

Example: EMDR Case Presentation Form – Follow Up

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The purpose of this EMDR Follow Up Case Presentation Form is to support the consultee in providing an updated summary of a previously presented case for continued discussion during the consultation process. This form allows the consultee to outline clinical progress, challenges, shifts in case conceptualization, and the integration of prior feedback. The consultant can then offer further guidance, clarification, and EMDR-focused recommendations based on the client's evolving presentation. Both consultants and consultees may use this form as provided, adapt it as needed, or incorporate additional documentation tools to support meaningful and focused consultation.

NOTE: If you have not presented this client before, please use the initial EMDR Case Presentation Form.

Client Information:

We have previously discussed this client; however, let us briefly review the following information to guide and build upon our consultation today based on our prior discussions.

Patient/Client Age: _____ **Gender:** _____

Ethnicity/Relevant Cultural Information:

Presenting Problem / Current Symptoms:

Goals for therapy:

Brief overall history:

What cultural issues and/or intersections of identities are necessary to consider for case conceptualization and treatment of this client?

What is the impact of your own intersection of identities in your work with this client?

Current medical information: diagnosis / medication (including mental health)?:

Other issues to consider: Suicidality? / Sleep disturbances? / Alcohol and other substances? / Disordered eating?

Trauma History (brief summary):

Primary Issues Wanting to Address:

Internal and External Resources:

General Questions:

1. How many sessions have you met with this client?

2. What phase are you currently working on?

3. Please provide a brief summary of your work with this client. (completed targets, if so, which ones?)

4. What was recommended in your previous presentation of this client? Were you able to implement the recommendations that we discussed? If so, how did it go? If not, what happened that prevented you from implementing what we discussed before?

5. What questions do you have about this case now?

Additional Relevant Notes of Questions:
