# Summit Health Services, INC News

### Activity Ideas Fun and engaged holiday break.

I don't know about you but the dawn of Pinterest was my rose and my thorn as a parent. I SO badly wanted to be able to create this super entertaining and adorable activities for my young kiddos but when push came to shove, I'd end up more in the "Pinterest Fail" column than the "Girl, look at that!".

So when I was asked to make the playdough for my youngest's classroom, I panicked. I put the task off ONE - FULL - WEEK before I actually got the gusto to give it a go and guys, it could not have been easier! I can almost guarantee you have all of these ingredients in your home right now.

Read on for the EASIEST happiness activity.

### What you'll find in this month's issue.

- Activity Idea
- New Pieces to Our Puzzle
- 2023 Webinars
- 2023 Federal Holiday Reminders

## SHS Happenings

2022 Federal Holidays -

As a reminder, we will be closed Nov. 24 and Dec. 26. We ARE open Nov 25.

#### Upcoming 2023 Webinars -

We are looking forward to offering more webinars this coming year, one that is specifically geared to safety trainings to best support our providers in challenging situations.

#### 2023 Caregiver Handbooks We will be issuing updated

Caregiver Handbooks in 2023.

# New Pieces to Our Puzzle

## Welcome New Providers

Jillian Turi - Norfolk Shelby Tanaka - Oceanside Alex Tuggle - Huntsville Shakina Jackson - NOVA Yesenia Conseco - Oceanside Lori Otto - Huntsville Sarah Tian -Monterey Kayla Baltimore - NOVA

Donna Dunson - Admin

### 2023 Federal Holidays

Please mark your calendars as SHS will be closed:

- January 2 (Monday) New Year's Day Observed
- January 16 (Monday) Birthday of Martin Luther King, Jr.
- February 20 (Monday) -Washington's Birthday
- May 29 (Monday) Memorial Day
- June 19 (Monday) Juneteenth
- July 4 (*Tuesday*) Independence Day
- September 4 (Monday) Labor Day
- October 9 (Monday) Columbus Day/ Indigenious Day
- November 11 (Saturday) Veterans Day
- November 23 (Thursday) -Thanksgiving Day
- December 25 (Monday) Christmas

Easy Peasy Play-Dough Recipe

### Ingredients:

- 1/2 cup salt
- 1 cup water
- 2 tbsp\_oil(vegetable)
- 1 tbsp cream of tartar
- 1 cup of flour
- food coloring, if desired

### <u>Step 1</u>

Mix all ingredients together in a sauce pan over medium heat

### <u>Step 2</u>

Stir constantly! And really, don't let it stick until dough starts to form and pull away from the sides of the pan

### <u>Step 3</u>

Let cool, then knead until smooth. Store in an airtight container



@summithealth\_aba

### FOR MORE INFO VISIT: www.summithealthservices.org