



Training and Accreditation Programme Overview

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Welcome

The EFT International Training and Accreditation Programme Overview gives a comprehensive view of the structure of EFT training, accreditation and certification standards developed by EFT International.

This document explains how to become professionally accredited by EFT International as a certified Emotional Freedom Techniques (EFT) Practitioner or Trainer.

If you have not previously trained within the EFT International system, but feel that you fulfill all of the criteria, you may still be able to become a member at an accredited, certified level. To apply, request an application form via email at accreditation@aamet.org or see the information available on the EFT International website (<https://eftinternational.org>).

Foreword by Jacqui Footman, EFT International Chair, 2014 – Present

We at EFT International are delighted that you have chosen to consider our Training and Accreditation Programme, and warmly welcome you to our EFT International EFT Community.

Our aim is to provide a framework for the continued creative and ethical use and growth of classical EFT, based on/developed from the sound principles originating from Gary Craig.

With any one of our EFT International Trainers using our programme, you can be sure to achieve a high standard of training in EFT core principles as well as continued support as you develop your art of delivery with EFT.

It is my pleasure and honour, as EFT International Chair, to extend a huge welcome to you at this time of choosing to become part of this community – united by a passion ethically and effectively to share the benefits of EFT with the world.



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1. About EFT International

EFT International* is a voluntary, not-for-profit association (UK Registered Charitable Incorporated Organisation (CIO), registered charity number 1176538).

EFT International is committed to advancing and upholding the highest standards for education, training, professional development and promotion of the skillful, creative and ethical application of [EFT \(Emotional Freedom Techniques or "Tapping"\)](#).

Founded in 1999, EFT International (formerly AAMET, The Association for the Advancement of Meridian Techniques), has been a leader in developing, promoting and supporting quality EFT training by maintaining high professional standards for teaching EFT.

EFT International (or "EFTi" for short) was founded in the UK, however, EFT International's governing boards now include volunteers from many countries around the world.

Since EFT International is a charity, officers and board members serve on a voluntary basis with honorariums given annually to those who contribute a great deal of extra time and effort. Group decisions are made by consensus among the board members of the Executive, Communications, Training and Accreditation, Ethics, Research and Diversity teams.

Since 1999, EFT International tapping trainings have been known and respected around the world. A truly international EFT organization, EFT International stands for quality, longevity and flexibility in the field of EFT training and certification.

1.1 Why Train in EFT with an EFT International Trainer?

All EFT International registered Trainers (registered NQTs, Master Trainers and Master Trainers of Trainers) offer EFT courses that meet EFT International standards. All Trainers have agreed to follow strict requirements in an effort to assure consistent, quality training as well as mentoring in accordance with EFT International curricula and guidelines.

Reasons to train in EFT with an EFT International Trainer:

- EFT International (formerly AAMET International) has been in operation since 1999, and as such provides the reputation and experience to provide the highest levels of service and support to our members.
- EFT International has consistently pursued and provided reliable training standards. While each trainer has her or his own style, all teach a foundational body of knowledge and practice grounded in foundational EFT skills. This reliability has fostered a level of trust over the years
- Our trainers provide quality EFT training courses around the world. For those seeking EFT certification, EFT International Trainers offer a clear path to accredited certification



Students tapping at an EFT Level 1 Training, India, 2019.
Photo Courtesy Puja Kanth-Alfred

involving mentoring to support a candidate's completion of the EFT International accredited certification requirements. Visit [EFT International.org](http://EFTInternational.org) for the latest EFT trainings and events

- Once certification is complete, students attain the status of EFT International Accredited, Certified EFT Practitioner – a credential that is respected worldwide. Those who desire to pursue a higher level of mastery of foundational and advanced skills may later attain the EFT International Accredited Certified Advanced EFT Practitioner designation
- EFT International has an extensive worldwide membership of Trainers, Trainers of Trainers, Practitioners, Advanced Practitioners and Approved Mentors
- EFT International does not require affiliate fees of our member Trainers
- EFT International holds regular conferences to keep our members up to date and facilitate networking with leaders in the EFT field
- As a legally registered not-for-profit association, all fees collected are used to serve our members and the public
- EFT International is committed to the ongoing development of resources for EFT International Practitioners and Trainers
- Practitioners and Trainers have a directory listing on the EFT International website
- EFT International supports and donates to EFT research, which helps to further establish EFT as a valid complementary modality
- EFT International offers regular “Roundtable Webinars” for Trainers where input on all aspects of the EFT International Training and Certification Programme is solicited and encouraged
- EFT International offers private Facebook groups for ongoing discussion of EFT training and practice
- While all EFT International courses must include the required core syllabi, EFT International offers its Trainers an unprecedented level of freedom and flexibility to meet the needs of their constituencies. Trainers may choose to organize and emphasize material within their training courses based upon the needs of each group of students
- EFT International honors the basic, foundational and advanced skills that comprise what is currently known as Gold Standard EFT, as developed by Gary Craig
- EFT International is formally committed to aligning its accreditation requirements with “best practices” for training and certification, including NOS (National Occupational Standards) of note around the world

1.2 Who Can Benefit from EFT International Training?

EFT is an assistive approach that is accessible to anyone – from those trained in the mental health professions to laypeople with an interest in helping themselves, friends and family. A variety of individuals, from diverse walks of life, can benefit from learning EFT, including:

- Individuals with an interest in using EFT for self-care
- Psychologists, psychotherapists, counselors and all mental health professionals

- Medical professionals
- Academic professionals
- Complementary therapists of all kinds
- Teachers and educators
- Life coaches and business coaches
- Body workers (massage therapists, etc.)
- Individuals who work with animals
- Artists, writers and musicians
- Anyone interested in personal or professional development

1.3 EFT International Membership Levels

EFT Student

Those working towards EFT certification (often referred to as “Certification-Candidates”) join EFT International at the EFT Student membership level (usually following successful completion of an EFT Level 2 course)

Accredited Certified EFT Practitioner

This is the first level of EFT International EFT Certification. Those who have completed the Levels 1 and 2 training courses may work towards Accredited Certified status. All who have become certified since July 2014 or have gone through the Accreditation process are listed on <https://EFTInternational.org> as EFT International Accredited Certified EFT Practitioners.

Certified EFT Practitioner

Those who became certified through the EFT International prior to July 2014 maintain EFT International Certified EFT Practitioner status. **Please note that this level of membership will be withdrawn on 1st April 2022.** All members with this level of certification are invited to update their credential and gain Accreditation through EFT International’s internal accreditation process. Certified EFT Practitioners who wish to apply for accreditation please contact accreditation@aamet.org for details.

Accredited Certified Advanced EFT Practitioner

This is the second level of EFT International EFT Certification. Those who have completed the Level 3 Training Course (and who are certified EFT International EFT practitioners), may work towards Accredited Certified Advanced status. All who have become certified at the advanced level since July 2014 or have gone through the accreditation process are listed on aamet.org as Accredited Certified Advanced EFT Practitioners.

Certified Advanced EFT Practitioner

Those practitioners who went through the Advanced EFT Certification process with an EFT International Trainer prior to 2014 maintain this status. **Please note that this level of membership will be withdrawn on 1st April 2022.** All members with this level of certification are invited to update their credential and gain Accreditation through EFT International's internal accreditation process. Advanced Certified EFT Practitioners who wish to apply for accreditation please contact accreditation@aamet.org for details.

Specialty Provider

This category is for experienced Accredited Certified Advanced EFT Practitioners who want to present workshops or courses of more than 3.5 hours on Specialty topics related to EFT. Specialty Providers cannot train students to Levels 1,2 and 3.

Accredited Certified Master Trainer*

Each registered EFT International Master Trainer agrees to the EFT International Trainer's Contract and pledges to conduct their EFT courses at a high level of skill and integrity.

*Newly Qualified Trainers are listed on <https://www.eftinternational.org> as "EFT International Accredited Certified Trainer (NQT)"

Visit <https://www.eftinternational.org> for a listing of EFT International Master Trainers.

Accredited Certified Master Trainer of Trainers

Trainers who teach or certify other EFT Trainers in EFT International are called Master Trainers of Trainers. This level of membership is for those who are EFT International Accredited and have a high level of educational experience training students as well as supervising or training other Trainers.

Each Master Trainer of Trainers has agreed to the EFT International Trainers' Contract and follows the guidelines outlined in the EFT International Master Trainer Course.

Visit <https://www.eftinternational.org> for a listing of Master Trainers of Trainers.

1.4 Applications for EFT International Membership

EFT International is committed to helping our member trainers and practitioners offer EFT coaching and/or EFT training at the highest level. The following questions and answers are

designed to help prospective EFT International members find the membership pathway that is right for them:

Are You New to EFT International Training?

If you have not yet trained in EFT and wish to train via the EFT International route, visit <https://www.eftinternational.org> for a list of upcoming EFT training courses and events, presented by Accredited Certified Master Trainers.

Have You Trained in EFT Outside of EFT International?

If you have received training in EFT from a trainer who is not accredited and registered with EFT International, you may still apply for EFT International membership via External Application – please read the notes below. More information on transferring to EFT International is available here: <https://eftinternational.org/membership-information/transferring-to-eft-international> or by contacting the Accreditation Coordinator via accreditation@aamet.org.

2. EFT Practitioner and Advanced EFT Practitioner Training and Certification

2.1 Training Levels

EFT International promotes consistency and high standards in EFT training through three consecutive levels of learning:

- Level 1 (Basic Skills or Introduction to Foundational Skills)
- Level 2 (Foundational Skills)
- Level 3 (Advanced Skills)

Advancement from EFT Student level (Levels 1 and 2) to Certification-Candidate (post-Level 2) to Certified Practitioner and beyond varies by individual and is dependent upon the quality and quantity of training, independent study, mentoring and experience in the field (self-care and work with others). Training is only one part of the process of becoming skilled in EFT practice.

Because EFT International is committed to excellence in EFT International EFT training at all levels, the Training Board consistently reviews and upgrades content and training materials for the best experience for Trainers and trainees. EFT International Training and Accreditation Board (TAB) welcomes comments and suggestions from all members via email at training@aamet.org or via the Feedback and Report a Concern forms available on <https://www.eftinternational.org>

2.2 Introductory EFT Workshops

Introductory workshops offer an ideal format for laypeople, healthcare professionals and others to initially experience EFT. Both EFT Trainers and EFT Practitioners may offer these workshops. Such classes are generally a maximum of 3.5hrs. Facilitators of Introductory EFT Workshops may choose to give attendees an attendance certificate.

Introductory EFT Workshops are **not** considered EFT training courses, but they are opportunities to introduce the usefulness of EFT – often around a specific theme – like “EFT for sports performance,” etc.

2.3 EFT Level 1 Training

EFT Level 1 is an introduction to foundational EFT skills. Level 1 EFT training is designed to help students use basic EFT competently in a non-professional capacity. Completion of Level 1 is a prerequisite for further EFT International EFT training, and it does not confer Practitioner status.

EFT Level 1 is a 12-hour course. It can be experienced online or in-person in differing and flexible training configurations. For example:

- 2 Days (12 contact hours spread over 2 days)
- 1 Day (6 contact hours minimum, with 6 hours additional instruction and facilitation for a total of 12 hours). When using a 1-day classroom configuration, all remaining hours must be actively facilitated. This requirement can be accomplished using a combination of pre-course and/or post-course training.

The format of these additional hours is at the discretion of the Trainer, but must include interactive components like in-person discussions, follow-up Q&As, practice sessions, webinars or teleseminars. For example, Trainer(s) may offer a 6-hour “Introduction to Level 1” conducted via webinar **before** students attend an in-person 1-day course

- 3 Days (For a 3-day comprehensive L1/L2 course, a minimum of 21 contact hours, is required for both courses, plus 3 hours of pre- or post-course instruction or facilitation (see above) for a total of 24 hours). In this configuration, it is understood that Level 1 content overlaps with Level 2 content at times (i.e. Movie / Tell the Story and the Importance of Being Gentle may be taught as part of the same module, etc.)
- Online Training for Level 1 requires 12 contact hours, format to be decided by the Trainer(s). See *Online Training Requirements and Best-Practices*

2.4 EFT Level 2 Training

EFT Level 2 is designed to give students a complete experiential overview of all foundational EFT skills. It is given as a 12-hour (minimum) course – often taught as a stand-alone course of 2 or 3 days.

Completion of Level 2 is a prerequisite for EFT International Practitioner Certification. It does not confer Practitioner status.

Online Training at Level 2 requires 12 contact hours, format to be decided by the Trainer(s). See *Online Training Requirements and Best-Practices*.

2.5 Combined EFT Level 1 and 2 Training

EFT Levels 1 and 2 can also be taught together as one combined course. On the EFT International.org website, interested students can filter search results by looking for “Combined Level 1 and Level 2 Courses”

Online Training for combined Level 1 and Level 2 training requires 21 contact hours, format to be decided by the Trainer(s). See *Online Training Requirements and Best-Practices*.

2.6 Practitioner Certification

After completing an EFT International Level 2 course, either in-person or online, students have the option of pursuing accredited certification. In addition to completion of the Levels 1 and 2 training courses, there is an extensive mentoring and assessment process required for accredited practitioner certification, which includes significant practice and case studies.

To become an EFT International Accredited Certified EFT Practitioner, candidates for EFT certification must successfully complete the following requirements:

- Pass the online multiple-choice Practitioner Exam via the EFT International website. A Practitioner-Candidate (or “Candidate”) must be an EFT International member to access the exam
- Receive 6 hours mentoring (either 1-to-1 or in a group of 8 or less) with any EFT International Master Trainer (in the role of Mentor). Mentoring for certification is usually undertaken with the Trainer whose workshops they have attended. It can be conducted in-person, over the phone, via videoconference or via webinar

Note: *The Trainer-level mentor chosen will be the one who is responsible for issue of the EFT Practitioner or Advanced Practitioner certification and notification to EFTi that the student is ready for upgrade. Hours spent in general group mentoring sessions intended for qualified Practitioners do not fulfil the requirements of the certification process*

- Submit to Trainer (in the role of Mentor) a minimum of 4 case studies: 3 Client Case Studies (on separate individuals) and 1 Personal Case Study. Case studies must demonstrate competent, professional, and individualized* application of foundational EFT skills acquired during EFT Levels 1 and 2 training and post-training practice and experience. *See *EFT International Glossary of Terms* and the *EFT International EFT Case Study Guidance Manual* for further details
- Provide an in-person OR audio OR video demonstration of an EFT session, and discuss this session with Trainer (in the role of Mentor). This demonstration (and discussion) will count as one Client Case Study
- Complete a minimum of 50 EFT sessions (or “practice hours”) working with at least 20 different individuals. Each EFT session must be a minimum of 45-minutes in length
- Complete any additional, discretionary requirements as outlined by the EFT International Master Trainer (in the role of Mentor) during the certification process. Mentors may require additional client sessions / practice hours, 1-to-1 mentoring meetings or case studies as needed to complete their assessment



The EFT International Research Symposium, 2015
Photo Courtesy Hilary Jones

Once the Candidate has completed all of the requirements and the Trainer is assured of the candidate's competency, the new EFT practitioner can upgrade their EFT International Membership from Student Member to "Accredited Certified EFT Practitioner."

To maintain certified practitioner status, members must fulfill annual CPD and supervision/mentoring requirements.

2.7 EFT Level 3 Training

Level 3 is a minimum 18-hour course. It involves a review of foundational skills and introduces advanced EFT concepts and strategies to encourage and enhance EFT Art of Delivery (see the *EFT International Glossary of Terms*). The format can be decided at Trainer(s) discretion. See *Online Training Requirements and Best-Practices*.

Please Note: Unless the student has extensive prior knowledge and expertise in EFT, the gap between taking Levels 2 and 3 must be a minimum of 6 months – at the Trainer's discretion. Readiness to attend a L3 course is assessed by the Trainer.

2.8 Advanced Practitioner Certification

After completing an EFT International Level 3 training course, students have the option of pursuing EFT International Advanced Practitioner Certification. In addition to completion of the Level 3 workshop, there is an extensive mentoring and assessment process for Advanced Practitioner status.

To become an EFT International Accredited Certified Advanced EFT Practitioner, students need to successfully complete the following requirements:

- Pass the online Advanced Practitioner Exam via the EFT International website.

Note: *Students who have not previously held EFTi membership at EFT Practitioner level will need to first register at Student level and then ask the Membership Secretary to access the Level 3 exam*

- Receive a minimum of 6 hours mentoring (either one-to-one or in a group of 8 or less) with any EFT International Trainer (in the role of Mentor). Mentoring for advanced certification is usually undertaken with the Trainer whose workshops they have attended. It can be conducted in-person, over the phone, via videoconference or via webinar.

Notes: *The Trainer-level mentor chosen will be the one who is responsible for issue of the EFT Practitioner or Advanced Practitioner certification and notification to EFTi that the student is ready for upgrade. Hours spent in general group mentoring sessions intended for qualified Practitioners do not fulfill the requirements of the certification process*



"Laughter Tapping" in India, 2014
Photo Courtesy Rangana Rupavi Choudhuri

- Submit to Trainer (in the role of Mentor) a minimum of 4 case studies: 3 Client Case Studies (on separate individuals) and 1 Personal Case Study. Case studies must demonstrate competent, professional, and individualized* application of foundational EFT skills (Level 2 Art of Delivery) and nuanced, practical, creative and adaptive* application of foundational and advanced EFT (Level 3 Art of Delivery) acquired during EFT Levels 1, 2 and 3 training and post-training practice and experience

**See EFT International Glossary of Terms and the EFT International Case Study Guidance Manual for further details*

- Provide an in-person OR audio OR video demonstration of an EFT session, and discuss this session with Mentor. This demonstration (and discussion) will count as one Client Case Study.
- Complete a minimum of 50 EFT sessions (or “practice hours”) working with at least 20 different individuals. Each EFT session must be a minimum of 45-minutes in length.
- Complete any additional discretionary requirements as outlined by the EFT International Trainer (in the role of Mentor). Trainers may ask for extra time, a minimum number of practice hours, or additional case studies to complete their assessment.

Once the candidate has completed all of the requirements and the EFT International Trainer / Mentor is assured of the candidate’s competency at Level 3, the candidate becomes an EFT International Accredited Certified Advanced EFT Practitioner.

After the advanced certification process is complete, the new Advanced EFT practitioner can upgrade their EFT International membership from Accredited Certified EFT Practitioner to Accredited Certified Advanced EFT Practitioner.

To maintain Advanced Certified EFT Practitioner status, members must fulfill annual CPD and mentoring requirements

2.9 Online Training

Beginning in May 2020, EFT International allows online training for EFT Levels 1, 2 and 3 and Trainer level. The standards, learning outcomes, and course requirements remain the same as in-person training for each level. There are additional online training requirements (including best-practices) that each EFTi trainer must follow to facilitate quality online EFT training. A list of online training courses offered by EFTi Trainers can be found on EFTInternational.org.

3. Master Trainer Training and Certification

Are you interested in teaching EFT and becoming a Trainer with EFT International? If teaching EFT is something you're passionate about, EFT International provides a pathway for Accredited Certified Advanced EFT Practitioners (after the 2nd year of membership at the Advanced Practitioner Level) to gain the training/teaching experience necessary to step confidently, congruently and expertly into the teaching role – first as Newly Qualified Trainers and ultimately as full Master Trainer members of EFT International.

EFT International offers an "Apprenticeship" model of training whereby any Master Trainer of

Trainers can step into the role of Mentor and assess a candidate's qualifications and experience to be an EFT International Trainer. The model and format of this apprenticeship follows the EFT International Master Trainer (MT) Programme – the format of which is at the discretion of the Master Trainer of Trainers, provided EFT International core MT requirements are met.

See *EFTi Master Trainer Programme and Timeline* documents for an overview of requirements.

In general, Master Trainers of Trainers will be looking to assess whether a candidate meets all Level 2 and Level 3 competencies and practitioner requirements as well as Master Trainer competencies and requirements – enough to spend at least 1 year teaching EFT Levels 1 and 2 on their own, under the tutelage of their chosen MTOT (in the role of Mentor).

Master Trainer apprenticeship programmes can be a combination of classroom-based or online study and practice.

Upon completion of a Master Trainer apprenticeship with a Master Trainer of Trainers, Trainer-Candidates are awarded EFT International Accredited, Certified Trainer (NQT) status.

3.1 Acquiring Newly Qualified Trainer (NQT) Status

All candidates for EFT International Accredited, Certified Trainer (NQT) status must:

- Attain EFT International Accredited Advanced EFT Practitioner status for a minimum of 2 years
- Work together with an EFT International Master Trainer of Trainers and complete all EFT International and discretionary practice and assessment criteria as set forth by EFT International Master Trainer Programme and the Trainer of Trainers in the role of Mentor
- Be a fully paid-up member of EFT International
- Agree to abide by EFT International's regulations and policies
- Hold professional indemnity insurance where available
- Take and pass the EFT International Master Trainer online exam (to assess practical and theoretical knowledge of EFT and knowledge of the Master Trainer manual and EFT International's policies and regulations), when instructed to do so by their Mentor
- Meet all the criteria in the EFT International Newly Qualified Trainer application form
- Self-assess, together with Mentor, whether all the competencies have been met
- Sign *Trainer's Contract* (as part of the upgrade process on the EFTi website), which includes agreement to abide by EFT International's professional standards (EFT International's *Code of Conduct and Ethics* and *CPD Regulations*, etc.)

Master Trainers of Trainers running Master Trainer courses / apprenticeships can make further checks on the competence of applicants at their own discretion – provided fair notice is given to each Trainer-Candidate.

Once the Accreditation Panel has received notification that a student has passed the Master Trainer exam and completed all requirements and received the signed Contract, EFT International will award a Certification of Accreditation at Accredited Certified EFT Trainer (NQT) level.

All Newly Qualified EFT International Trainers can list themselves as “EFT International Trainers (NQT)” and will be listed on the <https://eftinternational.org> website as “EFT International Accredited, Certified Trainer (NQT)” until they achieve full Accredited, Certified Master Trainer status.

3.2 Achieving Full Master Trainer Status

Newly Qualified Trainers can apply to EFT International for full Master Trainer status after aptly demonstrating (within their first year as a Newly Qualified Trainer) they can train EFT to Levels 1 and 2 in a competent, professional and committed manner.

The following criteria are included in the Application form for upgrade to full Master Trainer status and must be met before the upgrade can proceed.

All candidates for upgrade from newly qualified (NQT) to full Master Trainer status:

- Must have completed a minimum of 12 months registration with EFT International as a an EFT International Trainer (NQT)
- Must have delivered at least two training courses at Level 1 and two training courses at Level 2 within the NQT period, all of which must be for groups of 2 or more students. One training course can be sufficient at each level if there are more than 6 participants in each training group
- Must provide a valid CPD and Mentoring record for their provisional period including comments and a recommendation from the Accredited Master Trainer of Trainers who is acting as Mentor
- Must shadow or co-train with a more experienced trainer through at least one training course and write a reflection on this experience as part of the recorded CPD
- Must have completed any actions that were asked of them at the time that they were awarded NQT status (such as amendments to websites, changes to assessment structure etc.)

Candidates who cannot meet all of these requirements should contact the EFT International Training and Accreditation Board (TAB) for advice. For questions about any aspect of the EFT International Training, Certification and Accreditation Programme, please contact accreditation@aamet.org.

4. What is Accreditation?

4.1 EFT International Accreditation

In an effort to meet specific requirements involved in having our EFT Training and Accredited–Certification procedures understood, validated and respected by external accrediting bodies, EFT International has established an internal Accreditation process to adequately prepare our membership and our training programme for these challenges.

This process involves ongoing improvement of our training standards and materials, as well as requiring online testing and Mentoring and CPD (Continuous Professional Development) activities for our certified members.

In short, EFT International exercises ongoing due diligence to ensure that EFT International Accredited, Certified Trainers and Practitioners meet the highest standards of professional EFT (Emotional Freedom Techniques) practice.

Both the EFT International Accreditation process and the EFT International Training, Certification and Accreditation Programme are designed to demonstrate this commitment both to our members and to external accrediting bodies.

How Accreditation works:

- EFT International offers Accredited membership for all Certified and Advanced Certified practitioners trained by EFT International Accredited Certified Master Trainers. We also lay out certification requirements and training standards for all our trainers to follow when they teach courses or offer certification to their students
- At each level of EFT International membership, there are specific requirements to becoming and remaining Accredited by EFT International. All of these steps are now built into our current EFT Training and Certification structure
- All current EFT International Trainers (called "Certified EFT Trainers (NQT)," "EFT Master Trainers," and "EFT Master Trainers of Trainers") have gone through the internal EFT International Accreditation process. The Accreditation process remains open to current Certified and Advanced Certified Practitioners as well as external candidates from other EFT certifying organizations

4.2 External Accreditation

In an effort to offer the highest standards for EFT (Emotional Freedom Techniques) training and certification for the future, EFT International is formally committed to aligning its core curriculum to the highest occupational standards currently available, and is actively pursuing accreditation via external accrediting bodies.

External Accreditation also lays a foundation for more formal recognition of EFT as a respected complementary modality. It also opens the door to building alliances with other EFT organisations to help create formal occupational standards for EFT training and practice.

EFT International is striving to create robust teaching standards by continuing to refine the Master Trainer programme, syllabi and competencies and by continuously improving all our training materials.

For any further questions about accreditation, please email accreditation@aamet.org or visit our Accreditation FAQs on <https://www.eftinternational.org>.