



MARY'S HELPERS, INC.

News

No.35 Vol. 09- 10 All About Jesus & Mary

Sept / Oct 2022

MEDJUGORJE
September 25, 2022

"Dear children! Pray that the Holy Spirit may enlighten you that you be joyful seekers of God and witnesses of love without bounds. I am with you, little children, and, anew, I am calling all of you: take courage and bear witness to the good works that God is doing in and through you. Be joyful in God. Do good to your neighbor so that it will be good for you on earth and pray for peace, which is threatened because Satan wants war and peacelessness. Thank you for having responded to my call."

MEDJUGORJE
October 25, 2022

"Dear children! The Most High permits me to be with you, and to be joy for you and the way in hope, because mankind has decided for death. That is why He sent me to keep instructing you that without God you do not have a future. Little children, be instruments of love for all those who have not come to know the God of love. Witness joyfully your faith and do not lose hope in a change of the human heart. I am with you and am blessing you with my motherly blessing. Thank you for having responded to my call."



**Meditation on the
September 25, 2022
Message**
by Fr. Al Bermudez, OSSM
PRAYER LIFE

Brothers and Sisters, our Mother Mary wants us to focus on these ideas. First and mostly “pray” that the Holy Spirit enlightens you; that you may be a joyful seeker of God and witnesses of love without bounds. Anew she calls us to take courage and bear witness to the good works God is doing in you and through you.

“Be joyful in God” is an attitude of mind and heart. Do good to your neighbor so that it will be good for you on earth and pray for peace. (Reminds me, “make me an instrument of your peace.”) Sing that in your heart every day as you walk with your neighbors. In the end Mary reminds us of the threat to life and peace. **SATAN IS THE AUTHOR OF WAR AND PEACELESSNESS.**

Mary knows that the power house to the Christian life is the Holy Spirit. Jesus and Mary live in prayer conversation with the Father. We must and we will succeed in Peace of Christian warfare against Satan and all his instruments and lies.

A strong life means life in prayer with the Church and communion through the Eucharist. A social life active in communication leads to living in peace. To be a Christian means to be a witness of peace and love ready to help the neighbor and the stranger, inviting them to your community. We are to imitate Jesus both in His witness to the Apostles and others; as well as, live in community with them sharing daily bread and tears, joy and laughter.

You and I belong to and live in many small communities and the Catholic worldwide Church community. With Mary’s help we must continue to grow and please Jesus and Mary.
Father Al

HOLY LAND PILGRIMAGE

Looking for a Pilgrimage. Is Jesus calling you? Renew your baptismal promises in the Jordan River, your marriage vows at Cana, and your heart for Christ at his tomb. Journey with Holy Family Catholic Church in Luling, LA with Father Steve Dardis on an unforgettable pilgrimage to the Holy Land from December 26, 2022 to January 3, 2023. For more information or to register, visit: versoministries.com/holyfamily-luling.



**Meditation on the
October 25, 2022 Message**
by Fr. Al Bermudez, OSSM

WAKE UP

Mary reminds Her children that Her presence is a gift from God, to be valued and not presumed, but to stir us to joy and the way of hope.

WAKE UP!! WAKE UP!! Look at the world and the people around you, even family and friends. “Mankind has decided for death.” See the immoral pagan time, satanic and anti-Christian attitudes that we are walking in and that surrounds us daily.

A life or death is real. **Choose life!** God send his son, Jesus to rescue us. We are free to welcome Jesus and decide to live!

“Mary has been given to us to keep instructing us, that without God, we do not have a future.”

She calls us to be active members, “active instruments of love.” For all of those who have not come to know the God of love. We can remind them to look at scriptures John 3:16 “For God so loved the world that he gave his only begotten Son...”

Mary tells us that we are to witness joyfully our faith and do not lose hope in a change of the human heart.

We are to witness together and pray often in family and community.

Let’s go getem!

Love Father AL

**CHOOSE
LIFE**



And ONE Tiny Baby Changed the Whole World

By the time you receive our next issue, Christmas will be over. Let me take this moment to wish you a very EARLY “Blessed” “Holy” CHRISTMAS from all of us at Mary’s Helpers. We hope you had a great year and an even better one next year.

We love each and every one of you.

My God, I believe, I adore, I hope and I love you! I ask pardon of You for those who do not believe, do not adore, do not hope and do not love you!

**OUR ANGELS IN HEAVEN
THANK YOU FOR US
INTERCEDING FOR US**



Fr. Peter Mary Rookey, OSM
Oct. 12, 1916 - Sept. 10, 2014
The Apostle of Compassion



Margaret M. Trosclair
June 19, 1933 - March 14, 2019



Gertrude Gayle Ponseti
Oct 14, 1937-Dec 10, 2019

Trust in the Lord with all your heart; do not depend on your own understanding. Seek His will in all you do, and He will show you which path to take. Proverbs 3:5-6

blessed

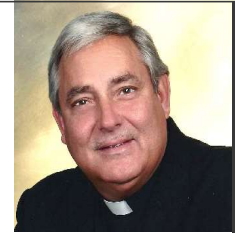
This was Margaret Trosclair’s Noon Prayer on Monday, October 4, 1993

Message received During 6th Sorrow-“Mary Receives the Dead Body of Jesus”

My Children: I come to you each day, and the messages I bring to you are messages that you have received many times. I repeat them for you to know how important they are. **You hear the messages, but many of you do not apply them** to your everyday living. Upon receiving the messages, you do not allow my Son, Jesus, to live within you. And what that means is you are not trusting completely in Him. My Son wants you to know that He is with you every moment. Today is a very special Feast day, that of St. Francis of Assisi. Francis put all his trust in my Son, Jesus. Let these words be in your heart.

Website: www.maryshelpers.org Email: maryshelpersi97@bellsouth.net Phone:(504) 348-PRAY
Mailing Address: P.O. Box 1853, Marrero, LA 70073 Physical Address: 4512 7th Street, Marrero, LA 70072

A word from FATHER PAUL BERGERON



SHALL WE SPEAK OF POLITICS?

I think we must if the Democrats have taken God out of the equation, the same God that this country has been founded on. Never mind the separation between God and State. The government has crossed that line when they closed all of our churches under the penalty of law during the Covid crisis. How in the world could Catholic Democrats agree to Abortion up until the time of birth and beyond? It just baffles my mind. One month away from the mid-term elections and it's getting worse and worse. Crime is running rampant; prices are crazy for food and at the gas pump and I could go on and on. Bring back God into our country and all will return to normal. Think about all these things when you go to the booth and vote for God!

God Bless you all-Fr. Paul.

TUESDAY ~ SPECIAL PRAYER HOUR IN THE CHAPEL AT MARY'S HELPERS

at 4512 7th Street, Marrero, LA at Noon.

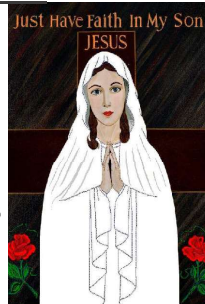
Let us love one another because love is of God; everyone who loves is begotten by God and knows God. Please join us to pray for your intentions and all of requested intentions from our prayer line and peace in this crazy world. Lord Jesus, heal us. Lord Jesus, bless us. Lord Jesus, have mercy on our souls.

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CELEBRANT: FATHER PAUL BERGERON
JIM BOWIE ROAD IN HOUMA, LA



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Nov 1-All Saints Day Nov 2-All Souls Day
Nov 5 -Upper Room Prayer Cenacle 3pm
Nov 6-Daylight Savings-Set Clocks Back 1hr
Nov 11-Veterans Day/Remembrance Day
Nov 17-Houma Mass THURSDAY 4pm
Nov 22-Our Lord Jesus Christ, King of the Universe
Nov 24-Have a Blessed Thanksgiving Day
Nov 27-First Sunday in Advent
Nov 29-Tues iGiveCatholic.org giving day
Dec 3-Upper Room Prayer Cenacle 3pm
Dec 8-Immaculate Conception of the Blessed Virgin Mary
Dec 12-Our Lady of Guadalupe
Dec 17-Houma Mass SATURDAY 11AM
Dec 24-Christmas Eve
Dec 25-Nativity of the Lord (Christmas)
Nov 29- iGive Catholic Giving Day (See pg5)
Dec 30-Most Holy Family of Jesus, Mary and Joseph



UPPER ROOM PRAYER CENACLE
invites you to join us on Jim Bowie Road in Houma at the SHRINE OF OUR LADY OF COMPASSIONATE PROTECTION Catholic faithful from the Diocese of Houma Thibodaux, every **First Saturday at 3pm-4:15pm**

to pray the Rosary, the Angeles, Litany of Loretto and to consecrate themselves to Our Lady. The Cenacle is dedicated to Our Lady in all her titles. Visitors to the room are invited to bring their favorite picture of Our Lady with their name so their prayer intentions will be offered during each gathering. Over 300 pictures of Mary cover the walls.

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SEPT/OCT 2022

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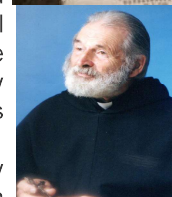
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FATHER PETER MARY ROOKEY AND HIS MIRACLE PRAYER

Testimony of FAITH
by: Linda Harrison
10/16/2022



Every now and then I learn about something and wonder: Why didn't I know about this before? Father Peter Mary Rookey falls into that category. I learned about him after coming across the "Miracle Prayer," written and promoted by him while he was alive. Although we cannot assume anyone is in heaven unless they are canonized a saint, (so we should still send up a prayer for them) it seems from Father Rookey's life that he would be a powerful intercessor.

Born in Superior, Wisconsin, on October 12, 1916. Father Rookey grew up in a family of thirteen. When he was eight years old, he was blinded by a Fourth of July firework. Despite being told there was no cure for him, his sight gradually improved. He credited that to his mother leading the family in praying the rosary each evening "until little Peter's eyesight returns."

Father Rookey was ordained a priest with the Servite seminary on May 17, 1941 at the Servite Our Lady of Sorrows Basilica in Chicago. He helped expand the Order to Ireland where he served from 1948 to 1953 as assistant master and then prior Benburb Priory. He was fluent in seven languages and served as Assistant Master of Novices, at Mt. St. Philip in Granville, Wisconsin, and then as assistant pastor at Assumption Parish in Portland, Oregon.

Healing Begins

It was while in Ireland that the healings began. Blessing people who requested it after Mass, not an uncommon request, miraculous healings began to occur. Word spread, and more and more people came for his blessings.

The Chicago Tribune wrote about him in 1994. "It was very humbling," Rookey says. It appeared that many had experienced cures for life-threatening illnesses or injuries-unknown to the young cleric. The priest's popularity did not escape his superiors' attention."

The Tribune explained that the Church was cautious about all this attention and claims of miracles so by 1953 Rookey was assigned as assistant general of the Servite Order in Rome, putting his healing ministry on hold for more than three decades. "When asked how he felt about that, by the Tribune, Rookey responded: "I became a priest to be an obedient servant of God's will. I trust my superiors to make wise decisions about the use of my gifts."

During the late 1960s, after the Charismatic movement took hold and gained acceptance in the Church, Father Rookey's healing ministry became accepted and endorsed by the Church's hierarchy and his order. He became known internationally for miraculous healings and also for his life-changing Miracle Prayer and was the subject of three books. Father Rookey died in his sleep just short of his 98th birthday, on September 10, 2014.

The Miracle Prayer of Father Peter Mary Rookey

Lord Jesus, I come before you just as I am. I am sorry for my sins, I repent of my sins, please forgive me.

In your name I forgive all others for what they have done against me. I renounce Satan, the evil spirits and all their works. I give you my entire self, Lord Jesus, now and forever. I invite you into my life, Jesus. I accept you as my Lord, God and Savior. Heal me, change me, strengthen me in body, soul, and spirit. Come, Lord Jesus, cover me with your precious blood, and fill me with your Holy Spirit. I Love You, Lord Jesus. I Praise You, Jesus. I Thank You, Jesus. I shall follow you every day of my life. Amen.

Mary, Mother of Sorrows, Queen of Peace, St. Peregrine, the cancer saint, all you Angels and Saints, please help me. Amen.

Quotes from Father Rookey: "Say this prayer faithfully, no matter what you feel, when you come to the point where you sincerely mean each word, with all your heart, something good spiritually will happen to you. You will experience Jesus, and HE will change your whole life in a very special way. You will see."

"We all have weaknesses that affect our body, mind, and spirit. But it is our will to overcome them that decides how we live. 'With men this is impossible; but with God all things are possible.'" (Mt 19:26).

My name is Linda Harrison and I lived in Amite City and New Orleans most of my life. Today I'm a member of Holy Family Catholic Church in Marietta GA. I've been living there for 22 years and have been inspired to become a Third Order Lay Carmelite and have been a Past Director and am now a Co-Regional Coordinator for the Georgia communities. I'm also active in the pro-life movement, the Holy Family Wednesday Night Holy Hour team, and our parish's Saint Joseph's Altar celebration.

I have a daughter and two grandchildren. My daughter and I converted to the Roman Catholic Church after being encouraged by a NOLA friend, nudged by a little church called St. Helena's in Amite City, and experiencing a healing miracle. Life was very hard at that time. I was a single mom and fought bulimia and anorexia. I went through therapies, groups, doctors, family help but nothing seemed to work. There were no answers. I picked up a magazine and read about the death of Karen Carpenter. I felt hopeless. I was at my edge of losing my life. I called out to St. Jude in my desperation. I saw a vein in my left arm turn black from my wrist to my shoulder. Then it faded back to normal. I knew the healing process had begun. Praise God. After that, my daughter and I were converted and my Methodist family welcomed my new faith with open arms.

Our Lady of Medjugorje's message on September 25, 2022 in **Mary's Helpers News** spoke to me. Mary's message was, "I am calling all of you take courage and bear witness to the good works that God is doing in and through you." The Holy Spirit touched me to give a call to Mary's Helpers to share a testimony. I felt I should not keep my story under a basket when it could serve as a restorative to others. I must have courage and find joy in sharing it.

For many years I was a part of Mary's Helpers. The company of Margaret, Gayle, and Father Rookey blessed my life. I had the privilege to go with Fr. Rookey and others to Medjugorje, an experience I will never forget. So powerful for a Catholic convert, hungry to learn more about her faith and our Blessed Mother. Margaret and Gayle opened my eyes and heart to the love of Our Lady. As I mentioned in the EWTV interview I did with Tom Peterson, a glow comes over me whenever I talk about Our Mother. **While I was in Medjugorje, I was profoundly inspired by Fr. Rookey and his Miracle Prayer. I had no idea how this prayer was going to become a part of my life in the years to come.**

Two years ago, I received a call from my gastro doctor after a routine MRI to monitor for polycystic cysts. Usually he called with good news. This time he wanted to see me in his office immediately. With my daughter. Once there he shared that he had seen a mass on my pancreas. It was close to a vein. He gave me very little hope. His words were difficult to hear. Pancreatic Cancer.

My daughter looked at me and said, "Mom this is not our truth. We will get through this some kind of way."

When she dropped me off, I ran inside to google to learn more about that cancer. The first article that popped up in my phone was the testimony of a young woman who was diagnosed with Stage 4 pancreatic cancer. Her doctors had given up on her, but she had faith and surrounded her with positive people and affirmations. She created her own hope. "I can do that, too" I vowed.

Did I have pancreatic cancer? When I went for the biopsy, I can remember the doctor coming to the room next to mine and I heard him tell the young lady there that she did not have cancer. My mind was set. I was sure I didn't have it either. But when he came in my room, his news was different. It looked like I had pancreatic cancer. My faith began to take over, just like it had for the young woman in the article who had remained so positive through her pancreatic cancer ordeal. **Faith chased away my fear.**

Continued Next Month

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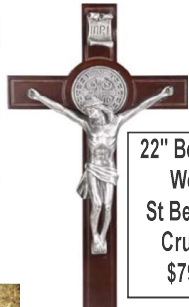
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See Page 6



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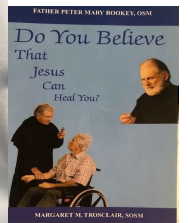
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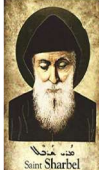
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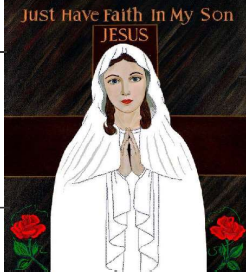


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History of the Infant Jesus of Prague

Author: Anders Wong

Introduction

The devotion to the Holy Child Jesus has long been a tradition of the Catholic Church for a very long time. This devotion is a veneration of our Lord's sacred Infancy. Many saints had a very strong devotion to the Divine Child, notably St. Therese of the Child Jesus, St. Francis of Assisi, St. Anthony of Padua, and St. Teresa of Avila.

Prague is the capitol city of the Czech Republic, which is at the very central of Europe with Germany, Poland, Russia and Austria as its neighbours. The history of the Infant Jesus of Prague started in the 17th century when a statue of the Infant Jesus was brought into Bohemia (now Czech Republic) and eventually was given to the Discalced Carmelites in Prague. Since then, the statue has remained in Prague and has drawn many devotees worldwide to go and honor the Holy Child. Many graces, blessings, favors and miraculous healings have been received by many who petitioned before the Infant Jesus.

History

The exact origin of the Infant Jesus statue was not truly known, but historical sources point to a small 28cm high sculpture of the Holy Child with a bird in his right hand carved in around the year 1340. Many other Infant Jesus sculptures were also carved by famous masters throughout Europe in the Middle Ages.

The popularity of the Child Jesus grew in the Baroque period in Spain which may have been caused by the visions of St. Teresa of Avila. A number of sculptures made in Spain eventually found their way to Prague. These sculptures were made of wax, ivory, and bronze and were dressed in garments reflecting the aristocratic fashion of that period.

It is unknown to this date which of those early sculptures that got to Prague was the exact origin of the Infant Jesus of Prague. It was speculated that it came from a monastery in Bohemia and from there it was obtained by Dona Isabella Manrique who gave it as a wedding gift to her daughter Marie Manrique who married a noble of the Czech kingdom. Later, the Holy Infant statue was again given to Marie's daughter Polyxena as a wedding gift in 1587. In 1628, Lady Polyxena presented the statue to the Carmelites at the Church

of the Virgin Mary the Victorious in Mala Strana saying, "I am giving you what I most esteem of my possessions. Keep the sculpture in reference and you will be well off". This statue then became known as the Infant Jesus of Prague. It stands 47 cm high (includes a 2cm base) and has a long gown around the wax body.

Shortly after 1628, the Saxons and the Swedes took turns to invade Prague and the Carmelites had to flee and the veneration of the Holy Infant ceased. It was not until 1638 that a young priest named Fr. P. Cyril, a *Matre Dei*, returned to Prague and found the Holy Infant statue buried in the ruins of the Lady of Victory church. Fr. Cyril cleaned the statue and placed it in the oratory for worship. While he was praying before the Infant Jesus, he heard the Infant Jesus say, "Have pity on Me and I will have pity on you. Give Me My hands and I will give you peace. The more you honor Me, the more I will bless you". 2

The repairing of the statue's hand was a miracle since Fr. Cyril and his peers did not have the financial resources nor the know-how to repair it. Through prayer, Fr. Cyril asked the Blessed Virgin Mary in several occasions to provide the necessary funds for fixing the Infant statue. The Divine Infant spoke to him again, "Place Me near the entrance of the sacristy and you will receive aid". 3 Fr. Cyril then did what he was told and in a few days time, the statue was fixed by a man who came to the sacristy to offer help.

Since the statue was fixed, a number of miracles had occurred and the word began to spread, resulting in a large increase of veneration to the Holy Child. This includes the Czech nobles as well. These early miracles were recorded in a book by P. Emerich a St. Stephano, published in German in 1736 and in Czech in 1749.4

In 1641, an altar was built for the Infant Jesus in the church, and in 1644 a chapel was built, but was not completed until 1654. Many nobles of the time had greatly supported the Infant Jesus, among them were Lady Polyxena, King Ferdinand (Czech), King Charles Gustav (Sweden), and Bernard Ignatius of the Lords of Martinic. It is interesting to note that the crown over the Divine Infant's head came from Bernard Ignatius, who presented the Infant statue with a little gold crown set with precious stones and jewels on January 14,

1651 during a procession that carried the Infant Jesus statue from the Lady of Victory church to other Prague churches. The Infant Jesus was solemnly coronated on April 4, 1655 by the Archbishop Josef Corta acting for Cardinal Harrach III who was sick.

After that period, Prague went through more wars and unrest but the church and the Infant Jesus chapel was miraculously protected. In 1776 the altar was rebuilt using marble and two huge sculptures of the Blessed Virgin Mary and St. Joseph were placed to the left and right sides of the altar. The Holy Infant was kept in a glass case standing on a pedestal engraved with crystals, and surrounding the Infant were twenty angels in gold.

Since then copies of the Infant Jesus were made and distributed throughout European churches. The Spanish colonial efforts later brought the Infant Jesus to the Philippines and to central America. And since then, the devotion has kept spreading to all parts of the world.

Conclusion

The Lady of Victory church was officially returned back to the Discalced Carmelites in 1993 since the takeover by the Maltese Knights in 1784. Today, thousands of pilgrims pay homage to the Infant of Prague each year. The tradition of the Infant Jesus procession and the coronation continues to this day. On May 27, 1995, a solemn procession of the Infant Jesus took place in the streets of Prague with Cardinal Sin of Manila (Philippines) and Cardinal Vlk of Prague leading the procession. This ceremony was the closing highlight of the annual Feast of the Infant Jesus in Prague.

As the devotion to the Infant Jesus spreads throughout the world, many parishes now offer Holy Mass and novenas to honor the Holy Child of God and many prayer groups have been formed. Jesus has kept His promise that the more that He is honored, the more that He will bless them. This is truly evidenced by the many favors He has granted to those who ask Him.

See the statue of the Infant Jesus of Prague on Page 5

A PRAYER FOR OUR COUNTRY



Mary, Most Blessed Virgin Mary, Mother of Mercy, at this most critical time, we entrust the United States of America to your loving care.

Most Holy Mother, we beg you to reclaim this land for the glory of your Son. We cry to you from the depths of our hearts and seek refuge in your motherly protection.

Look down with mercy upon us and touch the hearts of our people. Open our minds to the great worth of human life and to the responsibilities that accompany human freedom.

Free us from the falsehoods that lead to the evil of abortion and threaten the sanctity of family life. Grant our country the wisdom to proclaim that God's law is the foundation on which this nation is founded, and that He alone is the True source of our cherished rights of life, liberty and pursuit of happiness.

O Merciful Mother, give us the courage to reject the culture of death and the strength to build a new Culture of Life. AMEN.

Dear children, with your rosaries you can defeat Satan's lies and bring Truth to triumph. When Truth penetrates hearts, My Triumph will reign and My Immaculate Heart will be victorious. You hold in your hands a weapon greater than any weapon of mass destruction when you hold your rosary. Carry it with you always as a sign to Satan that you are Mine."

"Most of all pray your rosaries. Satan cringes at the thought of a well-prayed rosary and does everything to defeat this prayer." Dear Children, the future of the world rest in your hands in your rosaries.

OUR LADY'S BLESSING OF HOLY LOVE

"I do not come to appease you, but to warn you that you must use your rosaries as weapons that Heaven intends you to do. My Victory is by your efforts and in your hearts."

"Do not consider My words to you today too simplistic to be important. Do not disregard My urgent request to pray your rosary."

"Dear children, today, you have come with many petitions in your hearts and on lips. Some will be answered in the way you want, but all will be answered according to God's Holy and Divine Will. Please accept what is given and what is taken away. Understand that I come to you as a loving Mother to caress you and to love you and to hold you deep in the folds of My Mantle. Today, My little ones, I'm imparting to you My Blessing of Holy Love."



Saint Sharbel

THE SAINT WITH THE MOST MIRACLES!

EVERY MONTH I SHARE TESTIMONIES HERE IN THIS NEWSLETTER ABOUT HEALINGS FROM THE INTERCESSION OF SAINT SHARBEL. How many times do

we search for things in life to help us? Here is a saint that is unknown to so many but miraculously has the MOST miracles (33,000 miracles) recorded AROUND THE WORLD than any other saint other than Mary, yet so many don't know anything about Saint Sharbel.

All we have to do is to have faith. With the faith the size of a mustard seed; we can move mountains. We have to believe that miracles can happen. Miracles that only come from the grace of God. Miracles are happening all around us. All we have to do is open our eyes and our hearts and we will see them. We are not all promised healings. There may be reasons why God is asking us to carry this share of the cross. Actually a greater grace is to be asked to carry part of Jesus' cross.

It's OK to ask for healing. Jesus himself asked God our Father for a miracle in the Garden of Gethsemane. He expressed the natural human desire to avoid pain and suffering. His human nature, though perfect, still struggled with the need to accept the torture and shame that awaited Him. Jesus says to His disciples, "The spirit is willing, but the flesh is weak" (Mathew 26:38)

Something is going on... More miracles have happened in the past 2 years than the past 2 decades. We are NOW is the "Time of Mercy" - don't let this time pass you by because after the time of mercy will come the time of justice. Take advantage of God's mercy and return to him. The key is to ASK for intercession and believe (have faith) that it can happen to you. DO YOU BELIEVE? Ask for a cure or the grace to bear your sufferings. So now read on as this month we share the excerpts from:

FIVE REMAINING MESSAGES OF SAINT SHARBEL

The shepherd's staff is used to guide and protect the flock against wolves and beasts of the forest. The staff of the Good Shepherd has the appearance of a staff in His hand, though in reality it is a scepter. The oaken crook in the hand of the Good Shepherd becomes as a scepter, and the ornamented scepter remains in His hand as the oaken crook.

The full thimble and the full pot are alike. Whether you are a pot or a thimble, the most important thing is that you are full. Try always to be full, whatever your size may be. Do not be distracted with outside things. The things around you, before you and behind you are less valuable than the things inside you. His truth always rises even when the world collapses. The world never gives to you, but always puts you in debt. God alone gives.

You cannot lift people higher than yourself, but if Christ is in you, you can go up and draw them to you. When you climb high, pull your brothers towards you. Christ raised you when He was lifted up, so raise your brothers, as you are raised through the power of Christ. As you are drawn towards Christ, you will draw people around you.

Do not sell your souls in the markets of this world. Your

souls are very valuable. Whatever price the world may pay you, it is too low a price compared to your souls' true value. Do not sell your souls because the world cannot pay you the true price. The true price is paid only by the blood of Christ, fully paid on the cross. The kingdom of God is not a goal but a journey that you can realize in yourself by the power of the Holy Spirit. Step by step, day-by-day, in the small details that fill the moments of your life, second after second. Meditation is to look at things as they are, not as you imagine them in your mind, or as you want them to be.

You love your idea about the person, not the person himself. And you hate your idea about the person, not the person himself. Beware, do not condemn. Do not put in your mind preconceived ideas and judgments about anyone. Prejudices are colored lenses you put on your eyes through which you see each person with the color of your lenses, and not with the true color of the person. Put in your head the wisdom of nature, in your heart its beauty and in your spirit the power of its constant renewal.

When you make a mistake, admit it. Admit your misdeed, confess it, and correct as much as you can. Acknowledging the error and correcting it build you up and not put you down. Fix what you can and confess to God that which you cannot fix. He will fix what you are not able to fix and make up for what you are not able to make up for.

Do not justify your mistake with your good intentions. Good intentions are not enough to lead you to heaven, as your works must be good like your intentions. What counts are the fruits of your labor and the consequences of your words. The good intention is the argument of the ignorant and ignorance resembles sleep. You do not realize you are sleeping until you awake. Wake up the sleepers. When they are awake, they understand they were sleeping. Do not speak with a sleeper; he does not hear you. Wake him up and then speak to him.

The more the holiness grows in man, the more he ceases to see it. When he observes his holiness, then it will have vanished.

Ponder in your mind the word you will say like the stone-thrower rotates the stone in the sling. The stone thrower does not cast his stone unless he is sure of his aim. The word in your mouth is like the stone in the sling, once released you will not be able to take it back. If your word will not reach its target, do not throw it because it will hurt. Inappropriate words will surely cause harm. Avoid using ambiguous language and only choose the word that has only one explanation. Be a good example instead of only giving good advice. Whenever you see a wrong, correct it in silence, rather than blaming loudly.

The stone in the wilderness under the sun, submerged in the river, bathed with scented oils, soaked with incense, or coated with colors will remain a stone. Only rubble, stones, pebbles, and sand come from the rock, and as much as it softens, it gives only dust. Being a saint is completely different from showing you are a saint; one is possible without the other.

Always distinguish between your desires and your needs. Man longs for many things he does not need, and needs many things he does not desire. Your wealth is measured by the lack of your needs, not by the plenitude of your possessions. Everything you think you possess in this world, in reality, it owns you.

Whatever you think is under your dominion in this world, in reality, it is dominating you. All the things in this world which you seek to control make you a partner of the evil one. You exist in this world to give and serve, not to possess and command.

There is a big difference between involvement and commitment. Live the commitment in the Church not the involvement in the community. The direction you take is more important than the speed you adopt. What is the benefit of speed and acceleration if the direction is wrong? Do not start anything on earth if it does not end in heaven. Do not walk on a path on earth that does not lead to heaven.

Your five senses are incomplete, your spiritual sense completes them. You cannot go toward holiness without passing through humanity. Things that happen in you are much more important than those that happen with you.

Always discern between the opportunity and the temptation. To grasp the opportunity is different from surrendering to the temptation. For trying to seize an opportunity is an initiative for good, while submitting to the temptation is a downward spiral to evil.

Sin is like poison. When you sin, it is as if you drank poison; you are the one who is going to be poisoned, it does not matter how you drank it or who gave it to you. It is useless to blame others when you get poisoned and die.

The ignorant man clings to the dust until he becomes dust; the wise and prudent man clings to heaven until he reaches heaven. You will belong to the place to which you cling.

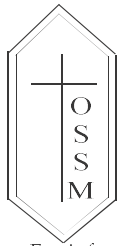
Whatever enters you and you receive is not yours and whatever comes out of you and you give away belongs to you. You are not evaluated by what enters you but rather by what comes out of you. What enters you is not you, what comes out of you is you. By the power of the Spirit which you receive through your prayers, transform everything that enters you, and from which you own nothing, into holiness that radiates from you and makes you own everything.

On the Lord's way, if you stand back a step, the Devil makes you go back ten. However, if you advance one step, the Lord helps you advance a hundred.

He who spends his entire life tolling the bell of the Church is not necessarily the one who enters heaven and saves his soul. It is better that he listens to the bell of his conscience when it announces a sin. Many are those who chime the bell of the church so as not to hear that of their own conscience.

Do not eat to satiety, eat to quell your hunger. For man knows when he is no longer hungry but does not know when he is full. Man's satiety has no limits. The taste of chastity is more delicious than the taste of sexual pleasure. It is not the wine that makes man drunk; it is man who gets drunk.

These and more testimonies can be found on www.familyofsaintsharbel.org



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Ultimo Mensaje, 25 de septiembre de 2022

"¡Queridos hijos! Oren para que el Espíritu Santo los ilumine a fin de que sean gozosos buscadores de Dios y testigos del amor sin límites. Estoy con ustedes, hijitos, y a todos los llamo nuevamente: animense y den testimonio de las buenas obras que Dios está haciendo en ustedes y a través de ustedes. Alégrese en Dios. Hagan el bien al prójimo para que estén bien en la tierra, y oren por la paz que está siendo amenazada porque Satanás quiere la guerra y la tribulación. Gracias por haber respondido a mi llamado". Gracias por haber respondido a mi llamado."

Ultimo Mensaje, 25 de octubre de 2022

"¡Queridos hijos! El Altísimo me permite estar con ustedes, y ser su alegría y camino en la esperanza, porque la humanidad se ha decidido por la muerte. Por eso Él me ha enviado a enseñarles que sin Dios no tienen futuro. Hijitos, sean instrumentos de amor para todos los que no han conocido al Dios del amor. Testimonien con alegría su fe y no pierdan la esperanza en el cambio del corazón humano. Yo estoy con ustedes y los bendigo con mi bendición maternal. Gracias por haber respondido a mi llamado."



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NOVEMBER 29, 2022

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Repent, for the kingdom of Heaven is close at hand.
 Matthew 3: 1-12

HAVE A BLESSED THANKSGIVING AND A VERY MERRY CHRISTMAS TO ALL.. HAPPY BIRTHDAY JESUS!

FAITH THE SIZE OF A MUSTARD SEED

"Then the disciples came to Jesus privately and said, "Why could we not cast it out?" Jesus said to them, "Because of your little faith. For truly, I tell you, if you have faith the size of a mustard seed, you will say to this mountain, "Move from here to there", and it will move; and nothing will be impossible for you." Matthew 17:20

Your Prayers save souls!

O MARY, conceived without sin, Pray for us who have recourse to thee.



MAGNIFICAT

WESTBANK BREAKFAST SATURDAY Dec 10 9:30 a.m. - Noon
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Be vigilant at all times and pray, that you may have the strength to stand before the Son of Man



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Stay Awake, you must be ready. Matthew 24: 37-44