

Skin Care Specialist Contact: \_\_\_\_\_

Patient Name: \_\_\_\_\_ Email Address: \_\_\_\_\_

Date: \_\_\_\_\_ Next Appointment: \_\_\_\_\_

FOR OPTIMAL RESULTS AND A HEALTHY GLOW, CONTINUE YOUR CLINICAL TREATMENT WITH THE FOLLOWING HOME CARE REGIMEN:

## CLEANSERS

	AM	PM
Purifying Gel Cleanser	<input type="checkbox"/>	<input type="checkbox"/>
HydraBoost	<input type="checkbox"/>	<input type="checkbox"/>
Acne Clarifying Cleanser	<input type="checkbox"/>	<input type="checkbox"/>
SensiCalm	<input type="checkbox"/>	<input type="checkbox"/>

## EXFOLIATORS - (2-3x per week)

	AM	PM
Bright & Clear Solution	<input type="checkbox"/>	<input type="checkbox"/>
Lotus Scrub		<input type="checkbox"/>
Enzymatic Peel		<input type="checkbox"/>
AHA Renewal Serum		<input type="checkbox"/>

## SPECIALTY SERUMS

	AM	PM
EverActive C&E <sup>®</sup> + Peptide	<input type="checkbox"/>	
Vitamin Rich Smoother (vitamin C 15%)	<input type="checkbox"/>	
Retinol Resurfacing Serum 0.25 / 0.5 / 1.0		<input type="checkbox"/>
Alumience A.G.E. <sup>®</sup>	<input type="checkbox"/>	<input type="checkbox"/>
Ultimate Boost Serum	<input type="checkbox"/>	<input type="checkbox"/>
Calm-R <sup>®</sup>	<input type="checkbox"/>	<input type="checkbox"/>
EvenTone Brightening Serum	<input type="checkbox"/>	<input type="checkbox"/>
Intellibright Complex	<input type="checkbox"/>	<input type="checkbox"/>

	AM	PM
Lightening Lotion	<input type="checkbox"/>	<input type="checkbox"/>
Acne Balancing Serum	<input type="checkbox"/>	<input type="checkbox"/>
Matticlear	<input type="checkbox"/>	<input type="checkbox"/>
Spot Clearing Lotion	<input type="checkbox"/>	<input type="checkbox"/>

### Eye Products

	AM	PM
AluminEye <sup>®</sup>	<input type="checkbox"/>	<input type="checkbox"/>
Retinol Eye Gel		<input type="checkbox"/>

## MOISTURIZERS

	AM	PM
HydraSmooth	<input type="checkbox"/>	<input type="checkbox"/>
HydraClarité	<input type="checkbox"/>	<input type="checkbox"/>
HydraCalm	<input type="checkbox"/>	<input type="checkbox"/>
HydraLight	<input type="checkbox"/>	<input type="checkbox"/>

	AM	PM
HydraDew	<input type="checkbox"/>	<input type="checkbox"/>
HydraRich	<input type="checkbox"/>	<input type="checkbox"/>
Recovery Balm	<input type="checkbox"/>	<input type="checkbox"/>
Neck & Décolleté Firming Cream		<input type="checkbox"/>

## SUNSCREENS

	AM
Moisture Matte SPF 40 (Ivory, Sand, Amber)	<input type="checkbox"/>
Sheer Hydration SPF 40 (Untinted and Versatile Tint)	<input type="checkbox"/>
Clear Shield SPF 42	<input type="checkbox"/>

## IN-CLINIC PROFESSIONAL TREATMENTS

	Frequency / Next Visit	Notes
<input type="checkbox"/> AlumierMD Professional Peels	_____	_____
<input type="checkbox"/> AlumierMD Enzyme Treatment	_____	_____
<input type="checkbox"/> AlumierMD Refining Clay Treatment	_____	_____
<input type="checkbox"/> AlumierMD Deep Moisturizing Treatment	_____	_____
<input type="checkbox"/> AlumierMD Aqua Infusion Treatment	_____	_____
<input type="checkbox"/> Eye Rescue Treatment	_____	_____