Empowerment EFT Certification MAC Program

Upon completion of EFT Level 1 & 2 students are invited to participate in Lori Lamont's MAC Mentee for Accredidation and Certification Program.

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EFTi requirements for Accredited Certified Practitioner Status:

Practitioner Certification After completing an EFT International Level 2 course, students have the option of pursuing certification. In addition to completion of the Levels 1 and 2 training courses, there is an extensive mentoring and assessment process required for practitioner certification, which includes significant practice and case studies. To become an EFT International Accredited Certified EFT Practitioner, candidates for EFT certification must successfully complete the following requirements:

- ✓ Pass the online multiple-choice Practitioner Exam via the EFT International website. A Practitioner-Candidate (or "Candidate") must be an EFT International member to access the exam and generally joins as an EFT Student member at this time.
- ✓ Receive 6 hours supervision/mentoring (either 1-to-1 or in a group of 8 or less) with any EFT International Master Trainer (in the role of Mentor). Mentoring can be conducted in person, over the phone, via Skype, or via webinar.
- ✓ Submit to Trainer / Mentor a minimum of 4 case studies: 3 Client Case Studies (on separate individuals) and 1 Personal Case Study. Case studies must demonstrate competent, professional, and individualized* application of foundational EFT skills acquired during EFT Levels 1 and 2 training and post-training practice and experience. *See EFT International Glossary of Terms and the EFT International EFT Case Study Guidance Manual for further details.

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- ✓ Provide an in-person OR audio OR video demonstration of an EFT session, and discuss this session with Trainer (in the role of Mentor). This demonstration (and discussion) will count as one Client Case Study.
- ✓ Complete a minimum of 50 EFT sessions (or "practice hours") working with at least 20 different individuals. Each EFT session must be a minimum of 45-minutes in length.
- ✓ Complete any additional, discretionary requirements as outlined by the EFT International Master Trainer / Mentor during the certification process. Mentors may require additional client sessions / practice hours, 1-to-1 mentoring meetings or case studies as needed to complete their assessment.

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Empowerment EFT's Additional Requirements:

Lori's additional requirements for each mentee in the MAC program.

- ✓ Meet with Lori prior to registration to ensure this is the correct next step for you
- ✓ Tap with peers ONLY for the first 5-15 sessions (based on skill level, determined by Lori)
- ✓ Record the first 5 sessions with peers
- ✓ Submit an additional video in the first 5 sessions as a "first draft" with the purpose of:
    - Setting a baseline of your strengths and weaknesses
    - Based on the video, we can set up some clear goals for you as a practitioner.
- ✓ Attend a minimum of 6 group mentoring calls
- ✓ Complete session notes in the provided document frequently (more than 3 months without session notes will be a disqualification from the MAC program)
- ✓ Demonstrate in the session notes that you understand how and when to the techniques that you learned in the training (once you adequately provide evidence of competency, you will be allowed to reduce session note info)
- ✓ Receive a minimum of 3 sessions from an EFTi certified practitioner on the list of Empowerment EFT approved practitioners or a certified practitioner of your choice through EFT International.
    - All practitioners on Lori's list will honor the rate of $85-100 per session.
    - All practitioners on Lori's list will also honor the two main functions of these sessions
        - Modeling good session practice
        - Supporting you in what you need as a client

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Mentee for Accreditation & Certification (MAC) Program:

This program is ideal for people who have completed the Level 1 & 2 training, want to hone their skills and are ready to begin the certification process. You must first be cleared by Lori to register for this program.

Program Includes:

- ✓ Monthly Group Mentoring 1 Hour Live Calls
  - Mentees must participate in at least 6 live calls
  - Calls are mentee led:
    - Reviewing sessions
    - Reviewing techniques
    - Supporting mentees in wide variety of ways
  - Calls scheduled to accommodate the majority of the group
- ✓ Membership to Private Group on Circle
  - MAC Library (many demos, resources and documents)
  - MAC Discussion Board
  - MAC Peers (Access to Empowerment EFT Community for Swaps)
- ✓ 4 Individual Mentee Calls with Lori Lamont
  - 1 90-minute individual mentoring call to review first video
    - This video is to get a baseline of your EFT practitioner skills
    - The mentee call is to create goals for mastery and to fine tune strengths
  - 3 hour long individual mentoring calls to review written case studies
  - 1 90-minute individual mentoring call to review second video
    - This video is used as a "final exam" of sorts to show where you are now as a practitioner.
- ✓ Feedback on the session notes for the 50 sessions submitted
  - Mentees are required to complete a short form for each session until they meet certain criteria of competency
- ✓ Access to skilled Accredited Certified Practitioners at a discounted price
  - Minimum of 3 Sessions required with a certified practitioner
- ✓ Unlimited free repeats of Empowerment EFT Level 1 & 2 Trainings for 12 months (must have completed the training through Empowerment EFT previously)

Post Certification Benefits:

- ✓ Practitioner Highlights

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- Lori's Newsletter
- Lori's Social Media; Business FB, Personal FB, IG & Circle
- Listing on Lori's website under "find a practitioner"
- Availability to provide MAC with discounted sessions

Once the Candidate has completed all of the requirements and the Trainer is assured of the candidate's competency*, the new EFT practitioner can upgrade their EFT International Membership from Student Member to "Accredited Certified EFT Practitioner".

*Lori Lamont reserves the right to require additional evidence from the mentee of their skills and competency which may require additional mentoring and/or expenses.
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Timing Requirements:

EFTi Requirements

- 1 year from the EFT 1&2 training to complete your certification
- Student membership is good for one calendar year. If you go beyond the one year, you must renew as a student before upgrading to a practitioner (not prorated)

Empowerment EFT Timing Requirements

- Certification must be completed within 18 months of registration to MAC.
  - If additional time is required there will be additional monthly fees
  - If a mentee needs to pause their MAC membership, they still need to be in touch with Lori at least within 3 months and both parties must be clear on timing of return
- Participants are welcome to retake EFT 1&2 as many times as they like within the 18-month time frame
- 3 Month Minimum-
  - Mentees must not go more than 3 months without submitting videos/notes
    - First 3 months from the training all mentees must submit their first video
    - If a mentee allows 3+ months without any documentation of sessions they are forfeiting their membership and will be removed from MAC
- Mentees must submit notes as frequently as possible
  - Lori will read notes weekly and comment on them with feedback. The proper cycle is to give a session, type up notes asap, Lori reviews notes and comments, mentee reads comments and incorporates Lori's feedback in the

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next session(s). If mentees don't type notes frequently then the balance is disrupted and the mentee is not able to implement the feedback and gain the learning experiences.

- To ensure high quality practice and mentoring, notes from sessions completed more than a month ago will not be accepted towards the 50.
- When Lori sees that a mentee is competent at the techniques she may offer for the mentee to stop typing notes on non-case study sessions

- Payment Plan Timing
  - If mentee completes certification requirements before payment is completed, certification upgrade will be submitted after payment is complete. Mentee has the following options
    - Allow subscription to continue and wait until final payment has been processed
    - Make a lump sum payment to complete transaction

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Ethical Considerations

Lori reserves the right to refuse certification to anyone who exhibits lack of ethical practice, awareness and consideration as an EFT Practitioner.

If Lori has a concern about a mentee's ethics, she will discuss this with the mentee directly to give them an opportunity to correct their behavior.

Examples of Ethical Issues:

- Working with people and/or trauma out of mentee's scope of practice
- False promises or claims to the public or potential clients
- Not maintaining client's confidentiality, using their names in session notes, talking openly about clients with peers
- Accusing clients of dishonesty or not being fully transparent
- Failing to report abuse to the authorities
- Diagnosing formally or informally without a license to diagnose
- Using what you learn in a session against a client
- Crossing lines between personal and professional relationships unethically

Mentees will receive a written warning in the form of an email. Depending on the nature of the issue, additional mentoring may be needed at the expense of the mentee and Lori may include the EFFT International Ethics Committee.

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If a mentee is provided a written warning about the ethical issue and they are not able to correct the issue within 3 months of the written warning then they will be terminated from the MAC program with no refund and EFTi ethics team will be notified.

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Transfer Students

For the student who has completed EFT 1&2 with another trainer will opt to get certified with empowerment EFT.

All above still applies to a transfer student. The only difference is that they must

- Submit their certificate of attendance from EFT 1&2
- Have a meeting with Lori prior to registering
- Register as a transfer student rate

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Maintaining Certification with EFT International

To maintain Accredited Certified Practitioner status, you must fulfill following requirements:

- Minimum of 6 hours yearly mentoring with an EFTi qualified mentor
- Minimum of 30 hours of CPD
- Up to date on Code of Conduct and Ethics
- Obtain insurance for EFT practice, in countries where that is possible

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Cancelation Policy

Anytime in Program- Account on Hold:

You are welcome to put your account on hold for 3 months if you need to pause the certification process at anytime in your certification journey.

- If you are making payments, you can stop the payment plans and keep a credit towards what you have paid and that amount will be applied to your account when you resume payments.
- If you paid in full the account can be put on hold for 3 months with no issue

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If you require a credit of refund:

First 10 days of registering

Credit- If you determine that you do not want to or cannot complete the certification process you are welcome to use your tuition paid towards EFT sessions or other trainings with Lori Lamont minus a $100 account set up fee plus any additional time you have used towards mentoring will be deducted from your credit.
Refund- If you require a refund within the first 10 days of registering, you can receive a refund in full minus a $300 administration fee to cover all account expenses.

11-30 days upon registering in MAC

Credit- If you determine that you do not want to or cannot complete the certification process and you would like a credit, you can receive a credit for half or what you have paid and use it towards other courses or sessions.

Refund- No refunds after 10 days of registering

30+ days of being registered in MAC

Credits- No credits at this stage

Refund- No refunds at this stage

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Registration Links

MAC

- Single Payment $1650
- 6 Payments $500 down, $250 x 5
- 12 Payments $500 down & $120 x 11

MAC Transfer Students

- Single Payment $1950
- 6 Payments $550 down & $300 x 5
- 12 Payments $550 down & $145 x 11

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Agreement of Terms for Empowerment EFT MAC Program

By signing this document and/or registering in the MAC program, the mentee is agreeing to the terms above.

The mentees understands that the timing requirements begin at the date of registration.

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Signature (electronic type name or print and sign) Date

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