

EMDR Consultation Contract

This agreement is between Maranda Conner and you for the purpose of developing a consultation relationship in order to help you reach your goals of furthering your experience and expertise with EMDR. The purpose of this agreement is to establish a clear understanding of the expectations of consultation. There are several different reasons a consultee seeks consultation.

Which reason is of primary importance to you now? (check one)

_____ To achieve the EMDRIA Approved Consultant credential

Your reason for entering consultation directs the type of consultation activities. As you develop, you may choose to change the focus of consultation. As soon as you decide to make changes in your focus, please let me know and we will discuss the change in activities or requirements at that time. The following clarifies expectations, the general structure of consultation, what consultees can expect of me and what is expected of you as a Consultant-in-Training (CIT).

What the Consultee can expect of Maranda Conner, hereafter referred to as the Consultant

EMDRIA currently requires a minimum of 20 hours of consultation to apply for EMDRIA Approved Consultant certification.

1. I require work samples of all 8 Phases and 3 Prongs of the standard EMDR therapy, and evidence of correcting any concerns prior to writing a recommendation letter for EMDRIA Certification (See below under Consultee Expectations).
2. I will document and track our time spent in consultation. I will retain documentation of our consultation together for a five-year period from the date our work together concludes. I will write a letter of recommendation or written verification if you have acquired the skills and knowledge base to become an EMDRIA Approved Consultant and demonstrate this. If the skills and knowledge have not been demonstrated, I can provide written documentation of the time spent in consultation, the skills and knowledge acquired and the areas still needing improvement. We will discuss issues as they arise, especially if you are having difficulty.
3. I will keep abreast of current trends and changes happening with EMDR and trauma treatment. I will provide consultees with new information and accommodate your needs as long as it stays within the scope of my knowledge.
4. We will schedule our consultation appointments as schedules permit. Suggested frequency is 1 hour per month.
5. I will make efforts to provide a safe and supportive learning environment. Any concerns about this, when shared with me, will be addressed with you in private.

What is expected of Consultee

1. You are expected to come prepared to present material from your consultation sessions.
2. You are expected to present the 8 phases and the purpose and interventions associated with each phase.
3. You are expected to practice within the ethical guidelines of both your license and professional associations. EMDRIA states that if there is no professional association, then the APA's code of ethics will be the standard for all EMDRIA members. It is your responsibility to stay current on both the laws and ethics applicable.
4. Examples of your clinical work are essential to the consultation process. You will need to come prepared with video/audio recordings of your client/consultation sessions. You will need to obtain the necessary releases from clients/consultees. The video must include your words and interventions. Cisco Webex or Zoom will allow you to record if you want to record your video via those platform.
5. You will need to demonstrate proficiency and fidelity to the standard EMDR therapy and also an awareness of situations in which modifications to standard EMDR therapy are necessary in order to safely and effectively treat the client. This may include reading and training outside of consultation. This same fidelity is necessary in the evidence of your consultation provided to consultees required through this process.
6. You will be required to have a working knowledge of other protocols and the differences from the AIP Model. You must be able to direct Certification consultees toward this information.
7. You are expected to present a minimum of (2) Case Conceptualization forms per month. These forms will be required for each unique client you present. You must email the completed forms to Connerconsultation@gmail.com by the end of the consultation session that the Client was presented. A Consultant is expected to demonstrate an advanced level of Case Conceptualization ability to support their consultees. ***This is an EMDRIA requirement and there will be no accommodation to this expectation.***
8. You will be evaluated at each consultation session. Criteria for this evaluation can be found in the Consultation Packet (addendum)
9. All expectations for the EMDRIA Approved Consultant certification can be found at <https://www.emdria.org/emdr-training/emdr-consultant/>

Consultation vs Supervision

Consultation is not supervision. Consultation focuses on mastery of standard EMDR therapy and integrating EMDR into your practice. You are responsible for the therapeutic relationship with your clients and competency in the modalities you offer. ***As a consultant, I do not hold liability for how you practice.*** If you are seeking consultation toward EMDRIA Approved Consultant certification, I will be evaluating your proficiency and fidelity to the standard EMDR therapy and your awareness of situations in which modifications to standard EMDR therapy are necessary in order to safely and effectively treat the client as well as your skills as a consultant and providing consultation. Either of us are free to discontinue this contract at any time

What is consultation-of-consultation?

Consultation-of-consultation is a collaborative relationship between mental health clinicians in which a consultant provides feedback and guidance to an EMDRIA Approved Consultant in Training (CIT). The feedback is focused on the CIT's skills and ability to provide consultation to other clinicians based on material presented by the CIT, direct observation, or recorded observation. The CIT must receive 20 hours of consultation-of-consultation from an EMDRIA Approved Consultant. The consultation-of-consultation should be structured in format and the CIT is expected to provide examples of their ability to provide consultation to others. The CIT is expected to work with at least five different consultees, three of whom have already completed the EMDR basic training. The consultant is expected to review, evaluate and determine the readiness of the CIT as part of the process. Although co-leading consultation groups and shadowing (which is defined as being present while a consultant provides consultation) are significant and valuable for the CIT process, these activities themselves do not directly count as consultation-of-consultation hours. (In other words, consultation-of-consultation does not occur during the training event.)

An EMDRIA Approved Consultant in Training (CIT) can provide a maximum of 15 hours of consultation to an EMDR trained clinician who is working towards certification. EMDRIA Certification applicants must obtain 20 hours of consultation on their use of EMDR with clients. The remaining 5 hours of consultation must come from an EMDRIA Approved Consultant. Although a CIT can provide a letter of recommendation for the consultee seeking certification, a letter of recommendation from an EMDRIA Approved Consultant is required for EMDRIA Certification applicants.

Consultee Information

Full Name:

Degree:

License state, type, and number:

Preferred mailing address:

Work Phone: _____ Cell Phone: _____

Email:

Name of work setting:

Address of work setting:

Estimate number of clients you see a week: _____

Date of EMDR Certification: _____

*****Please provide a copy of your certification status (Must be current and remain current)***

Based on the level of consultation you are seeking, please be prepared to provide the following:

Consultant in Training

_____ Signed agreement (initial meeting)

_____ Completion of the CIT declaration process (this is done online through the EMDRIA website)

By the 10th consultation-of-consultation meeting date you should have the following:

_____ Your own agreement designed to fit your consultation practice

_____ Your own case presentation format to fit your consultation practice

_____ Your own learning objectives or evaluation measure to fit your consultation practice

Fees

The fee for individual/group consultation has been discussed with you in advance and is to be paid at a rate of \$100.00 per 1 hour consultation session regardless of being an individual or group session. ***Payment is expected at time of service.*** Credit cards will be invoiced via GoDaddy. You may pay via my website at Connerconsultation.com and select "Individual Services" and then "Consultant-in-Training EMDR Consultation". You will select the quantity and check out. Please let me know if you have any issues with purchasing or would like to request an invoice for your order.

I have read and understand and agree to the above conditions and expectations.

Consultee Name Print

Signature

Date

Maranda D. Conner LPC, LPC-MHSP

Consultant Name Print

Signature

Date