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NEIGHBORS

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JUNE 2020



**EAST MEETS WEST IN THE KITCHEN...
PEARL SOYSON AND ROB RIEGLER**

Cover photo by Dan Patchin

 Best Version Media

Welcome NEIGHBORS



I feel so blessed to live in such a beautiful part of Ohio. Even though we are all stuck at home much more than we would like to be, we have so many gorgeous parks and natural areas to visit and enjoy. Our Metropark system is such a wonderful asset to the area. With the warm weather, it is also so nice to be out in our neighborhoods enjoying the trees and flowers and being able to greet our neighbors from afar. To all of the fathers in our neighborhoods, have a wonderful Fathers' Day!

Until next month,

Amy Sonia Richards
Content Coordinator
arichards@bestversionmedia.com

Local Publishing Team



Christi Z. George
Publisher
cgeorge@bestversionmedia.com



Amy Sonia Richards
Content Coordinator
arichards@bestversionmedia.com



Dan Patchin
Contributing Photographer



Christine Weiss
Contributing Writer

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Daniel Patchin - Owner/Photographer
djpatchin@yahoo.com - (440) 321-9284

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PUBLICATION TEAM

Publisher: Christi Z. George
Content Coordinator: Amy Sonia Richards
Designer: Glenn Chandler
Contributing Photographer: Dan Patchin
Contributing Writer: Christine Weiss

ADVERTISING CONTACT

Email: cgeorge@bestversionmedia.com
 Mobile: 216-526-2726
 Office: 440-543-7983

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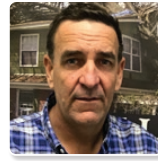
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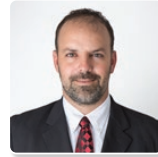
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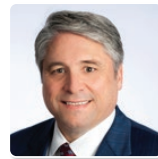
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fallsland@aol.com


REALTOR

Michael Henry
Henry Real Estate Group, EXP Realty
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michaelhenry@hgagents.com


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Ahuja Medical Center
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EAST MEETS WEST IN THE KITCHEN... PEARL SOYSON AND ROB RIEGLE

By Amy Sonia Richards, Content Coordinator | Photos by Dan Patchin

Pearl Soyson and Robert Riegler both began their stories on farms in very different parts of the world, thousands of miles away from each other. Pearl was born and raised on a farm in Ubon Ratchathani, a part of Thailand that she describes as “very quiet country.” Although born in Santa Monica, Robert was raised on the family farm between Utica and Johnstown, Ohio, from the age of two.

It is this common upbringing, surrounded by nature, fresh food, family, and hard work, that molded Pearl and Robert into passionate individuals that know the importance of family and also the blood, sweat, and tears that go into owning a restaurant—or in their case, two restaurants and a bakery.

Pearl learned the importance of good food early on. Her mother, the minister of agriculture for the Ubon region in Thailand, always taught healthy eating and cooking. Her father, a well-known organic farmer, stressed the link between health and good food. Her family owns a farm to table restaurant on their farm in Thailand. “When I was young, I watched my mother cook. She

taught me. Now, I love to cook,” Pearl explains.

But Pearl did not begin in the restaurant business. She actually owned three bridal studios in Thailand. Rob says, “She was known as the Vera Wang of Thailand, creating

beautiful wedding dresses from scratch.” Pearl explains how she began to design one-of-a-kind dresses. “I used to watch Disney movies when I was young and tried to make the beautiful dresses that the princesses wore.” Although her main focus is now on their restaurants and bakery, Pearl still creates magnificent wedding dresses and christening gowns on commission for special customers, many of whom reach out to her from Thailand, and through her Etsy site, Couture Amore.

It was her skill at creating wedding dresses that brought her to the United States in 2014. A friend of hers was attending CSU and had gotten engaged. She talked Pearl into coming to Cleveland to create a wedding gown for her. While here, Pearl fell in love with Cleveland. “I saw how beautiful Cleveland was in the summer, so I decided to stay. I thought about what type of business to open, and I



The kitchen brigade takes a break

decided on a restaurant," she reminisces. She also fell in love with Robert, whom she met at Doogan's of Aurora. They married in December 2015 in the US and then had a reception in Thailand followed by a cruise on the Mekong River between Thailand and Cambodia.

Although self-described as "an Ohio country boy," Robert too had led an exciting life. "Like most kids on a farm, I loved anything with a motor, engineering, fixing things, hunting, and fishing." After graduating from Licking Heights High School, Rob joined the Navy. "I joined the Navy to be anywhere other than the farm—just to go do something different. I wanted to go see the world," he says.

After ten years in the Navy, he went to the University of Maryland's extension campus in Japan where he majored in government and politics. After graduating, he went to work for Chevy Chase Bank in Washington, D.C., while attending law school at Catholic University. Then 911 redirected his path. "I was a reserve intelligence specialist when 911 happened, so I got mobilized to go to Afghanistan and Iraq."

"I was counter intelligence/human intelligence supporting the joint task forces trying to get high-level targets. It wasn't a picnic," he recalls.

In 2005, after completing various tours of duty, he finished law school and went to work for Booz Allen Hamilton, a consulting firm out of Washington. "From there I got picked up by the US Department of Homeland Security and developed their domestic intelligence enterprise for purposes of counterterrorism. I was fortunate enough to work with our most elite warriors. I gave them the intelligence they needed to get high-value targets," he explains.

His most exciting work came later. "My most interesting work was when I took over the front end of Blackwater, a private high-risk security company operating worldwide. Condoleezza Rice and John Kerry were both under our security. We had seven operating bases in Afghanistan and did security for the Iraqi embassy. I have probably been to 50 countries in Africa," he recounts.

When Pearl and Rob had their daughter Elsa, who turns three in June, things changed. "I was escorting classified military cargo to operators in undisclosed locations, and I couldn't get life insurance, so I had to get another job. I now work for Willco Tech in Akron as chief operating officer, giving them advice on how to work with the federal government in the defense space," he says.

Rob and Pearl throw themselves into whatever they are doing, and that includes Thon Buri Thai, which opened in June, 2016. "Before we opened Thon Buri, Pearl flew home to Thailand for



Chompooh, Elsa, and Pearl treat each other to sweets

30 days to cook every item on the menu with her mom. Pearl bases her food on her mom's cooking—traditional, rural food with very fresh ingredients," says Rob.

Pearl, the mastermind and main chef of Thon Buri Thai, explains: "The most important thing about Thai cooking is the fresh ingredients."

Covid-19 has definitely hurt business at the restaurant. "As soon as the first stay-at-home order was issued, we closed for a few days. We probably lost \$5,000 in food alone. We then reopened to do carry-out," Rob explains.

Besides Thon Buri Thai, Pearl also runs their bakery, Chagrin Cake Company, on the square in Chagrin Falls. Pearl's best friend, Chompooh Wirasathit, who grew up in Bangkok, Thailand, has not only become part of the family and helps to raise Elsa, but also works alongside Pearl at Thon Buri Thai and Chagrin Cake Company.

Rob was the inspiration behind many of the recipes. "I love to eat cake," Pearl explains, "but I didn't bake a lot. Rob taught me." Growing up on a farm, Rob learned to cook and bake from his mother and grandmother. "On the farm, when it rained, we baked. We didn't buy food at the store, so I learned to cook and bake. Pearl asked me if I knew how to bake, and I reluctantly said yes."

Besides the counter business, Pearl creates custom cakes for weddings and other special occasions.

Although the bakery has been successful for the last two years, it had to close as a result of the stay-at-home order. Rob explains, "It was impossible to social distance. We will see where it goes from here, and we hope to reopen as soon as possible." In the meantime, Pearl is doing scrumptious custom cakes for clients. Rob says they are spectacular. "She could easily win Cake Boss," he says. Special cakes are her favorite thing to make. "I love to bake everything, but I love to make special cakes because I like to decorate them. I love the customers' reactions. Recently, a customer called crying because she said that the birthday cake I made for her was so beautiful. It makes me feel so good to make a customer so happy," Pearl says.

In addition to Thon Buri Thai and the Chagrin Cake Company, Pearl and Rob are opening an upscale restaurant in Aurora. Sand Pebbles is scheduled to open in Aurora on June 1st, unless Covid-19 restrictions alter those plans. Sand Pebbles will focus on Asia Pacific cuisine, food and wine from around the Pacific Rim.

Covid-19 has affected their lives, but they are keeping a positive mindset, and Pearl hopes to be cooking and baking in full swing very soon!

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Pearl Soyson, the Vera Wang of Thailand, is opening a wedding dress studio soon in Aurora



Make Your Health a Priority

Safety has always been a key element of patient care at University Hospitals. We are following COVID-19-related guidelines from the U.S. Centers for Disease Control and the Ohio Department of Health to keep our patients safe at our hospitals and physician offices. We will continue to provide excellent care in a safe environment, even though things may look and feel a little different.

You can now return to UH for services, including:

- All doctor visits
- All imaging procedures, diagnostic tests and lab work
- All outpatient surgeries, not requiring a planned overnight stay
- Treatment of pain or severe symptoms that interfere with your daily life

Our emergency rooms, urgent cares and orthopedic injury clinics continue to be open to meet your immediate health care needs.



Upcoming Health Talks

UH is bringing our health experts to you through a series of virtual health talks. The virtual seminars will include a presentation by our experts and a Q&A session. These events are free but registration is required. Visit UHhospitals.org/Health-Talks to learn more.



Schedule an appointment by visiting UHhospitals.org/Doctors or by calling 440-901-5999.

THANK YOU FOR STAYING HOME

Submitted by University Hospitals

Thank you for staying home and flattening the curve...

Now, we can take care of you at UH Ahuja.

The COVID-19 global pandemic presented an unprecedented public health crisis with quickly changing information, new rules to follow, and life disrupted in extraordinary ways. By staying safe at home and practicing social distancing, our community has helped flatten the curve tremendously, and ensured University Hospitals Ahuja Medical Center and our UH health care system overall did not become overwhelmed.

“We are so appreciative of everything our community has done to keep their family, friends, neighbors and ultimately our health care workers safe,” said Alan Papa, President of UH Ahuja Medical Center. “Now, our UH physicians, nurses and staff are ready to care for all health needs that have been postponed for the greater good. Delaying the care patients need may put them at risk. UH Ahuja continues to be a safe place for patient care, and we look forward to helping our community keep their own health and their families’ health on track.”

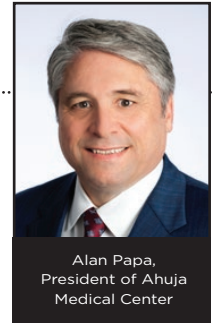
Safety has always been a key element of patient care at UH. We are following COVID-19-related guidelines from the U.S. Centers for Disease Control and the Ohio Department of Health to keep our patients safe at our hospitals and physician offices. We will continue to provide excellent care in a safe environment, even though things may look and feel a little different. You’ll see waiting room chairs spaced out, continued and frequent cleaning, as well as universal mask wearing.

Per Governor DeWine’s orders, you can now return to UH for services that don’t require an overnight hospital stay, including:

- **All doctor visits.** Our primary care providers and specialists are now seeing patients in-office in addition to virtual visits. This includes, but is not limited to, non-urgent doctor visits, well-care checks, well-baby visits, and immunizations.
- **All imaging procedures,** diagnostic tests and labs.
- **All outpatient surgeries,** not requiring a planned overnight stay.
- **Treatment of pain or severe symptoms** that interfere with your daily life.

The following services continue to be open to meet your immediate healthcare needs:

- **Emergency care.** Our emergency room at UH Ahuja, as well as our UH medical center emergency rooms across Northeast Ohio, are ready to safely care for you when a critical illness or a severe injury occurs.
- **Orthopedic injury care.** Our orthopedic injury clinics are open to treat broken bones, sprains and sports injuries and are a safe and cost-effective alternative to the emergency room.
- **Urgent care.** Our urgent care facilities remain open, and we now have specially dedicated “fever clinics” to assure separation and infection control for potential COVID-19 patients.



Alan Papa,
President of Ahuja
Medical Center

Schedule an Appointment with UH by visiting [UHhospitals.org/Doctors](https://www.uhhospitals.org/Doctors) or by calling 216-765-3852.

University Hospitals is committed to helping our patients and the Northeast Ohio community manage their health and well-being. That is why UH is bringing our health experts to you through a series of virtual health talks. The virtual seminars will include a presentation by physicians who are experts in their field, followed by a Q&A session. These events are free but registration is required. Visit [UHhospitals.org/Health-Talks](https://www.uhhospitals.org/Health-Talks) to learn more.

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By Adam Lapsevich

SOCIALLY DISTANCED HOME COOKED MEAL

Pan seared pork chops with a rosemary garlic butter demi-glace, served with homemade cabbage and noodles, and Parmesan roasted yellow squash crisps

Add a loaf of home-baked bread and glass of red Zinfandel.

Who needs to go out to dinner?!

PAN SEARED PORK CHOPS:

- Thick cut, bone in chops
- "More than Gourmet" demi-glace base (I use 1 tsp. "Classic chicken stock" melted in 1 cup of chicken broth)
- 2 garlic gloves
- Fresh rosemary
- Butter
- Fresh ground pepper
- Heat cast iron skillet with a touch of olive oil in it
- Pat chops dry with paper towel
- Sprinkle with garlic powder and fresh pepper
- Add chops to hot pan
- Sear to crispy on one side, then flip and do other side
- Add pat of butter and 2 garlic gloves, chopped
- Add chicken broth with 1 tsp More than Gourmet demi-glace stirred into it
- Add fresh chopped rosemary and more butter
- Drizzle sauce on top of chops as they cook



CABBAGE AND NOODLES:

- 1 head of cabbage, sliced
- Canola oil
- Egg noodles
- 1/4 c sugar
- Salt and pepper
- Heat oil in large wok or big pan.
- Add sliced cabbage and toss
- Add salt, pepper, and sugar and toss
- Boil egg noodles until done
- Drain noodles and add to cabbage

YELLOW SQUASH PARMESAN CRISPS:

- 2 yellow squash
- Parmesan cheese
- Salt and pepper
- Garlic powder
- Olive oil spritz (I use lemon olive oil in a spritzer)
- Preheat oven to 425° F
- Slice squash 1/4" thick (the thinner the better)
- Place on cookie sheet with parchment paper
- Sprinkle with garlic powder and pepper
- Sprinkle with Parmesan cheese
- Bake for 10-15 minutes
- Halfway through, spritz with lemon olive oil (or just plain EVOO)
- Get them crispy!
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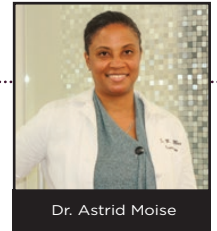
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FROM THE DOCTOR'S POINT OF VIEW

By Dr. Astrid Moise, Owner of Solon Vein Clinic



Dr. Astrid Moise

Covid-19 caused the retreat of nearly all of us inside to the confines of our own home. This has led to many inventive ways to continue the activities of daily life at home or virtually. Enter telemedicine. While telemedicine has some limitations, it has been particularly helpful for patients managing chronic diseases or obtaining urgent visits while staying out of the emergency room. Since we are all navigating uncharted territory, here are some tips to help you get the most out of your telehealth visit.

Test the webcam and computer audio if using a computer or tablet. If you have advanced knowledge of the platform that is being used, make sure you do not need to download any software on your computer. Ask your doctor or office staff if you are going to get a call, email, or text link to join the visit. If you are using a phone, you can disable text messages so you are not interrupted by a group chat discussing the news of the day.

No matter what you do, sometimes the lighting is not optimal at the time of your visit or the screen resolution is sub-optimal. If you have taken advanced pictures of any areas of concern, ask if there is some mechanism by which you can send it to the provider prior to the visit. This way decisions can be made quicker, and the need for follow-up visits can often be eliminated.

Choose your location wisely. Make sure the room

is well lit and quiet. Let family members know you are unavailable and need quiet. This is not the time for your significant other to vacuum the living room or stroll through the bedroom topless. Make sure there is room to navigate as well without disrupting the video set up. Your provider may ask you to perform certain maneuvers or reveal parts of your body for a physical examination. If you can set up your device on a table, this frees your hands to remove clothing as needed

Wear comfortable, loose clothing to assist in a physical examination. For a skin examination by a dermatologist, a robe might be best. Consider wearing a t-shirt and shorts for other visits. Avoid bulky sweaters or tight leggings.

Ask your provider if you will be given an after-visit summary of the visit. Many providers are also working out of the office and may not be able to send these to you readily. Be prepared to take notes on follow-up instructions and repeat them to the provider to make sure you are clear.

Telehealth has ramped up fairly quickly and has been incorporated into normal health care practice. Despite the limitations, there is good reason to believe that it will remain part of our health care delivery system. These tips can help to make sure you get the best care possible.



Tyler Bonar

Financial Advisor

216-363-6505 • tyler.bonar@ml.com

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PREP LIST FOR YOUR SUMMER ONE-TANK TRIPS

By Cheryl Cameron, Highway Garage

It's June, and the kids need a road trip, or you just need to get away! Before you head off, be sure your family vehicle is in tip-top shape. Here are few tips to help guarantee a smooth and safe trip:

- **Take care of any issues that may have occurred or been ignored during winter.** Whether it's a dashboard light or a strange noise, be sure to address it. You know your car best, and if it doesn't sound right it's best to have it checked out.
- **Make sure your battery is prepared for high temperatures.** If a battery is more than three years old, it's a good idea to have it tested by a trained technician.
- **Keep your engine cool.** Cooling systems protect engines from overheating and should be flushed periodically, as recommended by the vehicle manufacturer. Between flushes, make sure the coolant is filled to the proper level by checking the overflow reservoir.
- **Keep your tires properly inflated.** Driving on under-inflated tires can cause tires to overheat and increase the likelihood of a blowout, especially when road temperatures are extremely high. "Old School Tip" - Keep a manual tire pressure gauge in the car.
- **Be sure your windshield wipers are prepared for rainy weather.**

- **Maintain a comfortable driving environment.** If a car's air conditioning is not maintaining the interior temperature as well as it once did, it may mean the refrigerant level is low or there is another problem. Have the system checked by a certified technician. In addition, if your car has a cabin filter, it should be inspected and replaced as needed to ensure maximum airflow and cooling during the summer months.



Cheryl Cameron

- **Be prepared for the unexpected breakdown.** Have a well-stocked emergency kit in your car. The kit should include water, non-perishable food items, jumper cables, a flashlight with extra batteries, and a first aid kit. Do you have roadside assistance as part of your auto insurance coverage? If not, you might want to research this.

Many maintenance tasks needed to prepare your car for summer are simple tasks, but some are best left to a trained technician. Wherever you choose to take your vehicle, be sure your shop includes a multi-point inspection checklist that will address the above items. If they don't, be sure to give us a call at 440-708-0600!

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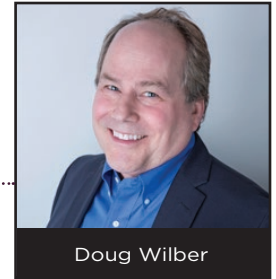
by Doug Wilber, Owner of Cherished Companions

Many caregivers don't recognize the signs of stress until it has already begun to impact their health. Adult children caring for a parent tend to focus so intently on the needs of their mom or dad that they neglect to care for themselves. It's not unusual to experience stress-related problems like headaches, overwhelming fatigue, or a compromised immune system.

If you feel overwhelmed by your caregiving responsibilities, take a moment to do a self-check and see whether you are experiencing any of these warning signs of caregiver stress:

- Extreme fatigue
- Trouble sleeping
- Headaches or stomach aches
- Irritability or mood swings
- Unusual sadness
- Changes in eating habits or weight
- Anxiety

- Difficulty concentrating
- Social withdrawal
- Overuse of alcohol or prescription medication
- Recurrent colds, flu, or stomach illnesses



Doug Wilber



Ignoring these warning signs can result in even more serious health concerns, including depression and increased risk of heart disease.



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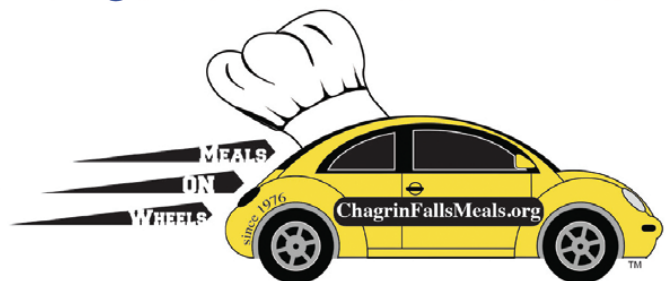
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To apply for meal service or to be a kitchen volunteer call Sue Mansour at 440-668-9399 or Meals on Wheels Kitchen at 440-543-1405.



Mike Henry

ADDING VALUE TO YOUR HOME

By Mike Henry, Lead REALTOR® and President, HG Agents - EXP Realty

CONSIDERING AN UPDATE OR UPGRADE BEFORE SELLING?

It's no surprise that in Northeast Ohio garages are important! According to the National Association of Home Builders, 56% of new homes being built have a two-car garage and 33% are built with a three-plus-car garage in our region. Patios are on the radar for buyers as well, with 59.4% of new homes being built with a patio upgrade. So if you are thinking of making some changes this year, a garage or patio expansion/upgrade are two projects to consider to add value!

For more information about the luxury market, contact Michael Henry with HG Agents at EXP Realty 216-973-1402 or email michaelhenry@hgagents.com.



THIS MONTH WE Celebrate You, HOMEOWNERS #NationalHomeOwnershipMonth



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2020 MIND CHALLENGE ANNOUNCES UPDATE

by Score Communications, Cleveland, Ohio

The Mind Challenge for the New Majority, a trivia competition for active seniors, now in its second year, announces new dates for its final rounds to be conducted in a virtual environment.

What began in January with 75 teams and over 500 participants representing 34 cities (up from 16 in 2019), has been narrowed to 300 players for the selection of the top 4 teams who will now compete for the 2020 Mind Challenge Championship.

The Mind Challenge organizers have chosen to conduct the tournament on FACEBOOK LIVE on the following dates:

Semi-Final Regional Play:

- Southwest-Strongsville - 10:00 AM June 16
- West-Rocky River - 1:00 PM June 16
- East-Mentor - 10:00 AM June 17
- Southeast-Solon - 1:00 PM June 17

ONE Team from each regional will advance to the Finals

- Finals to be played on June 23, 2020 beginning at 10:00 AM
- 1st Prize : \$2,500.00 to the Mind Challenge Championship Team's Senior Center
- 2nd Prize : \$1,500.00 to the runner up team's Senior Center
- 3rd Prize : \$1,000.00 to the third place team's Senior Center
- 4th Prize : \$500.00 to the fourth place team's Senior Center



The 2020 Mind Challenge for the New Majority is presented with the support of the following sponsors: U.S. Bank, Cleveland Clinic Successful Aging Program, Bath Fitter, Drug Mart, Hastings Professional Medical Equipment and Services, A.A.R.P., Jack Thistledown Racino, Ohio State Waterproofing, Clear Captions LLC., Avenue Care and Rehabilitation Center, Western Reserve Area Agency on Aging, Window Nation, Medical Mutual, TLC Insurance & Wealth Group, Hanson Services, Inc., Encore Staffing Network, Montefiore/The Weils, The Kaz Company, Eternity Monuments, Benjamin Rose Institute on Aging, ESOP Financial Wellness, Menorah Park, A&B Roofing, Greater Cleveland Aquarium, Gino's Awards, Babes of 1916-All Ohio Northeast Ohio Boomer Magazine, Senior Living Guide, Stan Hywet Hall and Gardens, The Cuyahoga Valley Railroad, and BW3 of Strongsville, Medina and Warrensville Heights.

For more information about the 2020 Mind Challenge for the New Majority, please visit our website at www.themindchallenge.com.

ART GREENBERG

440-478-6190 | poppaart3@gmail.com

PHIL LEVINE

216-509-0461 | pglevine13@gmail.com

Also may contact:

SCORE COMMUNICATIONS, CLEVELAND, OHIO



Shari Hunter

NEWS AT THE TWO

By Shari Hunter, owner, Two Café and Boutique

Many new initiatives have been added at TWO CAFÉ to make it an even more delightful restaurant to visit even during this challenging time. Check their hours, their rules of engagement, and all the new options owner Shari Hunter is offering.

- DELIVERY
- CURBSIDE PICK UP WITH ONLINE ORDERING
- CATERING WITH DELIVERY WITHIN THE CHAGRIN VALLEY
- VIRTUAL SHOPPING IN THE BOUTIQUE OR CALL AND CURBSIDE PICK UP
- INCREASING OUTSIDE DINING FOR SUMMER
- INCREASED GRAB AND GO OPTIONS

HOPE. EMPOWER. SUCCEED

A café and boutique with a greater purpose

NONPROFIT

WHEN THE GOING GETS ROUGH, THE TOUGH LEND A HAND

By Christine Weiss

★ Family and loved ones noticed Fred Shaffer of Reliable Contracting Inc. did not hesitate to donate all of the respirators he typically uses for painting to Menorah Park when he heard they were in short supply.

★ Jane and Jack Zilly, your efforts at gathering food and supplies to benefit Chagrin Falls Park Community Center have not gone unnoticed. Thank you for making the call out to the community for donations and for opening up the back of your SUV to collect.

★ John Fenner gets up every day and heads to the ER as a physician's assistant at St. Vincent Charity Hospital or Hillcrest Hospital. It has always been a heroic job, but now more than ever, and wife Tiffany and kids Mason (14), Carson (8), Sawyer (7), and Parker (4) want to let him know how proud they are of him. We are too.

★ Autumn Case, a 2019 Kenston graduate, is a member of the Army National Guard and a Combat Medical Specialist. Autumn's unit is based out of Akron and was called in to assist at Elkton Federal Prison by the request of the Governor. Autumn will spend 3-4 weeks away helping during this crisis. Mom, Chris Case, wants to give a shout out to her daughter, as do we.

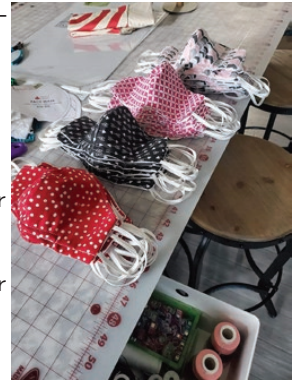


★ Many small business owners are answering the call to help the community. One business in particular has really pitched in to help. Hungry Bee is donating all food leftover at the

end of the day to anyone in need by putting it in a blue cooler by their door. And if that was not enough, Hungry

Bee also opened up their refrigerator to those that lost power in recent storms and are arranging for groceries to get to those in need.

★ Everyone has heard about the shortage of face masks and other PPE for healthcare and other frontline workers. A local sewing club that traditionally completed projects to benefit hospitals, foster children, and nursing facilities quickly organized to provide over 100,000 cloth face masks for non-medical use at University Hospitals and other local care facilities. Kristina Alaei, a project manager by trade, organized a cadre of over 700 local women who are washers, ironers, cutters, sewists, runners, and communicators to get masks to frontline workers. Kristina would like to thank everyone who has pitched in, especially Hedy Laverdiere, Beth Darrah, Mary Beth Laskey, and Jamie Petree for their heavy lifting. If anyone is in need of face masks, the group can be found on Facebook at Face Mask Makers Ohio. Requests for masks can be made there.



★ Repurposing Little Libraries as Little Food Pantries has become a trend. Lake Lucerne, for one, has one stocked for anyone in their community who may need a little extra to make ends meet.



COMMUNITY RESOURCES TO HELP RESIDENTS WEATHER THE DOWNTURN

By Christine Weiss

If you need need assistance, the following community organizations are poised to meet your needs:

For those unable to get to the stores, the following churches have organized services to help:

Federated Church at 76 Bell St., Chagrin Falls, 44022. Phone 440-247-6490 X103 or www.fedchurch.org

Fellowship Bible Church at 16391 Chillicothe Rd., Chagrin Falls, 44023. Phone 440-543-5643 or www.Fellowshipcleveland.com

Holy Angels Church at 18205 Chillicothe Rd., Chagrin Falls, 44023. Phone 440-708-0000 X202 or www.Holyangelschurch.com

If you are in need of food assistance, please contact the following:

Bainbridge Food for Friends at 17826 Chillicothe Rd., Chagrin Falls, 44023. Phone 440-708-9829

Chagrin Falls Park Foodbank at 7060 Woodland Ave., Chagrin Falls, 44023. Phone 440-247-6030

Financial assistance can be found by contacting the following:

United Way of Chardon at 209 Center St. #H, Chardon, 44024. Phone 440-285-2661 or www.uwsgc.org

Job and Family Services of Geauga County at 12480 Ravenwood Dr., Chardon, 44024. Phone 440-285-9141 or www.geaugajfs.org

CHAGRIN FALLS FIRST RESPONDERS PROVIDE SUPPORT TO AREA

By Christine Weiss

The Chagrin Falls Police Department ran a food collection to benefit the Cleveland Food Bank the week of May 11th as a part of the Food Fight Challenge. The challenge pitted the local police departments of Orange and Chagrin Falls against each other to raise the most food donations from their communities and benefitted the Greater Cleveland Food Bank. The Chagrin Falls department would like to thank the community for participating, including a generous donation from Nelson Landscaping.

Chagrin Valley firefighters are on standby to help local businesses remain open safely. Department support is available to all area business owners to provide guidance on meeting state guidelines and keeping the community safe. The department serves the entire community from one room offices to schools and nursing homes. Fire Prevention Bureau can be reached at 440-247-1671 or email jim@chagrin-falls.org for guidance and signage.

VETERANS TAKE CARE OF US AND NEIGHBORS TAKE CARE OF VETERANS

By Christi Z. George, Publisher

About a year ago, Carrie Heppner, owner of The Neighborhood Office, read on the Nextdoor social media vehicle that the Geauga County Veterans' Food Pantry was bare. "That was too much for me to hear," remembers Carrie tearing up. "I had to do something about it immediately!" Within minutes, she was on the phone with the Geauga County Veterans' Food Pantry Director, Lynn Algeri, gathering information and building a food drive. The initial collection point was, of course, Carrie's place - The Neighborhood Office - and various special drives have been held, but donations are always accepted.



This year with the onset of COVID-19, Carrie called her friend Lynn and asked what they could do to help during this stressful time. Lynn said, "COOKIES!" Carrie picked up that gauntlet and presented the issue at the next Chagrin Valley Rotary meeting. Member Mike Henry of HG Agents related during the meeting that all the Girl Scout troops in the area were in trouble because they had invested in cookies to sell for the Girl Scouts but were being disallowed to sell them because of COVID-19 restrictions.

The Chagrin Valley Rotary Club and The Neighborhood Office bought 200 boxes of Girl Scout cookies from seven Girl Scout troops from Chagrin and Kenston, relieving them of their sales obligations, and donated them to the Geauga County Veterans' Food Pantry. Everyone was happy and had dessert!

Over Memorial Day weekend a drive for the Geauga County Veterans' Food Pantry was held with the collection point at The Neighborhood Office. Mainstay foods included cans of soup, jam and peanut butter, baked beans, and paper goods. Remember there is always a bin at The Neighborhood Office.

Thanks to the Chagrin Valley Rotary Club and The Neighborhood Office for being there for the veterans who have always been there for us.



BAINBRIDGE SUPPORTS FIRST RESPONDERS

By Christine Weiss

Keeping true to our community, many local restaurants and businesses have been supporting the Bainbridge first responders during this difficult time. Businesses have risen to the occasion providing food and personal protective equipment in this time of scarcity. Those feeding the firefighters' hunger include Hungry Bee, Cibo's, and an anonymous Easter Sunday chef. Also, Home Depot and Mary Jane Kelly made face mask donations to the department, and B'laster Corporation donated hand sanitizer to ensure everyone is properly protected during emergency response. The Fire Department has reached back out in many ways to engage the community including birthday parades!

A number of residents have also been reaching out to the Bainbridge Police Department dropping off supplies including hand sanitizers, masks and food. Their list is long, too, but includes a very special local Brownie Troop.

Both departments are very appreciative of all the support they have received and enjoy the letters and pictures residents and clubs are sending giving well deserved kudos to the men and women that serve our community in time of need.

CHAGRIN FALLS POLICE INTRODUCE NEW CANINE UNIT

By Christine Weiss



Prince Max with Officer Nyce

The Chagrin Falls Police Department introduced their newest officer, K9 Prince Max. K9 Prince Max is a certified Narcotics Detection and Patrol Service Canine that was raised in Holland and trained in western Pennsylvania. Training with him was Chagrin Falls Officer Nyce who is the dog's handler. Nyce and his family will also welcome the 1 1/2 year old Prince Max into their home.

Chagrin Pet, Garden and Power Equipment has donated food for Prince Max. Additionally, Linda and Jon Karns donated a Buddy

Bag through K9 Defender Fund, Inc. Their donation provided Prince Max with a fully-loaded first aid kit which will help protect him while in the field.

CHAGRIN FALLS HIGH SCHOOL ARTISTS RECOGNIZED NATIONALLY FOR THEIR MASTERPIECES

Courtesy of Chagrin Falls Schools

The Ohio Governor's Youth Art Exhibition, now in its fiftieth year, is dedicated to the educational and artistic advancement of our talented young people in the state of Ohio. Chagrin Falls Schools recognizes Maya Rooney, 9th grade, and Katherine Baker, 12th grade, for having artwork selected for this exhibition.

The exhibition is open to all of Ohio's 1,112 high schools, both public and private, chartered by the State of Ohio Department of Education. Its purpose is to provide all budding young artists of the state with opportunities to advance their talent, whether that be through scholarships or simply experiencing the process of entering their work in a competition. The exhibition is a valuable incentive for our young people; it encourages an appreciation for the arts throughout Ohio and reflects the fine quality of art instruction and talent which exist in our state. (Due to Covid-19 there will not be an awards ceremony or State Exhibition in 2020.)

Chagrin Falls Schools also congratulates the following students for receiving top honors of National Medalists in the 2020 Scholastic Art & Writing Awards:

- National Silver Medalist: Sophia Avery, 10th Grade
- National Silver Medalist: Jade Krayne, 11th Grade

The 2,900 works of art and writing receiving national medals were selected from more than 18,000 works awarded regionally with Gold Keys. This year, nearly 320,000 works were submitted by students from every state in the nation for adjudication. Students had the opportunity to submit to any of 29 categories including short story, fashion design, photography, memoir, printmaking, poetry, and novel writing.

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