child is the life that brings light to the world. The life she shares with her child is the source of everlasting joy and life. Her womb is a foreshadowing of the tomb. As Christ will burst forth from her at Christmas, so he will eventually burst forth from the tomb at Easter. He is life itself. By him, all things live and move and have their being.

Every pregnant woman, to a lesser degree, shares in this marvelous mystery of life, so now we can see how horrible, tragic, and terrifying the crime of abortion really is. Not only does it pluck out the life of an unborn child, but it is also an attack on the very principle of the divine life itself. Abortion is a horror from hell. Abortion is violence. Abortion is death.

Battle points: on each bead, pray to support one of these good intentions:

Hail Mary . . .

- For expectant mothers
- For women in crisis pregnancies
- For the fathers of unwanted, unborn children
- For pro-life campaigners
- For pro-life lobbyists and legislators
- For pregnancy counselors
- For gynecologists and women's medical staff
- For parents who have chosen life for a disabled child
- For adoption-agency workers
- For adoptive and fostering parents

Glory be . . .

O my Jesus . . .

Heavenly Father, the source of all life and love, pour down upon our angry and murderous world your gift of joyful life. Deliver us from Satan's lie that a new life is a burden and a curse. Strengthen all those who work to eliminate the crime of abortion and strengthen and encourage all those who have sacrificed to accept and nurture the gift of life. Amen.

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The Third Joyful Mystery: The Nativity (Luke 2:1-20)

Meditate for Victory- Artificial Birth

Stop for a moment and visualize the birth of Jesus and ponder the beauty of this natural-supernatural event. The birth of Christ reveals to the world the beautiful and simple way God works. Although Jesus' conception and birth were completely unique, they reveal a startling insight into how God works in the world. He creates new life through the loving union of two people.

Within the loving embrace, the sperm and egg meet. The moment of conception is not merely a biological event. The conception of the child is bathed in the light of love, and in a sacramental marriage it is bathed in the blessing of God's love. The child's nine months of gestation and finally the child's birth are surrounded by prayer, goodness, love, and light.

It must be different for a child conceived in a test tube, implanted in the womb through technology, and carried in the womb of someone other than his mother. It must be different for a child who finds himself with two "mother" or two "fathers." This is why children from these distorted relationships need love and acceptance, perhaps even more than a child conceived, carried, and born in natural conditions and circumstances.

Battle Points: on each bead, pray to support one of these good intentions:

Hail Mary . . .

- For childless couples
- For those who counsel childless couples
- For those who help childless couples achieve natural fertility
- For those who teach Natural Family Planning
- For those who counsel people with same-sex attraction
- For women driven through poverty to be surrogates
- For wisdom for those who work in the area of reproductive technology
- For wisdom for families of artificially produced children
- For children who were produced artificially
- For wisdom for those who work in the area of genetic engineering

Glory be . . .

O my Jesus . . .

Father in heaven, you have chosen to cooperate with husbands and wives in the creation of new life through the sacrament of marriage. Help us to understand those whose identities are distorted and confused. Enable us to see clearly the beauty, truth, and goodness of your plan for marriage, and give us the strength to build strong, faithful, and joyful families. Amen.

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The Fourth Joyful Mystery: Presentation in the Temple (Luke 2:22-39)

Meditate for Victory - Child Abuse

Jesus grew up in Nazareth not only with the love of a perfect mother and foster father but also with the friendship, support, and care of Joseph and Mary's extended family. That Jewish extended family in the village of Nazareth, aunts, uncles, and cousins. These are the kinsmen the Gospels record as Jesus' brothers and sisters.

Stop and visualize the happy tribe Jesus would have grown up with. His childhood was confident, innocent, and free. He was supported by noble, loving father figures and gentle, beautiful, and strong women. The Gospel says he "increased in wisdom and in stature, and in favor with God and man" (Lk 2:52). This is the picture of a perfect childhood, and this is the positive and joyful image we embrace as we meditate on this mystery.

How different it is for children whose lives are distorted and destroyed by poverty, promiscuity, broken homes, divorce, slavery, and all forms of abuse. As we pray the Rosary, we envision Jesus' perfect and carefree childhood, and we pray for God's supernatural strength and help for children whose lives are broken by abuse, and for all those who nurture and protect the precious gift of children.

Battle points: on each bead, pray to support one of these good intentions:

Hail Mary . . .

- For parents and grandparents
- For brothers and sisters
- For those who struggle as single parents
- For teachers
- For children's doctors, nurses, and counselors
- For child-protection professionals
- For law-enforcement officials who battle child abuse
- For orphans and those who care for them
- For victims of child abuse to receive healing
- For guardian angels to watch over and protect our children

Glory be . . .

O my Jesus . . .

Father in heaven, your Son entered our world as a little child. Watch over all children. Deliver us from those evils that cause the distortion and destruction of childhood. Help us to provide safe, loving, strong, and joyful communities where our children can be nurtured in confidence, educated with love, and formed in the image of the child Jesus Christ. Amen.

The Spiritual Warfare Rosary

The Fifth Joyful Mystery: Finding in the Temple (Luke 2:42-52)

Meditate for Victory - Teen Tragedies

Can you use your imagination to see Jesus as a teenager? He must have been handsome, smart, and funny. He must have been full of energy, enthusiasm, and joy. No doubt the girls and other boys gathered around the leadership of his natural intelligence, wit, and deep spirituality.

There are few things more joyful to experience than the beauty, energy, and drive of young people. Their laughter, edginess, and ability to think outside the box is refreshing and stimulating. Jesus brought all this to adolescence and more. Already he was aware of the intimate relationship he had with his heavenly Father. Already he was willing to share the truth, beauty and goodness he understood with others.

Teenagers who drift into low self-esteem, rebellion, and insecurity show how Satan wants to destroy and distort the positive and joyful years of adolescence. As we pray the Rosary, we envision Jesus' perfect teenage years and ask for God's supernatural strength and help for all those who nurture, teach, protect, and form the precious gift of young people.

Battle Points: on each bead, pray to support one of these good intentions:

Hail Mary . . .

- For parents and grandparents of teenagers
- For middle school, high school, and college teachers
- For youth workers
- For coaches and mentors
- For those who counsel teenagers with problems
- For those who are disobedient to parents
- For young people struggling with addiction
- For the gift of chastity
- For those who work with young offenders
- For teenage victims of abuse

Glory be . . .

O my Jesus . . .

Heavenly Father watch over our teenagers and young people. Deliver them from evil. Help them to know the joy of their youth. Keep them safe from all harm and help us to give them the love, acceptance, and care they need as they launch out into life. Finally, in your mercy, grant them the gift of confident faith, that they might hear the call of Christ and follow him with joy. Amen.

The Spiritual Warfare Rosary

Hail, holy Queen, Mother of Mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning, and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

V. Pray for us, O Holy Mother of God.

R. That we may be made worth of the promises of Christ.

Concluding Rosary Prayer

Let us pray: O God, whose only begotten Son, by his life, death, and resurrection, has purchased for us the rewards of eternal life, grant, we beseech thee, that meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

St Michael the Archangel

Saint Michael the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray, and do thou, O prince of the heavenly host, by the power of God, thrust into Hell Satan and all evil spirits who prowl about the world seeking the ruin of souls. Amen

Courtesy of Our Mother's Hands ministry

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