

Example Certification Consultee Evaluation Form

This evaluation form is provided to Approved Consultants and Consultants in Training to support their evaluation of consultees working towards Certification. EMDRIA recommends that Consultants utilize this measure (or an equivalent tool) to assess a consultee's knowledge and skills in providing EMDR therapy and to identify areas to strengthen prior to recommending for the Certification credential.

No minimum/passing score is indicated due to the subjective nature of such an evaluation; however, the items below reflect content essential to the Certification process. Thus, if a consultee has not demonstrated the skill or practice described in each item, the consultant has reason to require that it be adequately demonstrated (in a manner determined by the Approved Consultant) prior to recommending for Certification.

Does the consultee gather an appropriate client history?

(Never) 1 2 3 4 5 (Always)

Is the consultee sensitive to different client populations?

(Never) 1 2 3 4 5 (Always)

Does the consultee utilize available resources for client support? (e.g. medical, family, social, community, religious, etc.)

(Never) 1 2 3 4 5 (Always)

Does the consultee adequately assess the client for appropriateness for EMDR therapy?

(Never) 1 2 3 4 5 (Always)

Does the consultee adequately screen the client for dissociation? (e.g. DES, MID, etc.)

(Never) 1 2 3 4 5 (Always)

Does the consultee adequately explain the EMDR therapy process to the client?

(Never) 1 2 3 4 5 (Always)

Does the consultee adequately prepare the client for EMDR therapy?

(Never) 1 2 3 4 5 (Always)

Does the consultee understand the mechanics of EMDR? (e.g. seating, distance, stop signal, etc.)

(Never) 1 2 3 4 5 (Always)

Does the consultee utilize the 'safe place' effectively?

(Never) 1 2 3 4 5 (Always)

Does the consultee utilize RDI effectively when needed?

(Never) 1 2 3 4 5 (Always)

Does the consultee 'stay out of the way' while processing with the client?

(Never) 1 2 3 4 5 (Always)

Does the consultee deal effectively with the 'looping' and 'stuck processing'? (e.g. change direction, speed or amount of eye movements; change modalities; cognitive interweave)

(Never) 1 2 3 4 5 (Always)

Does the consultee provide appropriate closure for incomplete sessions?

(Never) 1 2 3 4 5 (Always)

Does the consultee utilize standard EMDR therapy in a comprehensive treatment plan for clients?

(Never) 1 2 3 4 5 (Always)

Does the consultee demonstrate proficiency and fidelity in applying standard EMDR therapy?

(Never) 1 2 3 4 5 (Always)

Does the consultee demonstrate an understanding of when to use standard EMDR therapy versus when modifications are necessary in order to safely and effectively treat the client?

(Never) 1 2 3 4 5 (Always)

Does the consultee prepare adequate written case presentation material or recordings of their use of EMDR therapy with clients for consultation purposes?

(Never) 1 2 3 4 5 (Always)

Strengths & Weaknesses: _____

