





The Compass was born in the summer of 2021. Its mission is simple: to serve delicious antipasti style foods and fantastic drinks in a calm and natural setting.

The owners love their wines and cocktails and have brought what they enjoy to the High Street of Cowes. Here at The Compass, we do not pretend to be the knowledgeable sommelier or a distinguished mixologist, but we do know what we enjoy, and we hope you will enjoy it too.

The Compass has teamed up with Cowes Grazing to give you the most delicious antipasti boards which can be enjoyed with our drinks.

To keep up to date with our progress, you can follow us on Instagram and Facebook @CompassBarCowes & @CowesGrazing

Thank you for visiting and we hope to see you again soon.

Brian, Caroline & Helen



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We hope you enjoy your time at The Compass Bar, if you need any help, please let a member of staff know and they will do their best for you. Throughout the menu you will see some of favourites highlighted.

All wines can be purchased by the bottle for taking home or back to the boat. A 20% discount will be given when staff are informed that a bottle of wine will be taken off premise and unopened. All takeaway orders must be performed as a separate transaction for the discount to be applied.

Unless otherwise stated assume sulphites are present in all our wines.

COCKTAILS

Gin 75 £16

A healthy measure of Gin shaken with lemon juice and sugar syrup, then topped with the excellent Bolney Bubbly

Hurricane £9.50

Our version of a tropical Classic. Mount Gay and Bacardi rums shaken over ice with fresh passion fruit, lemon juice and orange juice, then topped with Grenadine

Bramble £8

Gin shaken over ice with lemon juice and sugar syrup, garnished with Blackberries, then topped with Crème de Cassis.

Blueberry Margarita £10

Blueberries blended with Patron's premium Silver tequila, fresh lime juice, Cointreau and ice.

Dark 'n' Stormy £9

Kraken rum mixed with lime, ginger beer and angostura bitters, served over ice.

Mojito £9.50

Bacardi, crushed and mixed fresh limes & mint, gomme and soda.

Aperol Spritz £9

Aperol, prosecco, soda water, plenty of ice and a slice of fresh orange.

COCKTAILS

Pornstar Martini £15

Vanilla vodka, passion fruit liqueur, pineapple juice, passionfruit syrup and, shaken over ice and served with a 200ml bottle of Prosecco
(Passion fruit Martini without Prosecco available)

Negroni £8

Equal parts Gin, Vermouth and Campari, served over ice.

Negroni Sbagliato £11

A classic Negroni topped with Prosecco

Old Fashioned £8

Buffalo Trace Bourbon sweetened with sugar and aromatised with angostura bitters. Served over ice and garnished with an orange twist.

Espresso Martini £10

Absolut Vodka, shaken with Kahlua and espresso

Compass Pimm's £8.50

The classic Pimm's cocktail shaken with red fruits, cucumber mint, topped with lemonade and ginger beer.

Mint and Blackberry Julep £8

Blackberries and mint muddled with sugar syrup then shaken over ice with Buffalo Trace Bourbon

Bloody Mary £9

Absolute vodka, Big Tom tomato juice, tabasco, Lea & Perrins, and celery salt

WHITE WINES

Crisp & Refreshing	125ml	175ml	250ml	Bottle
BIN 100 Julia Florista Vinho Branco, Vidigal – BIN 1 Tropical fruits and citrus, followed by notes of passion fruit and a clean mineral finish.				£19
Portugal				
BIN 101 Pinot Grigio IGT, Trefili, Cantine Volpi White flowers, apples and almonds dominate on this fresh clean and mellow wine.	£4.90	£7	£9.30	£27
Italy ORGANIC				
BIN 102 Sauvignon De Touraine La Perclaire Vibrant aromas of green apple, lime and gooseberry make for a fresh, pleasant fruity wine	£5.45	£7.50	£10.50	£30
Loire France				
BIN 103 Mirande Picpoul De Pinet A deliciously understated moreish wine with a touch of savoury brininess, a hint of white flowers.	£5.45	£7.50	£10.50	£30
France				
BIN 104 Allan Scott Estate, Sauvignon Blanc A tropical mix of pineapple and passion fruit with underlying zesty citrus characters of orange and lime.				£32
Marlborough, New Zealand				
BIN 105 Ciu Ciu Offida Pecorino ‘Le Merlettaie A sensory delight! An abundance of banana, apple, hazelnut, and plum followed by a hint of vanilla	£6.75	£9.25	£12.95	£37
Italy ORGANIC				

To help us avoid any confusion, please specify the BIN number when ordering your wine.

WHITE WINES

Crisp & Refreshing	125ml	175ml	250ml	Bottle
<i>BIN 108</i> Domaine Michel Girard, Sancerre Crunchy green apples, lemon and herbaceous aromatic notes that are skilfully restrained Loire, France VEGAN	£7.25	£9.95	£13.75	£40
<i>BIN 109</i> Santa Seraffa Gavi del Comune di Gavi Floral, citrus and green apple combines with more complex notes of frangipane leading to an appealing weighty finish. Piemonte, Italy VEGAN SUSTAINABLE				£37
Aromatic & Rich				
<i>BIN 110</i> Viognier Domaine de Vedahan - Vin de Pays d'Oc Honeysuckle on the nose; richly textured and nicely balanced with flavours of apricots and a satisfying delicate bitterness on the finish. Vin de Pays France VEGAN				£27
<i>BIN 113</i> Cora Loxarel Blanco Scented and fruity with aromas of white flowers, peaches and honeysuckle leading to a balance finish. Spain				£34
<i>BIN 115</i> Classic Style Gruner Veltiner Pear, kiwi, apricot and soft white spice make for a gentle textured yet mineral finish Kamptal, Austria VEGAN ORGANIC SUSTAINABLE	£6.55	£9	£12.45	£36
<i>BIN 118</i> Eagle Rocks '11th Hour' Chardonnay Smooth and rich with lush pineapple, banana and ripe peach fruits followed by a citrus back drop enhanced by a racy acidity. California, USA				£32

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WHITE WINES

Aromatic & Rich

BIN 116

Riesling – Grand Cru Brandt; Cave Vinicole de Turckheim

Citrus, grapefruit and pineapple flavours. Nervous, dry, long and elegant, very well balanced

Alsace, France | VEGAN | SUSTAINABLE

BIN 120

1er Cru Domaine Du Colombier, Chablis

Domaine bottled, this is an elegant dry white with aromas of ripe fruit and a full body giving a classic finish.

125ml

175ml

250ml

Bottle

£45

£48

ROSE WINES

Bin 200

Ancora, Chiaretto Rose, Adria Vini

Fresh strawberry and redcurrants with ripe juicy acidity to give a fresh and appealing finish.

Italy

125ml

175ml

250ml

Bottle

£5.45

£7.50

£10.50

£30

BIN 201

Adobe Rose Reserva

Fresh summer fruit of strawberry and red cherry combines for a freshy silky finish.

Chile | ORGANIC | VEGAN | SUSTAINABLE

£28

BIN 203

Cuvée des Commandeurs Peyrassol Rosé, Côtes de Provence

A delightful mouthfull of wild gooseberries and raspberries with a crisp, silky finish and mineral streak.

Provence, France

£6.55

£9

£12.40

£36

BIN 204

Bolney Estate

A fresh silky rose with a vibrant berry palate of strawberries, raspberries and rose petals

Sussex, England

£39

RED WINES

Warm & Spicy

BIN 300

Julia Florista Vinho Tinto, Vidigal

Mature bouquet with floral vegetal notes and an elegant spiciness, medium body with a delicate finish.

Lisboa, Portugal

BIN 301

Ancora Rosso, Sangiovese IGT Puglia, Adria Vini

Red and berry with a touch of black spice balanced by a tangy acidity.

Italy | VEGAN

BIN 303

Marius Syrah / Grenache

Powerful, complex, dark, and spicy with red berries and a delicate floral touch.

France

Full Bodied & Juicy

BIN 304

Conviviale Montepulciano d'Abruzzo

Densely packed with morello cherry, cassis and bramble fruit flavours followed by ripe tannins and a sappy finish

Italy | VEGAN

BIN 306

Santa Julia, Malbec

Deep fig and chocolate dipped cherries dominate along with spicy nuances in the lingering red.

Mendoza, Argentina | ORGANIC

BIN 307

Robert Oatley Margaret River, Cabernet Sauvignon

A mouth full of rich blackberry, cherry and spice with a fine structure and ripe tannins leading to a smooth finish.

Australia

BIN 308

Barolo Patrizi

Intense aromas of vanilla, cloves and liquorice followed by a complex long finish.

Piemonte, Italy

125ml

175ml

250ml

Bottle

£19

£4.75

£5.75

£7.75

£22

£26

£5.45

£7.50

£10.50

£30

£6.25

£8.75

£12.45

£36

£46

RED WINES

Classic & Elegant

BIN 309

Adobe, Merlot Reserva

Juicy plum and red cherry aromas elegantly combine with subtle black pepper notes

Chile | VEGAN | ORGANIC | SUSTAINABLE

125ml

175ml

250ml

Bottle

£5.25

£6.95

£9.45

£28

BIN 311

Eagle Rocks `11th Hour` Pinot Noir

Smokey and fruity notes of raspberry, black cherry combined with soft tannins and a very smooth finish

California, USA

£5.90

£8

£11

£32

BIN 312

Bodegas Navajas, Rioja Reserva

Delicious forest fruit flavours balanced with a subtle vanilla sweetness and warm finish

Rioja, Spain

£6.75

£8.95

£12.95

£37

BIN 314

Château Milon, Saint-Émilion Grand Cru

Damsons, bramble, blackberry and a touch of tobacco lead to a velvety structure with an excellent finish.

Bordeaux, France

£50

BIN 316

Amarone della Valpolicella del Fondatore, Montresor

Complex with black cherry, plums, violets, coffee, raisins, spice and dried fruit. A very special wine.

Veneto, Italy

£60

BIN 317

Brunello di Montalcino, Campogiovanni, San Felice

An expansive complex wine of aromatic cedar, tobacco leaf, wild berry, plum and leather

Tuscany, Italy

£70

To help us avoid any confusion, please specify the BIN number when ordering your wine.

CHAMPAGNE & SPARKLING

Champagnes

BIN 400

Laurent Perrier La Cuvée

Elegant Brioche notes of great finesse, beautiful freshness and elegant mousse

Flute

Bottle

Magnum

£80

£160

BIN 401

Laurent Perrier Cuvée Rosé

Delightful aromas of strawberries, redcurrants, raspberries and black cherries with a velvety finish.

£18

£100

BIN 403

Laurent Perrier Brut Grand Siecle

This Deluxe Cuvée is a blend of a number of vintages and is a beautifully elegant, fresh, creamy style. Gloriously fine bubbles and a slight nuttiness on the finish.

£200

Sparkling Wines

BIN 404

Lunetta Prosecco Spumante Brut

Light and fruity with apples and peach and a velvety fine mousse

Italy | VEGAN

*200ml
Bottle*

*75cl
Bottle*

£8.50

£29

BIN 405

Lunetta Prosecco Spumante Rosé

Cherry pink, fresh and dry with red berry fruit and a fine persistent foam.

Italy

£8.50

£29

BIN 408

'Bolney Bubbly' NV from Bolney Estate

Delightful floral and brioche notes with a lingering citrus and honeysuckle finish. A truly excellent sparkling wine and one of our firm favourites.

Sussex, England

£12

£60

BIN 409

'Eighteen Acre' Rosé from Bolney Estate

Raspberry ripple, red apple and hints of pastry with a smooth, creamy finish.

Sussex, England

£60

PORT & SHERRY WINES

Ports

BIN 410

Krohn Ruby Port

Krohn's 'entry level' is in a different category to most Ruby Ports - mature and versatile with a deep red colour and a concentration of fresh, plummy fruit aromas plus hints of spice. The palate has plenty of lively cherry and curranty black fruit - rich and full with a soft finish.

Douro, Portugal

50ml

Bottle

£28

BIN 411

Krohn LBV Port

Deep ruby colour with spicy black fruit aromas. The palate has vibrant plum and blackberry characters layered with more spice, fresh acidity and firm tannins. A full and rich style with impressive length.

Douro, Portugal

£35

BIN 412

Weise & Krohn – Lagrima White Port

The Lagrima White from Krohn is a very approachable style of white port. An elegant sweet wine with notes of caramel, honey and nut all balanced by fresh acidity and leading to a long and appealing finish. Drink chilled as an aperitif, or with fruity desserts.

Douro, Portugal

£4.50

£33

Sherry

BIN 413

Fernando de Castilla Antique Olorosso`

Very pure and classic attributes, fine polished and beautifully crafted. Quite earthy and masculine. Very dry and aromatic with walnut, spiced orange peel notes

Jerez, Spain

50ml

Bottle

£30

BIN 414

Fernando de Castilla Classic Fino

Pale in colour with just a hint of straw yellow at the rim. Powerful and aromatic on the nose. Absolutely bone dry, aristocratic and very poised.

Jerez, Spain

£40

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NO & LOW ALCOHOL

Mocktails

Tanqueray Zero and Tonic £6

Citrus style and a juniper led profile, zero % alcohol. Served over ice with Fever Tree Mediterranean Tonic

Virgin Blueberry Mojito £5

Sugar, mint leaves and blueberries muddle with lime juice and topped with soda

Virgin Mary £5

All the tang of a bloody Mary, without the vodka

Apple, Elderflower and Mint Fizz £5.50

Muddled mint leaves mixed with apple juice, elderflower cordial and topped with soda

Sunrise £4.50

Orange juice and Fever-Tree Lemonade topped with Grenadine

Beers

Peroni Libre £5

Hoppy characteristics and a smooth finish. Zero % alcohol

SPIRITS

Spirits			
Vodka		25ml	Brandy
Absolute		£3.50	Hine Rare VSOP
Chase		£4.40	Courvoisier VS
Chase Oak Smoked		£4.60	Courvoisier XO
Chase English Rhubarb		£4.60	
Chase Aged Marmalade		£4.60	
Gin		25ml	Whisky & Whiskey
Beefeater		£3.50	Jameson
Hendrick		£4.40	Monkey Shoulder
Mermaid		£4.40	Bushmills Black Bush
Mermaid Pink		£4.40	Talisker 10 Year
Tanqueray		£4.20	Talisker Skye
Tanqueray Flor De Sevilla		£4.00	Jameson Gold Reserve
Warner's Rhubarb		£4.40	Chivas Regal 18 yrs
Warner's Elderflower		£4.40	
Tequila		25ml	Bourbon & Whiskey
Jose Cuervo		£4.50	Jack Daniels
Patron Silver		£5.00	Buffalo Trace

Upgrade any of our Gins, Vodkas or Rums to a double for £3.

SPIRITS

Liqueur	50ml	Rum	25ml
Baileys	£4.50	Bacardi	£3.50
Kahlúa	£4.50	Malibu	£3.50
Tia Maria	£4.50	Mount Gay	£4
Disaronno Amaretto	£4.50	Kraken	£4
Cointreau	£4	Mount Gay XO	£8.50
Chambord	£4	Havana Club Special	£4.50
Aperol	£3.50 (25ml)		
Southern Comfort	4	Everything Else	25ml
		Pimms	£3.50
Vermouth	50ml		
Martini Dry	£3.50		
Martini Bianco	£3.50		
Martini Rosso	£3.50		
Campari	£3.50		

Upgrade any of our Gins, Vodkas or Rums to a double for £3.

BEERS & CIDERS

Draft

Grolsch

Well balanced European Pilsner 5%ABV.

½ Pint Pint

£2.75 £5.50

Meantime IPA

The ultimate session IPA 4.7% ABV

£3 £6

Bottled Beers

Peroni £4.75

Corona £4.75

Brewdog Punk IPA £5

Bottled Ciders

Thatchers Gold £5.25

Rekorderlig Strawberry & Lime £5.25

SOFT DRINKS

Fizzy Drinks

Coca Cola	£2.75
Diet Coke	£2.50
Coke Zero	£2.50
Sprite Zero	£2.50
Appletiser	£2.50
Elderflower Presse	£2.50

Fever-Tree

Tonic	£2.50
Elderflower Tonic	£2.50
Light Tonic Water	£2.50
Mediterranean	£2.50
Soda Water	£2.50
Ginger Ale	£2.50
Ginger Beer	£2.50
Lemonade	£2.50

Cordials & Syrups

	50ml
Orange	£0.60
Lime	£0.60
Blackcurrant	£0.60
Elderflower	£0.60
Grenadine	£0.60
Crème de Cassis	£0.60
Passionfruit	£0.60
Gommé	£0.60
Vanilla	£0.60
Hazelnut	£0.60
Vanilla	£0.60

Mineral Water

Still Water – Small Bottle	£2.25
Still Water – Large Bottle	£3.95
Sparkling Water – Small	£2.25
Sparkling Water – Large	£3.95

Juices

	200ml
Orange	£2.50
Apple	£2.50
Pineapple	£2.50
Cranberry	£2.50
Tomato – Big Tom	£2.95

HOT DRINKS

Barista Coffee		Teas	
Espresso	£2.25	Pot of Breakfast	<i>per cup</i> £2.75
Double Espresso	£2.50	Pot of Fresh Mint	<i>per cup</i> £3.00
Americano	£2.50	Darjeeling Earl Grey	£2.75
Macchiato Cortado	£2.50	Honeybush & Rooibos	£2.75
Flat White	£2.85	Chamomile	£2.75
Latte Cappuccino	£2.85	Mao Feng Green Tea	£2.75
Mocha	£3.75	Super Berry Fruits	£2.75
Hot Chocolate	£3.00	Peppermint	£2.75
Iced Coffee from	£3.50		

Boozy Hot Chocolate

Choose whether to add cream for the ultimate indulgence (50p)

Baileys £5.50

Spiced Rum £5.50

Version 04.10.21

The Compass Bar
10/11 High Street
Cowes
PO31 7RZ

www.compassbar.co.uk



COMPASSBARCOWES

THE
COMPASS
WINE BAR