

Brunch & Lunch Menu

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Compass Açaí Bowl £15

A blend of açai berries & coconut milk, topped with banana, granola, berries, peanut butter, & honey

Pancakes £12

American style pancakes, with berries, maple syrup & cream
add bacon + £3

Topped Toasts

Choice of white or brown bread

Avocado £8

Served with rocket & balsamic glaze

Bacon & Avocado £10

Served with rocket, sriracha, & fresh chilli

Avocado and Feta £9

Served with rocket & balsamic glaze

Bacon sandwich £7

add cheddar or brie cheese + £2

Baked Beans on Toast £6

Toast, butter and jam £4

Soup

Homemade soup £11
served with half a toasted cheddar cheese sandwich

Homemade soup of the day £9
served with white or brown bread

Toasties, Sandwiches & Pitta

Choice of white or brown bread

Cheddar Cheese £7

Brie & Prosciutto £9

Cheddar Cheese & Chutney
choice of Cheddar or Brie £8.50

Brie & Cranberry £8.50

Bacon and Brie £9

Toasted Pitta £7

stuffed with hummus, rocket, tomato & avocado

Hummos & Bread £7

Ask about our daily specials

Sides & Salads

Rocket & Parmesan with balsamic £6

Mixed house salad £7

Mixed house salad with avocado £8

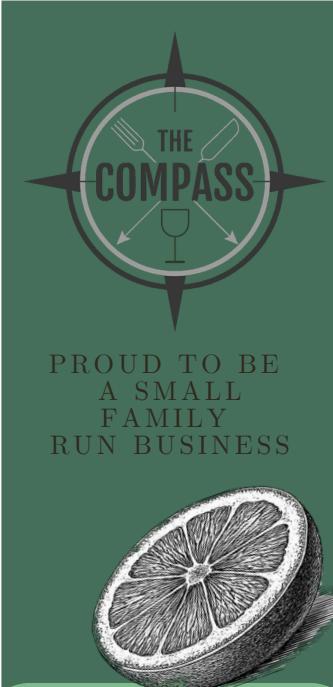
Greek salad £6

Tortilla Chips with guacamole £6

Olives £7, Crisps £3,
& Nuts from £5

Cakes

Check out our cake display
for today's selection



FRESH JUICES

Orange - £6.00

Apple - £6.00

Apple & Ginger - 6.50

Shots
Apple and Ginger £3.00

SMOOTHIES

Passionfruit, Mango, Pineapple & apple juice £6.00

Mango, Pineapple, spinach, lemongrass and Apple juice £6.00

Berry Blast, mixed berries with apple juice £6.00

Although your meal is prepared with love & care, due to storage, use and handling of allergens in our kitchen, we cannot guarantee it will be allergen free