

Summit Health Services Inc.

APPLIED BEHAVIOR ANALYSIS



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Hello Families!

It is hard to believe but we are gearing up for the school year here at Summit Health Services!

As many families are aware, your child's insurance has implemented changes over the last year that prohibits direct ABA therapy to occur in the school setting. Although insurance has put these policies in place, at SHS we ensure we are practicing the best ABA possible. This means that we do follow evidence based practices of recommended hours for your child based on their assessments, FBA, and severity level not based on insurance policies.

From our handbook:

“Weekly direct session times are assigned based on evidence based research in ABA and BCBA's clinical recommendations. Weekly hours are similar to being prescribed a medication indicating dosage, frequency, and more....”

Level 1: 10-20 per week → SHS minimum commitment **6-12 hours per week**

Level 2: 20-30 per week → SHS minimum commitment **12-18 hours per week**

Level 3: 30-40 per week → SHS minimum commitment **18-24 hours per week**

In order to provide best clinical practice, each session must be a MINIMUM length of 2 hours.

BCBAs are authorized to write notes to excuse from school and workplaces if needed to accommodate ABA therapy...”

We have a limited amount of availability for services for after school hours and even less opportunities to meet our clinical recommendations if after school time is the only time available. As such we are asking families to open up their availability to daytime hours to best support your child on an ongoing basis to meet these requirements.

SHS is able to coordinate with the school an ongoing arrangement, provide documentation, and other documents needed to ensure your child received this vital therapy. For example, parents may need to pull their child from school

Tuesday/Thursday from 12:00-2:30 so that their child can receive ABA therapy. We are also able to write letters to your place of employment including but not limited to a soldier/sailor commands to make these accommodations.

We will be reaching out to families over the next two weeks to coordinate fall schedules. We do hope that this opens up more opportunities for our families to receive the services they are needing.

If you would be interested in talking more about this scheduling opportunity, please reach out to either your clinical care team, Donaesha in Scheduling, or Maggie in Support Services. Their contact information will be attached below.

As we are always grateful for you, we thank you for your continued trust in SHS.

– Your Summit Health Services Team.

Donaesha Pressley, Scheduling

Email: scheduling@summithealthservices.org

Phone: 833-747-4222 option, 1

Maggie Stewart, Support Services

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