



MARY'S HELPERS, INC.

News

No.36 Vol. 09-10 All About Jesus & Mary Sep/Oct 2023

MEDJUGORJE
September 25, 2023
to Marija Pavlovic'

"Dear children! I am calling you to strong prayer. Modernism wants to enter into your thoughts and steal from you the joy of prayer and of meeting with Jesus. That is why, my dear little children, renew prayer in your families, so that my motherly heart may be joyful as in the first days, when I had chosen you, and day and night prayer resounded -- and Heaven was not silent but abundantly bestowed peace and blessing on this place of grace. Thank you for having responded to my call."

MEDJUGORJE
October 25, 2023
to Marija Pavlovic'

"Dear children! Winds of evil, hatred and peacelessness are blowing through the earth to destroy lives. That is why the Most High sent me to you, to lead you towards the way of peace and unity with God and people. You, little children, are my extended hands: pray, fast and offer sacrifices for peace - the treasure for which every heart yearns. Thank you for having responded to my call."

Meditation on the Sept 25, 2023 Message

by Fr. Al Bermudez, OSSM

Mary, our mother's subject, is very clear. She begins with the role of modernism as a thought process which will interfere with your spiritual life by clouding your thinking and prayer life. Mary states the, "role of Modernism is to steal from you the joy of prayer and of meeting with Jesus". In order to counteract, the evil of modernism that wants to steal your faith in Jesus and the Church we have to renew prayer, in the family and in community to increase our spirituality.

Families have to come together to pray the Rosary to find what Mary says: "so that my motherly heart may be joyful as in the first days when I had chosen you, and day and night prayer resounded--and Heaven was not silent but abundantly bestowed peace and blessing on this place of grace."

Let us look and review the role and action of Modernism! This review will be short and without any depth since it is only a short review in this short article.

Since the dawn of the Catholic Church, other so called churches, spread lies, untruths, and heresies and even rewriting of church history by protestant & secular authorities. Masonic, Marxist & Communist thinking has tried to redefine moral Catholic ideas of natural law.

Modern enlightenment & Masonic ideals have worked together to effect modern thinking & behaviors which are anti-God. This summary of American attitudes showed up in gallop polls in 1960's, when use of birth control was >91%; birth blocking >73%; heterosexual activity outside of marriage >74%; homosexual activity >69%; birth control in wedlock >66%; doctor assisted suicide >6%; pornography use >36%.

We see modern liberal ideas that are not Christian values affect our society & even Catholic life. We need to pray & study moral theology. Mary desires us to be renewed in prayer & spirituality.

Pray, Pray, Pray

Love Fr. Al



Meditation on the Oct 25, 2023 Message

by Fr. Al Bermudez, OSSM

Our Mother Mary has been coming to us to guide and lead us to the way of Peace and Unity with God and all people. Through God's grace, Mary's presence encourages us to pray, pray, pray and fast. We are to be Mary's extended hands by sharing God's love, reconciliation and peace. We are to encounter the winds of evil, hatred and peacelessness that is destroying lives.

Let us follow Jesus and his Mother making a commitment to pray and fast for each other and those who oppose us. There is a saying... "Evil will win always when good and honest people do nothing and ignore their duty to act!"

Mary our Mother is calling us to awaken to our duty and act out of love. We are to pray for grace to help us to act. She is calling us to pray for others by fasting and praying for them to return to God through reconciliation. Let us be Mary's extended hands daily.

Love Fr. Al

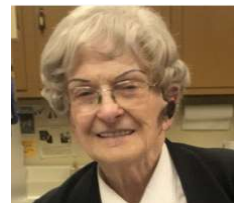
PRAY FOR US! WE NEED YOUR PRAYERS ALWAYS...



Fr. Peter Mary Rookey, OSM
Oct. 12, 1916 - Sept. 10, 2014
The Apostle of Compassion



Margaret M. Trosclair
June 19, 1933 - March 14, 2019



Gertrude Gayle Ponseti
Oct 14, 1937-Dec 10, 2019

A SPIRIT OF REVELATION by CHILDREN OF MEDJUGORJE

Dear friends, praise be to Jesus and Mary!

On September 25, 2023, the visionary, Marija, received the monthly message on page 1.

A spirit of revelation. A French-speaking priest who was visiting Medjugorje told us about a surprising event that can help us to reflect on the holy mystery of the Mass and what happens there in the invisible, that we do not see.

One day, he was celebrating Mass in his parish and started praying for the deceased according to the rite of the missal. Out of the blue, a man came and stood next to him in front of the altar. Our friend was very surprised, for this man was neither a priest, nor had he been invited to concelebrate. He was wearing street clothes, and at first the priest felt disturbed by this. What is this man doing here, he wondered? But he soon understood the purpose of this presence, for suddenly the man begged him aloud, "Pray for me!" Pray for me! Then he gave the priest his name and surname. I am xxxx (we will keep this anonymous!), he said. Then the priest immediately prayed for him aloud, mentioning his name and surname, just like when Mass is offered for a deceased person. Then the man disappeared the same way he had come.

The priest understood that this person was a poor soul suffering in Purgatory. No one in the congregation saw him. Only the priest did. Then Mass ended very simply. But after Mass, a man rushed up to the priest and, in a state of deep emotion, asked him: "Do you know my son? You prayed for him! You named him in your prayer! He committed suicide!" On that day, seeing that his son had manifested himself, this long-suffering father received a great consolation! This is a significant fact! It is not surprising that priests or lay people see souls in Purgatory, or just hear them. The sacrifice of the Mass is a very profound mystery, it connects earth to heaven and heaven to earth. The souls of the departed need our help! By God's permission,

they sometimes give us signs to ask for our prayer. Offering them our support is a great act of love towards them, it helps them enter Heaven more quickly. (See PS1). Let us not forget that for the soul, the smallest sufferings of purification in Purgatory are more painful than the greatest sufferings on earth. It is therefore urgent to come to their aid!

I only have my soul! Undermined by modernism, our society is increasingly denying the reality of the soul and its eternal character. What a huge loss! This is why Mary reminds us: "I understand your pains and your sorrows, and with my motherly love I wipe away your tears. Trust in my Son, for He will do for you what you would not even know how to ask for. You, my children, must concern yourselves only with your soul, for it is the only thing that belongs to you on this earth. Your soul is what you will be bringing, dirty or clean, before the Heavenly Father." (2.07.2016)

A war breaks out in the Middle East! How many men, women and children have already lost their lives there and in many other places have become victims of merciless conflicts! More than ever, peace is threatened, and many are gripped by fear. But... Be on guard! The enemy's goal is to rob us of the little peace we have and to instill fear in our minds and hearts. Then, he can manipulate us as he wants. This is one of his typical ploys! Once again, Mary shows the way of life to all those who have decided to let her guide them: "My Son has promised me that evil will never overcome," she said, "because you righteous ones are here; you who try to say your prayers from the heart; you who offer your sorrows and sufferings to my Son; you who understand that life is just the blink of an eye; you who yearn for the Kingdom of Heaven; this is all that makes you my apostles and guides you to the Triumph of my Heart!" (Nov. 2, 2014)

"If you make peace in your heart, your peace will flow from your heart like a river that will flow throughout the world." (Feb. 25, 1991)

Each one of us can work mightily to protect peace, if we let God dwell into our hearts. "Christ is our peace" (Eph 2:13). Big and small, young and old, let us all offer our sufferings to Christ, out of love for Him, so that these sufferings, united with those of Christ, take on infinite value! (See the Diary of Sr Faustina). Without even leaving our homes, we become peacemakers, and we share in the Redemption of Christ! That is so magnificent! Here is, for example, a very simple approach: "Jesus, I offer you my sorrows, my difficulties, my worries, my pains and all my sufferings! I beg you, please unite them with yours so that they may bear much fruit!". In this way, a situation that our nature rejects (God did not create suffering!) becomes a source of blessings. By our doing this, Jesus is then able to extend the effects of his salvation to many.

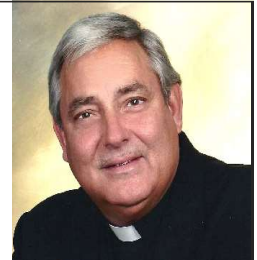
The most magnificent example of this reality is that of the Blessed Mother, who lived her whole life in deep union with her Son, sharing in His joys and His sorrows. Who better than she can now powerfully intercede for us? St. Paul himself clearly expresses the fruit of his trials that he suffered with Christ and that he offered to Him. (See PS2)

That's why let's take heart! With God, all things are possible! In God, fatality doesn't exist. He will work miracles if we pray fervently for peace, in a spirit of reparation and offering on behalf of our brothers and sisters in the Middle East and all those who are victims of the war. Why should we allow ourselves to be demoralized? God is waiting for our intercessory prayer, our cooperation in His divine work! It is up to us to make use of this wonderful gift and power that was granted to us from the moment we were baptized!

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Mailing Address: P.O. Box 1853, Marrero, LA 70073 Physical Address: 4512 7th Street, Marrero, LA 70072

www.sremmanuel.org

A word from FATHER PAUL BERGERON



OCTOBER - The month of the Rosary!

If there is one thing the devil hates, is you praying the rosary. The Most Holy Rosary is a verification of faith i.e. that you, while praying it, believe wholeheartedly in The Life of Jesus because it begins with the Birth of Jesus and ends with The Resurrection and Assenting into Heaven. Now we have added a new mystery which further establishes many of The Sacraments we celebrate today because of what he did. Recitation of The Holy Rosary gives us a very comforting and meditative effect and I often use it as a Penance for The Sacrament of Confession to say one decade of whatever mystery you choose. Yes, let this month be for us a great Spiritual Awakening through The Most Holy Rosary!

Fr. Paul

Rejoice always, Pray constantly, give thanks in all circumstances; for this is the will of God in Christ Jesus.

1 Thessalonians 5:16-18



At the name of Jesus every knee should bow, in heaven and on earth and under the earth, and every tongue confess that Jesus Christ is Lord, to the glory of God the Father. Philippians 2:10-11



JOIN US EVERY TUESDAY TO PRAY

*at Mary's Helpers in our chapel
at 4512 7th Street, Marrero, LA
Across from Immaculate Conception Church
Noon til 1pm
Mary is asking us to Pray Pray Pray*

UPPER ROOM PRAYER CENACLE

106 Jim Bowie Rd
Houma LA
First Saturday at
2pm-3:15pm
NEW HOURS!

DAYS TO REMEMBER

Nov 1-All Saints Day
Nov 2-All Souls Day
Nov 4 -Upper Room Prayer Cenacle 2pm
Nov 5-Daylight Savings-Set Clocks Back 1hr
Nov 11-Veterans Day/Remembrance Day

Nov 17-Houma Mass FRIDAY 4pm
Nov 21-Presentation of the Blessed Virgin Mary
Nov 23-Thanksgiving Day/Gobble Gobble
Nov 28-Tues iGiveCatholic.org giving day
Dec 3 -First Sunday in Advent

Dec 2-Upper Room Prayer Cenacle 2pm
Dec 8-Immaculate Conception of the Blessed Virgin Mary
Dec 12 - Our Lady of Guadalupe Feast Day
Dec 17-No mass in Houma (Sunday)
Dec 24-Christmas Eve
Dec 25-Nativity of the Lord (Christmas)
Dec 31-Most Holy Family of Jesus, Mary and Joseph

THE SHRINE OF OUR LADY OF COMPASSIONATE PROTECTION HOUMA MASS EVERY MONTH ON THE 17th

Unless the 17th falls on a Sunday

NOV 17 FRI - 3PM CONFESSION & ROSARY 4PM MASS
DEC 17 SUNDAY - THERE WILL BE NO MASS ON SUN
106 JIM BOWIE ROAD IN HOUMA, LA
CELEBRANT: FATHER PAUL BERGERON



"Heaven for me is hidden in a little Host Where Jesus, my Spouse, is veiled for love. I go to that Divine Furnace to draw out life, and there my Sweet Saviour listens to me night and day."

St. Therese of Lisieux

Mary's Helpers needs volunteers to help keep this ministry going. Will you answer the call?

To RENEW Your 2023 SUBSCRIPTION NOW OR MAKE A DONATION

PLEASE Fill Out The Form Below & Mail to Mary's Helpers, P.O. Box 1853, Marrero, LA 70073

SEP / OCT 2023

Remember WE need YOU to keep this ministry going!!!

THANK YOU AND GOD BLESS YOU!!!

Please accept my donation to help defray monthly operating costs of Mary's Helpers and to continue to spread Our Lady's messages. (This NEWSletter is made possible through the generosity of your donations.)

\$15 \$25 \$35 \$45 \$55 \$100 Other _____

- * Please send me the monthly Mary's Helpers Newsletter...
- * I already receive the Newsletter...
- * I cannot donate at this time but I still want the Newsletter...
- * Send my Newsletter by Email...
- * I would like to volunteer to help in Mary's Helpers however I can, please contact me...

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I want to THANK YOU from the bottom of our hearts for your awesome response to our needing help with our additional cost this year. Your generosity speaks loudly of your desire to continue this ministry.
THANK YOU AND MAY GOD SHOWER YOU WITH HIS BLESSINGS ALWAYS!

November ~ A Month of the Holy Souls

*Prayers for the Souls
in Purgatory*

**PRAYER of
St. GERTRUDE the GREAT**
Pray to release 1,000 souls
from Purgatory

Eternal Father, I offer Thee the Most Precious Blood of Thy Divine Son, Jesus, in union with the Masses said throughout the world today, for all the holy Souls in Purgatory, for sinners everywhere, for sinners in the Universal Church, those in my own home and within my family. Amen



PRAYERS OF THE DEAD

**Eternal rest
grant unto
them, O Lord
& let perpetual
light shine upon
them and may
they rest in
peace. Amen.**



In your hands, O Lord, we humbly entrust our brothers and sisters. In this life you embraced them with your tender love; deliver them now from every evil and bid them eternal rest. The old order has passed away: welcome them into paradise, where there will be no sorrow, no weeping or pain, but fullness of peace and joy with your Son and the Holy Spirit forever and ever. Amen



**Sylvia Williams
PRAY FOR US**



**Walt Williams
PRAY FOR US**



**Rosita Arriola
PRAY FOR US**



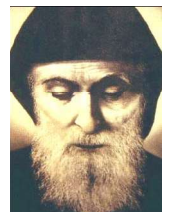
**Margaret Trosclair
PRAY FOR US**



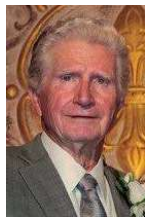
**Gayle Ponseti
PRAY FOR US**



**Charline Richard
PRAY FOR US**



**Saint Sharbel
PRAY FOR US**



**John Spano
PRAY FOR US**



**Carol Schaubhut
PRAY FOR US**



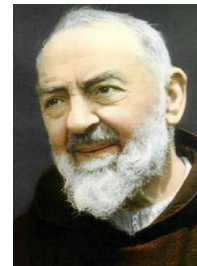
**Salvador Diecidue
PRAY FOR US**



**Robert Chauvin
PRAY FOR US**



**PRAY, HOPE &
DON'T WORRY**
St Padre Pio



**St Padre Pio
PRAY FOR US**



**Fr Jeanfreau
PRAY FOR US**



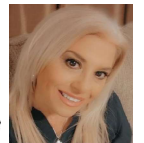
**Fr Mark Beard
PRAY FOR US**



**Joann Hymel
PRAY FOR US**

*O immense Passion,
O profound Wounds,
O most bitter Death,
O most precious Blood,
O Sweetness above all sweetness,
give them eternal rest.
Amen*

*In Our Thoughts
& Prayers*



**Alicia Falcon
PRAY FOR US**



In Loving Memory



Genevieve (Jenny) Richard
Dec 11, 1942 - Oct 18, 2023

Our hearts are so heavy with sadness over the news of our beloved friend Jenny Richard who passed away peacefully on October 18, 2023. Jenny was always smiling and laughing. Her laugh is one I will never forget. Jenny will be missed by so many including all of us at Mary's Helpers, where she helped with so many tasks over the years. She always had our Mother Mary close to her heart in all that she did. She was truly a great devoted friend to us all. May Jesus and Mary and all her departed family and friends welcome her into her heavenly place of rest. Pray for us Jenny, as we pray for you!

May Jenny rest in peace!!

MASS INTENTIONS REQUEST FORM

If you would like to offer mass intentions for you or your loved ones, living or deceased, please send us this form. We will be glad to offer these intentions up on our 17th of the month mass in Houma. Intentions offered by: _____

Your Name

Prayers for: _____
Living or Deceased

Prayers for: _____
Living or Deceased

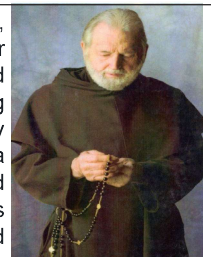


**Roy Fitch Sr
PRAY FOR US**

*The Lord
IS MY
SHEPHERD
I SHALL
NOT WANT*
PSALM 23:1

PRAYER FOR CAUSE OF SAINTHOOD FOR FR. PETER MARY ROOKEY

Heavenly Father, we believe that from the depths of your merciful love, you have bestowed upon the world a great gift in giving us Father Peter Mary Rookey. He was our dear friend in persona Christi and helped to lead countless souls to you. He brought Jesus Christ your son to us by making Him truly present, body, blood and soul and divinity upon the altar in every Mass he offered. He showed us that we are each especially loved as a child of God. His healing touch left an indelible mark on us when he laid his hands upon us to heal our wounds of body, mind and spirit. May this humble, holy priest who never thought of himself but continuously poured himself out for others, for the glory of God, through the intercession of our Lady of Sorrows, be proclaimed in time, a saint and be raised to the altar by the One, Holy, Catholic, and Apostolic Church. Amen



**Fr Rookey
PRAY FOR US**

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SEP/OCT 2023

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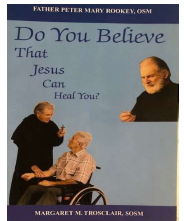
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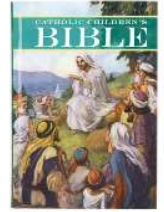
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Holy Communion

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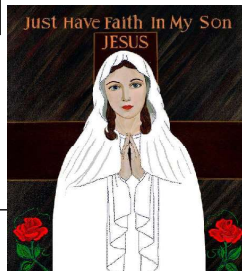


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SEP/OCT 2023

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St. Sharbel Makhoul
 May 8, 1828 -
 December 24, 1898
Saint of Miracles

*Healing Testimony of
 Fouad Elie Mitri*

Mr. Fouad Elie Mitri, born in 1978 in Ashrafieh, Lebanon, and currently residing in Tabarja, Lebanon; His sister recounts his health based on medical records.

"I, the undersigned Dr. Rana Elie Mitri, hereby affirm that my brother, Fouad, was admitted to Memorial Hermann Hospital in Houston, Texas, USA, due to COVID-19. He was initially treated for COVID-19 in the first week, and the doctors informed him that his lungs were severely affected, with a 100% infection rate. He was placed in a coma and on artificial ventilation for a month. He developed pneumonia and was treated with antibiotics. Family and friends were on continuous prayers to Saint Sharbel, seeking his intercession with the Lord Jesus Christ for Fouad's healing. Oak leaves were requested from Mrs. Nohad Al Shami. We communicated with him by phone.

When we informed him that we obtained the oak leaves, a miracle occurred: Saint Sharbel appeared in Fouad's room, enveloping him in a warm breeze of oak leaves that completely covered his affected lungs. From that moment, he experienced a complete healing with no mental, psychological, or physical harm, contrary to the expectations of the doctors in Houston. He left the hospital in perfect health after spending sixty days there.

I came from America to visit Saint Sharbel, thank him, and record this miracle, accompanied by the medical report, on October 10, 2022."

Testimony of Victoria Schneider

My testimony of cancer healing through St. Sharbel

My name is Victoria Schneider. In July 2020 I was diagnosed with cancer in the colon. The doctor treating me at that time, after removing two cancerous polyps, decided to do surgery, and cut part of my colon so that the cancer would not spread.

At that time, I heard of St. Sharbel and his miraculous power of intercession. I have a friend from Lebanon who "happened" to have the oil and a piece of cloth of St. Sharbel. She gave them to me to pray with until my next visit to the doctor.

The doctor scheduled a meeting with my family to share what she planned to do. My son was all for the surgery. The doctor asked me if I wanted to proceed or wait two more months. I said I will wait.

Sometime in the week following this meeting, she got together with her team to discuss my case and the procedure she intended to follow and my opposition to the surgery. While she was presenting the case, the head of the gastroenterological department of the hospital, without any invitation to participate, entered the room and joined the meeting. Listening to my case, he intervened saying that he had other means to treat my case without having to have surgery. He asked permission to take over my case. I was asked and I gave permission. I was scheduled to have another colonoscopy the following week instead of waiting two months.

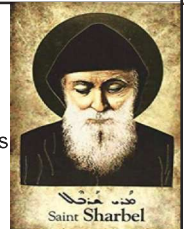
At the colonoscopy procedure the doctor found two more cancerous polyps which were extracted. The doctor mentioned that he scraped everything very thoroughly and thought it was OK. He told me to have another colonoscopy in three months to see if there was again any trace of cancer. If it were so, then I would need surgery.

On my return, after three months, the doctor checked extremely thoroughly, took several biopsies and they all came out negative!

I think the miracle started the moment the doctor took over my case. It followed when he checked me after three months, then after a year and again in May 2022 no trace of cancer. Glory be to God that after almost three years the healing is confirmed. Through the intercession of St. Sharbel Our Lord is all powerful. Glory be to God and His saints.

ST SHARBEL

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*Need a miracle? Pray to
 St. Charbel for his intercession!*
Prayer for obtaining a special grace

O Lord, infinitely holy and glorified in your saints, you inspired the holy monk and hermit Sharbel to live and die in the way of Jesus Christ and gave him the strength to detach himself from the world in order to make the monastic virtues triumph in his hermitage.

We implore you to bestow upon us the grace to love you and to serve you by following his example.

God Almighty, who manifested the power of Saint Sharbel's intercession by numerous miracles and favors, grant us, through his intercession, this grace (state your intention here) Amen.

Our Father Hail Mary, Glory Be

The Annunciation to Mary



The Life of Mary
 Continued

The Early Life of Mary

The ancient legends provide us with many details about the birth and upbringing of the marvelous child of Anne and Joachim: she was born in Jerusalem about the year 20 B.C., during the autumn Feast of Succoth (Tabernacles). The child, who was extremely beautiful, was called Mary (Miriam, Maryam), a mysterious name of uncertain meaning. When she was three years old, she was brought to the temple and consecrated to God; according to the Eastern legends, she remained there as a ward of the priests; but the West has always believed Mary returned home after her presentation and received her education from St. Anne.

When Mary became of marriageable age, she was betrothed to Joseph, a carpenter of Nazareth, who was, like her, a member of the royal family of David. She told Joseph that she had dedicated her virginity to God, but he accepted her as his wife nevertheless. Legend pictures the betrothal at the temple in Jerusalem. A number of suitors for Mary's hands are present and each bears a rod, for it is believed that her destined spouse will be the one whose rod flowers. Contrary to the expectations of the others, it is the rod of Joseph which blooms and upon which the Holy Spirit appears as a dove. One of the disappointed suitors a certain Agab, broke his rod across his knee.

Mary spent the engagement period at the home of her future sister in law in Nazareth.

Visitation and Nativity

To illustrate the power of God, Gabriel had told Mary that her older relative Elizabeth, long believed barren was to have a child. Quite naturally, Mary resolved to visit her cousin, to aid her and confide in her.

We do not know what she told Joseph and her hostess to justify her visit. She "arose and went with haste into the hill country" and within some four days had reached the little town in Judea where her cousin lived.

The meeting of the two women was at once solemn and joyful. When Elizabeth heard Mary's voice, she

was stirred by something more than ordinary excitement and surprise; the unborn child suddenly moved within her and the breath of prophecy touched her soul. Joyously she proclaimed the glory of Mary and of the child her cousin was to bear. In reply Mary uttered the Magnificat, praising God for His mercy and wisdom and for the wonderful thing he had wrought in her.

When Mary returned to Nazareth after a three months visit with Elizabeth, her own pregnancy had become apparent. Joseph was at first confused and troubled; but was reassured by an angel and forthwith concluded the marriage by taking Mary into his house.

Within a short time their home was disrupted. A Roman edict had called for a world census and required everyone to register in his place of origin; For Mary and Joseph this was Bethlehem, the birthplace of David, just south of Jerusalem. When they arrived they could find no lodging in the overcrowded inn, and Joseph was almost desperate, for Mary was soon to bear her Child. At last, however, he found shelter in a cave which served as a stable. Here Mary gave birth to the Christ Child and, having wrapped him in swaddling bands, placed Him

in a manger in lieu of a cradle.

Continued Next Newsletter

HAPPY BIRTHDAY JESUS!



**ST ANTHONY OF PADUA
 Catholic Church**
 234 Angus Drive, Luling, LA

Father Anthony Odiong

5pm Rosary/Confession
 6pm Mass
 7pm Healing Service

Thur - Nov 30 / Thur - Dec 21

Dates Subject to Change-Call to Verify

It's not you who's going to Medjugorje, it's the Virgin Mary calling you

Article by Diletta Ciannarella



She calls you, like a mother calls her son who starts to take his first steps and barely balances; she's there with her sweetest look and her arms wide open saying, "Come here." And your heart screams: "Mom I'm coming". They live in the middle of nowhere. Moments and tears, lives that intertwine. You don't decide when to go, she makes all things coincide so that you go. And when you get there, with your eyes swollen from trembling, when you touch that ground with your feet, you realize someone is waiting for you. Feel your heart rumble. And think: HOW MUCH TIME I'VE LOST

"God needs men to reach men": during the Holy Mass, you are surrounded by so many people, each acting in their own language, but the voice is unique, the thought is intertwined and the concussion knows no difference. Together, in a single hug, that of our Mother, the only one to have arms so wide to be able to squeeze everyone to Her Heart. You climb the hill of appearances and when some doubt creeps in your mind, comes a sudden hug, a caress, a blow of wind in your ear that whispers: "Don't be afraid, I'm here" then you get brave and start going up, then that strong desire to pray, to invoke Mom, to see her happy, that thought that makes you sing "You are my Mom". Feeling pampered, caressed, and held. The heart is melting and tears roll down the face, no explanation, no control.

Medjugorje sweeps away all the dry leaves and pebbles, breaks down walls and your heart beats like crazy again, to get excited about everything, bursting in your chest for happiness.

And when are you coming home? At home you come back full, happy, you cry for three days, you miss Her, you can't realize and it seems that She is terribly far away and leaves you an emptiness that seems impossible to fill, you don't understand, because 'who has faith does not need to go to Medjugorje', but then Someone comes and tells you about Medjugorje and you feel understood, they talk with sweet memories and tears in their eyes; you find a Holy Rosary in the pocket of your jacket and you hold it tightly and it shakes again, a voice from the inside says: "I am still here, always." who?". That sweet chain that keeps us tied to You. You undress yourself of many prejudices, of resentments, everything swept away.

You feel light, grateful that you were chosen and you feel important, loved, delighted. You are as delighted in His heart as His beloved Jesus.

And when sadness rises you open her message book, at random, and you will always find a word of comfort, She always knows what to say...

SHE IS THE MOM. So, bless this place that keeps me connected to You.

be grateful **GRATEFUL**
thankful
AND TRULY
BLESSED

Grateful people have a more optimistic outlook on life than most; they have fewer aches and pains, and they sleep better than ungrateful people. Proclaim God's goodness in the morning and His faithfulness at night. When you develop a practice of remembering that you are hemmed in by God's goodness, you will grow stronger on every front. When you get into the habit of declaring God's goodness over every situation that you face between sunup and sundown, you will find that God's presence in your life carries more weight than your temporary, fleeting circumstances. Another amazing benefit of keeping your perspective tethered to God's consistent faithfulness is that you'll recognize the countless ways He honors you in the face of your enemy. He claims you as His own, equips you to win your battle, and refuses to let your enemy triumph over you.

SO- It's good and important to start out your day giving thanks to God. Before one thing happens—good or bad—you have reason to celebrate God. He's worth it, He deserves it, and believe it or not, it's good for you. Gratitude profoundly impacts your health.

But you have made me as strong as a wild ox. You have anointed me with the finest oil. Psalm 92:10

LETTER FROM ONE OF OUR READERS

One day while at Mass on the feast of a saint with a very unusual name of whom I never heard, I wondered who is he and where is he from. It was July 24th. Later that day while straightening up I picked up the May/June edition of Mary's Helper's News and read "A Saint Sharbel Moment, Miraculous Healing of a Baby's Heart". It was also the *only* article that caught my eye and that I read. Without realizing he was the saint whose feast we were celebrating I immediately looked up the readings of the day and discovered that in fact it was the Feast of St. Sharbel Maklouf who I discovered in your newsletter. Thank you for your ministry. A friend of mine started sending me this newsletter years ago and although I have faithfully saved every edition I rarely have a chance to read them. I think that is what is also so miraculous. I happened to read that edition on that day. St. Sharbel clearly wanted to reveal himself to me. Praise God!

Thank you for your ministry. **Caroline**



From the Reflections of Wayne White 9/27/15

Let's give thanks to the Good Lord for what He gave us here on the beautiful paradise He created for us here on Earth. And if I could give a gift to the people of this world "this Holiday Season" I would give them love for their God, and their love for each other here on this planet the Good Lord created for them here on Earth. I would give them Christ back in their Christmas, [and give them all] peace all over this world and good will to all who live here on Earth. Especially this Christmas Eve, [I will look at the stars] "that shine above me that night" I will pray to the Good Lord to bring all the service men and women in this world back to their love ones. "to spend this Holiday Season" this year, and all the years to follow. That there would be peace all over this world because of them and thank them for the sacrifice they gave to us and the freedom they gave us on this beautiful planet the Good Lord created for all of us here on Earth. I will pray, this Christmas Eve and all through the year for peace and harmony, with liberty for all on this beautiful paradise the Good Lord created for all of us here on Earth. But, most of all, I would put love - back in their hearts Love for God, and their love for each other, here on Earth. Merry Christmas and a Happy New Year to all at Mary's Helpers, and to all your families I hope you accept this Christmas gift I give to you, I will pray that you spend the Holiday Season, In the Name of the Good Lord, and in the Name of Our Lord Jesus Christ. Amen.

Let's Laugh a Little
Two Cajun Pastors

Reverend Boudreaux was the part-time pastor of the local Cajun Baptist Church and Pastor Thibodaux was the minister of the Covenant Church across the road.

They were both standing by the road pounding a sign into the ground, that read:

'Da End is Near
Turn Yo Sef 'Roun Now
Afore It Be Too Late!'

As a car sped past them, the driver leaned out his window and yelled, "You religious nuts!"

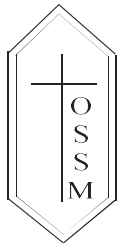
From the curve they heard screeching tires, and a big splash...

Boudreaux turns to Thibodeaux and asks, 'Do ya tink maybe da sign should jussay....

'Bridge Out?'

PEACE PRAYER
by
St. Francis of Assisi

Lord, make me an instrument of Your peace Where there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; and where there is sadness, joy. O Divine Master, grant that I may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love. For it is in giving that we receive; it is in pardoning that we are pardoned; and it is in dying that we are born to eternal life. Amen



Servants of Mary
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Marrero, La
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Prioress: Isabel Bertot
For information call (504) 908-7795

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O MARY, conceived without sin, Pray for us who have recourse to thee.

The NEWS is published by Mary's Helpers to help spread the messages of Our Lady all over the country and the world.

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The Birth of Jesus
December 25

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Ultimo Mensaje, 25 de septiembre de 2023

“¡Queridos niños! Los invito a una fuerte oración. El modernismo quiere entrar en vuestros pensamientos y robaros la alegría de la oración y del encuentro con Jesús. Por eso, hijitos míos queridos, renovad la oración en vuestras familias, para que mi corazón materno esté gozoso como en los primeros días, cuando os había elegido, y día y noche resonaba la oración, y el Cielo no callaba sino abundantemente. concedió paz y bendición a este lugar de gracia. Gracias por haber respondido mi llamada. “

Ultimo Mensaje, 25 de octubre de 2023

“¡Queridos hijos los vientos del mal, del odio y de la tribulación soplan sobre la tierra para destruir vidas. Por eso, el Altísimo me ha enviado a ustedes para conducirlos por el camino de la paz y de la unidad con Dios y con los hombres. Ustedes, hijitos, son mis manos extendidas: oren, ayunen y ofrezcan sacrificios por la paz, tesoro que todo corazón anhela. Gracias por haber respondido a mi llamado. ”

Stay Awake, you must be ready.

For as were the days of Noah, so will be the coming fo the Son of Man. For as in those days before the flood they were eating and drinking, marrying and giving in marriage, until the day when Noah entered the ark, and they were unaware until the flood came and swept them all away, so will be the coming of the Son of Man. Matthew 24: 38-39

The fruit of Silence is Prayer.
The fruit of Prayer is Faith.
The fruit of Faith is Love.
The fruit of Love is Service.
The fruit of Service is Peace.

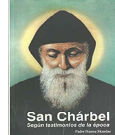
Mother Teresa

BE STEADFAST IN YOUR FAITH!

"But if any of you lacks wisdom, he should ask God who gives to all generously and ungrudgingly, and he will be given it. But he should ask in faith, not doubting, for the on who doubts is like a wave of the sea that is driven and tossed about by the wind. For that person must not suppose that he will receive anything from the Lord, since he is a man of two minds, unstable in all his ways." James 1:5-8

San Chárbel, Según Testimonios de la época (Spanish) Paperback – \$17 January 1, 2012 by **Fr. Hanna Skandar** (Author)

From his Era to Ours (Novena \$ 5 y tarjetas de oración \$ 2 disponibles en español



MAGNIFICAT

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