

Really Know Yourself?

Who & What You Are

Natural Abilities?

- Do you learn better by reading or by listening to lectures or tapes?
- Do you prefer to study alone or in study groups?
- Are you compulsive about organizing your homework?
- Do you think aloud or do you keep your thoughts to yourself?
- Are you uncomfortable in a large class?

The answers to these questions may be the keys to your ideal study program and to your choice of majors, college, curriculum and career.

- What do you do easily and well?
- What are your best career choices?
- What major or study program is best for you?
- What colleges should you consider?
- What college is right for you?

Let the Highlands Ability Battery, gold standard among student assessment tools, lead you to the answers.



The Highlands Ability Battery is a series of 19 exercises that measure and define your natural abilities. This is not like any other test you've ever taken. In each exercise, you use your keyboard to solve a puzzle that tells us something about you.

There are no grades and no good or bad results. Each exercise measures a particular aptitude – how well you can distinguish one musical note from another, for example. Or whether you prefer concrete tasks to abstract problems. You will find most of the exercises to be challenging and interesting. And you'll be amazed how much they reveal about you.

After you complete the Battery, you will receive a 33-page report describing your results. This report will help you find the answers to many vital questions:

How do I learn best? What is the best study environment for me? How do I communicate best with my fellow students? How do I solve problems and make decisions most easily? How shall I plan my classroom, study and homework schedules?

After you have received your report, you go over the results in detail with a highly trained feedback consultant. In a 2-hour feedback session, you and your consultant discuss your abilities as they relate to your school career and the courses for which your profile ideally suits you. This process is the foundation for developing a long-term career strategy.

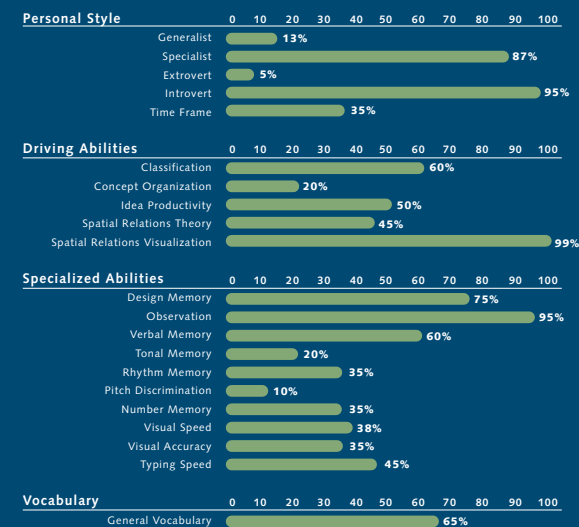
Everyone is born with natural abilities. Natural abilities are not influenced by education or experience, they are just there to be harnessed and developed. By the age of fourteen your natural abilities have matured enough to be defined and measured.

The Highlands Company has trained scores of professionals throughout the country to administer the Highlands Ability Battery and interpret the results. Many work exclusively with High School students.

No matter who you are or what stage of your education you are in, you can count on your ability profile to be a practical, objective way to provide you with direction and focus. You will gain the knowledge that allows you to make practical decisions about educational choices and career options.



A Sample Highlands Ability Profile



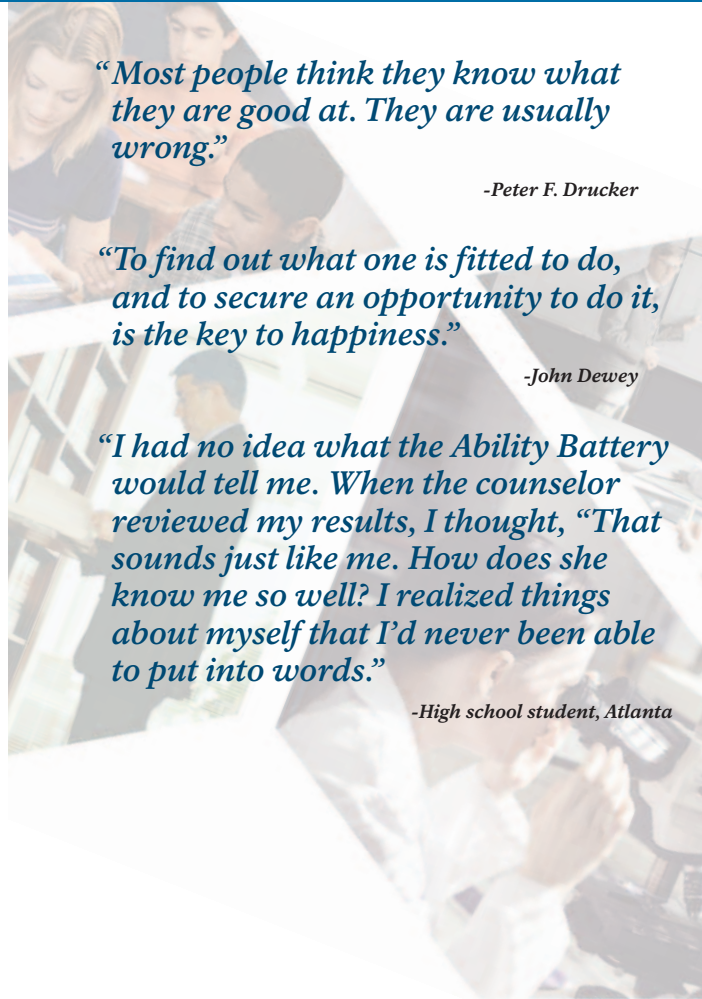
The Ability Battery Work?



After years of development, the online version of The Highlands Ability Battery was introduced on June 1, 2004. The online version enables everyone to complete the Battery on any Internet browser and on a PC or MAC. The Battery is also available in two other forms. The Paper and Pencil version is administered in person. The CD version was developed in 2003 and is an alternative to the online version.

In all three forms, the Highlands Ability Battery is unique among assessment tools because it provides objective measurements of natural abilities. Because it does not depend on self-reporting or on subjective appraisals, it gives you a clear and powerful picture of who you really are.

A feedback consultation always accompanies the Ability Battery and is an integral part of the Highlands process. The feedback is designed to guide you in making your innate abilities work for you. The feedback can be delivered in group format as well as individually.



“Most people think they know what they are good at. They are usually wrong.”

-Peter F. Drucker

“To find out what one is fitted to do, and to secure an opportunity to do it, is the key to happiness.”

-John Dewey

“I had no idea what the Ability Battery would tell me. When the counselor reviewed my results, I thought, “That sounds just like me. How does she know me so well? I realized things about myself that I’d never been able to put into words.”

-High school student, Atlanta



THE HIGHLANDS COMPANY

Tech Support: 866-528-3069

The Highlands Ability Battery is available through Certified Affiliates throughout the world.

HighlandsLifeAndCareerCenter.com

The Highlands Ability Battery

Designed Especially for Students



- Defines Your Natural Abilities
- Promotes Self-Understanding
- Builds Self-Confidence
- Guides Educational Choices
- Optimizes Career Options
- Trains You to Talk to Admissions Officers & Employment Prospects
- Leads to Success and Self-Fulfillment



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