

THE  
COMPASS  
BAR COWES

# COMPASS FOOD



## - Nibbles -

Choose from a selection of nuts, crisps and snacks, displayed at the bar, between £2 and £5 per item.

## - Olives -

Bowl of mixed olives £6



## - Arancini -

Four arancini balls served on aioli £10

## - Fries -

Sharing bowl of seasoned Fries £7

Sharing bowl of Cajun spiced fries £8

Sharing bowl of Asian chili Nori fries £9

Sharing bowl of fries topped with vegan homemade aioli £9

Sharing bowl of fries with homemade vegan slaw £10

## - Loaded Fries -

Fries topped with one of the following toppings...

### **Pork Carnitas**

*Sweet and sticky pork, with a citrus kick.*

### **Beef Barbacoa**

*Slow cooked beef brisket in a rich smoky & spicy sauce.*

### **Mexican Vegan Beans**

*Our spin on classic refried beans with a Cajun kick.*

All £12 each and add cheese for £2 extra to any of our fries

All items on this page, excluding the arancini balls, are gluten free. With our table service, for food or drinks, a discretionary service charge 10% is added to bills which can be removed upon request.

# WINE

## - Champagne -

125ml Bottle

### LAURENT-PERRIER CUVÉE BRUT

85

Aromas of white blossom, citrus and peach are balanced by delicate toasty notes.

### LAURENT-PERRIER CUVÉE ROSÉ

20 110

This dreamy pale pink Champagne is crafted using pure Pinot Noir from Grand Cru vines.



## - Sparkling -

200ml Bottle

### PROSECCO SPUMANTE

10 32

Delicate floral aromas, crisp acidity, and hints of citrus fruits, making it an ideal choice with friends.

### SAN ANTONIO ROSÉ

10

Very light and refreshing with a delicate pear-drop fruit. Absolutely bright and fresh, terrifically easy to drink.

### BOLNEY ESTATE NV

65

A fantastic NV fizz from one of England's longest established producers in Sussex.

### FANCY A NIBBLE

Bowls of crisps or nuts are available just ask at the bar or your server for today's choices.



# WINE

## - Rosé -

	175ml	250ml	Bottle
<b>ALLAN SCOTT MARLBOROUGH</b>	9	12	35

This elegant salmon pink rosé immediately presents luscious strawberries and cream on the nose.

<b>MIRABELLO PINOT GRIGIO ROSÉ</b>	7.5	10.5	29
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A fresh and appealing style of Pinot Grigio rosé from the Pavia zone of north-west Italy.

<b>ULTIMATE PROVENCE</b>	10	14	39
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Refreshing and elegant that captures the essence of the Provence region. Made from Grenache, Cinsault and Syrah grapes.



## - White -

	175ml	250ml	Bottle
<b>PINOT GRIGIO MIRABELLO</b>	7.5	10.5	29

A versatile and textured wine sourced from selected vineyards in the Veneto. A fresh dry white with gentle floral and citrus aromas.

<b>ALLAN SCOTT SAUVIGNON BLANC</b>	9.5	13	38
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Citrusy and intense Sauvignon Blanc produced at the heart of Marlborough, New Zealand by the Allan Scott family.

<b>BEESKAMP CHENIN BLANC</b>	8.5	12	35
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A complex yet fresh, soft and elegant wine with hints of white pears and apricots.

<b>CAOBA VIOGNIER</b>	8	11	32
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In the richer style with flavours of peach and apricots. The palate is fresh with a lingering finish.

<b>DOMAINE MICHEL GIRARD</b>	11	16	45
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A well-crafted and pure Sancerre. Expressive and enjoyable with a ripe and generous style of Sancerre with a real depth of fruit.

# WINE

- Red -

	175ml	250ml	Bottle
<b>VISTAMAR MERLOT</b>	8	10	28

Notes of plum and lightly toasted oak on the nose with a fruity and round finish.

<b>TORRES LOCO DE PIEDRA</b>	9.5	13	38
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This Cabernet Sauvignon is soft on the palate with sweet and round tannins that culminate in a long and pleasant finish.

<b>ROCKY MALBEC ROBLE</b>	8.5	12	34
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A fruit forward Malbec with aromas of fresh plums, blueberries and cherries.

<b>BODEGAS CARE, CRIANZA</b>	9.5	13	38
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Clean and intense aromas of ripe red and black fruits, with spicy notes from the Crianza.

<b>CÔTES DU RHÔNE, BERTHET-RAYNE</b>	10.5	14.5	42
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Characteristic of young Rhône valley wines, there are sensual aromas of ripe red fruits such as raspberry, cherry and strawberry.

- Wine Assistance -

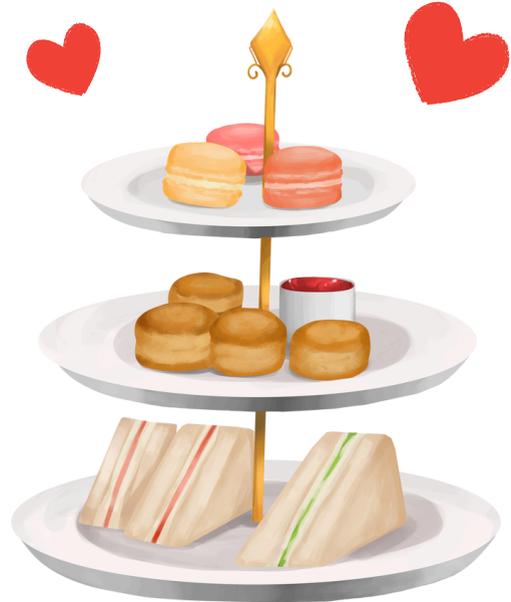
## RAN OUT OF WINE AT HOME

Are the supermarkets or Wine Therapy closed and you're in need a bottle of wine for when you get home? We offer a 30% discount on all wines that are sold separately and taken home in their sealed bottles. Just ask a member of the team and they will happily help.

# BOOK YOUR AFTERNOON TEA



BOOK NOW



AFTERNOON TEA WITH SANDWICHES, CAKES,  
SCONE AND BOTTOMLESS TEA OR COFFEE, FOR  
JUST £18 A HEAD.

ADD A GLASS OF PROSECCO FOR £8 EXTRA,  
A BOTTLE OF PROSECCO FOR £16 EXTRA,  
OR BOTTOMLESS COCKTAILS FOR £22 EXTRA.

THE  
**COMPASS**  
BAR COWES

# COCKTAILS

## - Compass Signatures -



### BLUEBERRY MARGARITA 11.5

Cazcabel Silver Tequila, muddled with juicy blueberries and shaken over ice with Cointreau and fresh lime juice.



### COMPASS PIMMS 10

Pimm's, topped with lemonade and ginger beer, garnished with garden mint. Our twist on a classic.



### PINA COLADA 12

Malibu, Kraken, double cream, pineapple juice, fresh lime juice, pineapple & coconut syrup, all shaken over ice.



### PORNSTAR MARTINI 17

Vanilla vodka, passionfruit liqueur, pineapple juice, passionfruit syrup shaken with ice, served with a 200ml bottle of prosecco.

## - Long -



### PASSIONFRUIT MOJITO 11

Bacardi rum, Passoa liqueur, passionfruit syrup, fresh lime, fresh mint, shaken over ice and topped with soda.



### LONG ISLAND 12

Gin, vodka, rum, Cointreau, tequila, fresh lemon juice and sugar syrup, shaken and served over Coca Cola.



### HURRICANE 12

Mount Gay & Bacardi rums built over ice with passionfruit syrup, orange juice, grenadine and topped with fresh passionfruit.



### APEROL SPRITZ 11.5

Aperol, soda, prosecco and lots of ice with a garnish of orange.



### HUGO SPRITZ 12

Beefeater gin, elderflower cordial and crushed mint, topped with lots of prosecco and a little soda water.

### FANCY A NIBBLE

Bowls of crisps or nuts are available just ask at the bar or your server for today's choices.

## - Fizz -



### MIMOSA 9.5

Prosecco mixed with a choice of juices: orange, pineapple, cranberry or apple.



### KIR ROYALE 11.5

Blackcurrant liqueur crème de cassis with sparkling wine

# COCKTAILS

## - House Classics -



### ESPRESSO MARTINI 11.5

Vodka, Kahlua, sugar syrup & espresso. Garnished with chocolate sprinkles and coffee beans. Decaf available.



### BRAMBLE 10.5

Beefeater gin shaken with fresh lemon juice and sugar syrup, gently poured over a layer of crème de casis.



### CAIPIRINHA 10

Cachaca, muddled with fresh limes and sugar syrup all shaken together. A renowned Brazilian staple.



### DARK & STORMY 10

Ginger beer, fresh lime juice and sugar syrup served over ice with lots of Kraken and a splash of Angostura bitters.



### CLASSIC MOJITO 10.5

Bacardi Rum, fresh limes, fresh mint, sugar syrup muddled then shaken over ice and topped with soda.



### VANILLA MAI TAI 11.5

Mount Gay, Absolut vanilla, vanilla syrup, lemon and lime juices, dash of pineapple juice, shaken over ice and bitters.



### BLOODY MARY 9.75

Absolut Blue, Big Tom spiced tomato juice, fresh lemon juice, Tabasco & Worcestershire sauces, pepper and celery salt, all on ice.



### AMARETTO SOUR 9.75

Amaretto, freshly squeezed lemon juice and sugar syrup, all shaken over ice with a maraschino cherry.



### WHISKY SOUR 9.75

Buffalo Trace bourbon, fresh lemon juice and sugar syrup shaken over ice.



### WHITE RUSSIAN 10.75

Absolut Blue vodka and Kahlua over ice and topped with double cream and chocolate sprinkle.



### COSMOPOLITAN 10.5

Absolut Citron, Cointreau and cranberry juice shaken over ice and served with a twist of fresh orange.



### OLD FASHIONED 9.25

Buffalo Trace bourbon stirred with brown sugar and Angostura bitters served over ice with an orange twist.

- 2 Cocktails for 15 -

HAPPY HOURS EVERY THURSDAY

Enjoy two of the same cocktails for £15 everything Thursday from 5pm until 9pm. Perfect for sharing with someone special or even for yourself.

Offer applies to cocktails on this page only.  
Please drink responsibly.

# COCKTAILS

## - House Classics -



### PASSION MARTINI 11.5

Absolut vanilla vodka, passionfruit liqueur, pineapple juice and passionfruit syrup, shaken over ice.



### NEGRONI 10.5

Equal parts of Beefeater gin, Martini Rosso (sweet vermouth) and Campari, stirred with ice.



### MARGARITA 11.5

Cazcabel Silver tequila shaken over ice with Cointreau and fresh lime juice. Served on the rocks with a salted rim.



### PICANTE 11.5

Cazcabel Silver tequila shaken over ice with Cointreau, fresh lime juice and tabasco. Served on Rocks with salted chilli rim

# SHOTS

	x1	x4
<b>BABY GUINNESS</b>	5	18
Kahlua layered with Baileys		



	x1 25ml	x4 25ml
<b>LIMONCELLO</b>	4.5	16
Luxardo Limoncello, shaken over ice and served		

	x1 25ml	x4 25ml
<b>SAMBUCCA</b>	4.5	16
<b>CAZCABEL TEQUILA</b>	4.5	16
<b>TEQUILA ROSE</b>	5	18
<b>PATRON SILVER</b>	6.5	22



# NO ALCOHOL

## - Cocktails -



### ESPRESSO MARTI-NO 6

Our take on the espresso martini just without the booze.



### T-ZERO & TONIC 8

Tanqueray Gin with zero alcohol and Fever-Tree Mediterranean tonic.



### VIRGIN BLUEBERRY MOJITO 8

Blueberries muddled with fresh mint and limes, shaken and topped with soda.



### VIRGIN MARY 6

Big Tom Spiced tomato juice, fresh lemon juice, Tabasco, Worcestershire sauce, served over ice with celery salt.



### SUNRISE 6.5

Orange juice, Fever-Tree lemonade and a topping of grenadine.



### VIRGIN COLADA 8

Coconut milk, coconut syrup, lime juice and pineapple juice, shaken over ice.



### NO-RAMBLE 7

Another take on the classic bramble, but obviously with none of the booze.



### NO-PASSION 7.5

Despite the name, this drink is full of passion. A take on the passionfruit martini.

## - Bottles -

PERONI ZERO 5



## - Smoothies -



CHECK OUT OUR SMOOTHIE SPECIALS FOR THE WEEK! ASK THE BAR FOR THIS WEEKS CHOICES!

£6

[ALL DRINKS AND CAKES ARE AVAILABLE FOR TAKEAWAY. JUST ASK.]

# SPIRITS

## - Our Favorites -

JACK DANIELS & COKE 6.5

MERMAID & TONIC 6.5

VODKA, LIME & SODA 5.5

GOLDEN RUM & GINGER BEER 6.5

## - Top Shelf -

CHECK OUT THE BARS TOP SHELF TO SEE WHAT SPECIAL SPIRITS WE HAVE.

## - House Spirits -

ABSOLUT VODKA

ABSOLUT CITRON

ABSOLUT VANILLA

MERMAID GIN

MERMAID SPICED RUM

MERMAID PINK GIN

CAZCABEL TEQUILA

PATRON SILVER

BUFFALO TRACE

CAPTAIN MORGANS

BACARDI

MOUNT GAY

KRACKEN

KAHLUA

COINTREAU

JACK DANIELS

JAMESONS

APEROL

DISARONNO

BEEFEATER

MALIBU

BAILEYS

ARCHERS

# BEER & CIDER

*- Bottled -*

PLANET LAGER 6.5  
GF & LOCAL

REKORDERLIG 6.5  
STRAWBERRY &  
LIME

PERONI 5.5

CORNISH 6.5  
ORCHARDS

*- Draft -*

CAMDEN 6  
HELLS

GUINNESS 6

CAMDEN 6  
PALE ALE

# SOFT DRINKS

*- Bottled & Juices -*

GINGER BEER

COCA COLA

ORANGE

LEMONADE

COKE ZERO

APPLE

TONIC WATER

DIET COKE

PINEAPPLE

LIGHT TONIC

SPRITE ZERO

CRANBERRY

MED TONIC

ELDERFLOWER  
PRESSE

BIG TOM  
TOMATO

ELDERFLOWER  
R TONIC

APPLETISER

MINERAL  
WATER

# HOT DRINKS

## - Coffees -

ESPRESSO  
2.7

LATTE  
3.6

AMERICANO  
3.2

MACCHIATO  
3.3

CAPPUCCINO  
3.5

MOCHA  
4.3

CORTADO  
3.3

FLAT WHITE  
3.5

ICED LATTE  
FROM 4



## - Smoothies -



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**£6**

[ALL DRINKS AND CAKES ARE AVAILABLE FOR TAKEAWAY, JUST ASK.]

## - Teas -

BREAKFAST  
3

FRESH MINT  
£3.5

GREEN TEA  
3.5

DECAF TEA  
3

EARL GREY  
3.5

HONEY BUSH  
3.5

CHAI TEA  
3.5

CHAMOMILE  
3.5

LEMON &  
GINGER 3.5

SUPER  
FRUITS  
3.5

PEPPERMINT  
3.5

IF THIS PAGE WAS A MIRROR,  
YOU WOULD BE SEEING HOW  
INCREDIBLE YOU ARE!