

EMDR Consultation Contract

This agreement is between Maranda Conner and you for the purpose of developing a consultation relationship in order to help you reach your goals of furthering your experience and expertise with EMDR. The purpose of this agreement is to establish a clear understanding of the expectations of consultation. There are several different reasons a consultee seeks consultation.

Which reason is of primary importance to you now? (check one)

_____ To gain knowledge regarding complex trauma, build confidence using EMDR, but not EMDRIA credential purposes

_____ To achieve the EMDRIA Certification credential

_____ Other _____

Your reason for entering consultation directs the type of consultation activities. As you develop, you may choose to change the focus of consultation. As soon as you decide to make changes in your focus, please let me know and we will discuss the change in activities or requirements at that time. The following clarifies expectations, the general structure of consultation, what consultees can expect of me and what is expected of you to become EMDRIA Certified in EMDR.

What the Consultee can expect of Maranda Conner, hereafter referred to as the Consultant

EMDRIA currently requires a minimum of 20 hours of consultation (at least 10 hours must be individual consultation) to apply for EMDRIA Certification.

1. I require work samples of all 8 Phases and 3 Prongs of the standard EMDR therapy, and evidence of correcting any concerns prior to writing a recommendation letter for EMDRIA Certification (See below under Consultee Expectations).
2. I will document and track our time spent in consultation. I will retain documentation of our consultation together for a five-year period from the date our work together concludes. I will write a letter of recommendation or written verification if you have acquired the skills and knowledge base to be Certified and demonstrate this. If the skills and knowledge have not been demonstrated, I can provide written documentation of the time spent in consultation, the skills and knowledge acquired and the areas still needing improvement. We will discuss issues as they arise, especially if you are having difficulty.
3. I will keep abreast of current trends and changes happening with EMDR and trauma treatment. I will provide consultees with new information and accommodate your needs as long as it stays within the scope of my knowledge.
4. We will schedule our consultation appointments as schedules permit. Suggested frequency is 1-2 hours per month (One 2 hour group consultation sessions or 1-2 individual sessions).
5. I will make efforts to provide a safe and supportive learning environment. Any concerns about this, when shared with me, will be addressed with you in private.

What is expected of Consultee

1. You are expected to come prepared to present case material, complete with notes on that case. DO NOT include any information that will identify the case you are presenting on materials you share with me.
2. You are expected to present the 8 phases and the purpose and interventions associated with each phase.
3. You are expected to practice within the ethical guidelines of both your license and professional associations. EMDRIA states that if there is no professional association, then the APA's code of ethics will be the standard for all EMDRIA members. It is your responsibility to stay current on both the laws and ethics applicable.
4. Video of at least 1 complete resource and 1 completed target. There is a possibility this will require more than 2 videos depending on how long it takes someone to complete a target all the way through to the Body Scan. These videos will be required by the Consultant by the 3rd consultation group (5th hour of mixed individual/group time). This is to ensure that you are following the protocols provided to you in training and that you are properly utilizing EMDR therapy. *These videos will help me to catch any issues early on, get things corrected, and get you moving in a positive and productive direction if I see any issues early so that I can avoid being unable to write a proper recommendation letter for you to become certified.* Make sure you have obtained adequate permission for getting video from your "client".
5. You will present 2 protocols outside of the Standard Protocol and will sign up to present the similarities and differences to the group so everyone can learn about new protocols as well as begin looking at them in comparison to Standard Protocol.
6. You are expected to present a minimum of (2) Case Conceptualization forms per month. These forms will be required for each unique client you present. You must email the completed forms to Connerconsultation@gmail.com by the end of the consultation session that the Client was presented. ***This is an EMDRIA requirement and there will be no accommodation to this expectation.***
7. You will be evaluated at each consultation session. Criteria for this evaluation can be found under Certification Consultee Evaluation form (addendum)

EMDR Certification

- Examples of your clinical work are essential to the consultation process. You will need to come prepared with audio and video recordings of your client sessions. You will need to obtain the necessary releases from clients. The video must include your words and interventions. Cisco Webex or Zoom will allow you to record if you want to record your video via those platform.
- You will need to demonstrate proficiency and fidelity to the standard EMDR therapy and also an awareness of situations in which modifications to standard EMDR therapy are necessary in order to safely and effectively treat the client. This may include reading and training outside of consultation.
- Case Conceptualization forms are another example of your clinical work. (See above)

Consultation vs Supervision

Consultation is not supervision. Consultation focuses on mastery of standard EMDR therapy and integrating EMDR into your practice. You are responsible for the therapeutic relationship with your clients and competency in the modalities you offer. *As a consultant, I do not hold liability for how you practice.* If you are seeking consultation toward EMDRIA Certification, I will be evaluating your proficiency and fidelity to the standard EMDR therapy and your awareness of situations in which modifications to standard EMDR therapy are necessary in order to safely and effectively treat the client. Consultation does not substitute for foundational psychotherapy skills. Should concerns in this area become evident, it may be required that these concerns be remedied prior to writing a recommendation for Certification. Either of us are free to discontinue this contract at any time.

Consultee Information

Full Name:

Degree:

License state, type, and number:

Preferred mailing address:

Work Phone: _____ Cell Phone: _____

Email:

Please provide the dates of your EMDR basic training and trainer's name:

Consultee will provide certificate of completion

Name of work setting:

Address of work setting:

Estimate number of clients you see a week: _____

Based on the level of consultation you are seeking, please be prepared to provide the following:

EMDRIA Certification

_____ Signed agreement (*email prior to initial meeting*)

_____ Informed consent process including EMDR therapy utilized at your place of practice (will discuss at initial meeting)

_____ Case presentation material for discussion (bring to each consultation)

Fees

The fee for individual/group consultation has been discussed with you in advance and is to be paid at a rate of \$75.00 per 1 hour consultation session regardless of being an individual or group session. *Payment is expected at time of service.* Credit cards will be invoiced via GoDaddy. You may pay via my website at Connerconsultation.com and select "Individual Services" and then "Certification Level EMDR Consultation". You will select the quantity and check out. Please let me know if you have any issues with purchasing or would like to request an invoice for your order.

Consultation by Multiple Consultants

You must complete a minimum of (10) consultation hours with me to receive an recommendation letter for EMDRIA Certification standards. You may choose to receive consultation hours from both myself and another EMDRIA Consultant to complete your Certification standards, but you will be required to complete all of the above named standards to receive any recommendation for Certification from me, even if you only complete the (10) hours. If you complete less than (10) hours with me, I will only write a letter documenting your hours completed with me. If you do not meet the above expectations, I will write a letter noting the deficits and documenting hours only.

Observation by Consultant in Training (CIT)

Please be advised that during individual or group sessions, there may be occasions when a consultant-in-training (CIT) will be present to observe the proceedings. This observation is intended to enhance the training and development of the Consultant-in-training (CIT) and will be conducted in a manner that respects the confidentiality and integrity of the session.

I have read and understand and agree to the above conditions and expectations.

Consultee Name Print

Signature

Date

Maranda D. Conner LPC, LPC-MHSP

Consultant Name Print

Signature

Date