## REVIVAL DOG TRAINING

# BASIC CUES LIST

## NAME RECOGNITION

#### "JACK"

Your dog looks at you. Then you can give another cue like spin, sit, down, place, come/here, etc.

*Important:* It doesn't mean "come to me" or "bad dog", just 'look at me'. Your dog needs to LOVE hearing their name so they listen to you!

## RECALL

#### "JACK, COME"

Your dog's 50/50 response to coming all the way to you.

Use in the home or when you're not ready to reinforce, follow up, or remain consistent. Often not 99% reliable since this word is overused without proper training (reinforcement history, follow up, consistency).

#### "JACK, HERE"

Your dog non-negotiably comes all the way to you 99% of the time.

Used with a leash or longline for a longer period of time to train reliably with reinforcement, follow up, and consistency.

## SIT...STAY...FREE...

"JACK, SIT" - Your dog's bum is on the ground.

"JACK, STAY" - Your dog remains in a sit/stay.

"JACK, FREE" - Your dog is released from the sit/stay.

You may choose to say "Stay" or have it implied.

The point is having a *clear release "free"* so the dog understands he must stay until he hears "free". Consistency matters!

## DOWN...STAY...FREE

## "JACK, DOWN"

Your dog's tummy is touching the ground.

Review "Sit...Stay...Free" and apply the same concept.

*Important*: "OFF" and "DOWN" are not the same behavior. Be careful with your words because this is confusing to the dog! "Off" = get off something.

#### HAND TARGET

#### "JACK, TOUCH"

Your dog's nose touches your hand. Useful for redirection, easy motivation, jumping/greeting someone, getting on and off things, and tricks. your dog's nose touches your hand.

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# BASIC CUES LIST

## PLACE..STAY...FREE

#### "JACK, PLACE"

Your dog remains on a boundary until released with "Free". their bed is the most common. Park benches, pads, towels, or anything can be "place".

## **WALKING - 3 TYPES**

#### **LOOSE LEASH WALKING**

- "JACK, WALK" = STRUCTURE TIME
  - Your dog is on the left or right side of you. We default left if unpicked.
  - Your dog can walk ahead of you or behind you with a slack leash.
  - o Important: the leash must be slack at all times.
- "JACK, FREE" = FREE TIME
  - Your dog is allowed to gently pull. It's impossible to never have any pulling on free time.
  - Follow them within reason so they can 'be a dog'.

#### **HEELING**

- "JACK, HEEL" = STRUCTURE TIME
  - o Your dog is on the left or right. We default left if unpicked.
  - Your dog walks loosely next to your hip and doesn't pass.
  - o \*\*Can sound like "HERE" so be very clear when speaking!
- "JACK, FREE" = FREE TIME
  - Your dog is allowed to gently pull. It's impossible to never have any pulling on free time.
  - Follow them within reason so they can 'be a dog'.

#### **DECOMPRESSION WALKING**

- No word needed.
- Use a longline (10-30 foot leash) and allow your dog the freedom to explore without any obedience expectations.
- The idea isn't to focus on obedience, but relationship building and meeting your dog's natural needs by giving them freedom to engage with a safe environment.
- Play with your dog too. You can bounce back and forth between working on recalls, stays, heel etc. and release your dog to the environment.

### LEAVE IT

#### "JACK, LEAVE IT"

Your dog leaves an item or something/someone alone. Trade your dog something of high value when they do, and cue them to do something else so they don't go back to the unwanted object. Be careful not to create conflict.

Please note: We are never yelling or shouting these words. That would mean the person is frustrated which impacts the dog. We don't want our dogs depending on a negative tone to perform. Teach your dog the language you're trying to connect, and do it at your dog's pace!

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# MARKERS LIST

### THE COMMUNICATION STANDARD

A 'marker' marks the exact moment(s) your dog did something correct, incorrect, they should continue performing the behavior, or they can end the behavior ("free!").

Markers enhance our communication with our dogs. It's helping to build a language between both species!

### MARKERS WE USE

#### "YES" - CORRECT MARKER

- Your dog just did a behavior you want to see repeated, mark that exact moment with "yes".
- Always reinforce your dog with a treat, piece of kibble, or toy when you say "yes".
- This is how behavior you want will repeat itself.
- You should use "yes" throughout your dog's life.

#### **CLICKER - CORRECT MARKER**

- A clicker is a small marking device. Click it one time when your dog performed a behavior you
  want to see repeated.
- Always reinforce your dog with a treat, piece of kibble, or toy when you click.
- You may stop using the clicker once your dog has established the behavior you want.

#### "GOOD" OR "GOOD GIRL/BOY" - DURATION MARKER

- Use this for when your dog is continuing to perform wanted behavior. For example:
  - Your dog is in a sit stay while you open the front door.
    - "Jack Sit...\*yes\* (treat) Jack, Stay...."
    - You begin touching the door knob or slightly opening the door, and he is still sitting/staying. "Good boy...Jack, Stay" after a few more seconds you say "Yes"

#### "UH-UH" - INCORRECT MARKER

- You were teaching your dog to stay, but they broke the position before you said "free". Mark this exact moment "uh-uh" in a calm manner, and guide your dog back to where they got up from. Remind them "Jack Sit...Jack Stay"
- Do not give a reward for breaking!
- After a few seconds, look for how you can mark your dog with "yes"

#### "FREE" - RELEASE

- This is used to release your dog from the behavior they're doing.
- Now your dog can do what they want and aren't 'working'.

#### BRIBING and MARKING are 2 completely different things.

- Bribe = you have to show your dog the food first to get them to perform (that's why we encourage you to wean off luring as quickly as possible! Dogs aren't stupid!)
- Marking = you see a behavior you like, you mark it "yes", you pay the dog after. Much like why you show up to work everyday to earn a paycheck.

Ideally you want more "yes" moments rather than "uh-uh" moments. Every species learns better and faster when they are told what is working a hundred times more than what isn't working. Think about how you would like someone to teach you something brand new and difficult!