



Salt Performance Studio

Schedule

START TIME: 6:00 AM TIME INTERVAL:

TIME	MON	TUE	WED	THU	FRI	SAT	SUN
6:00 AM		S&C Class Coach Matt		S&C Class Coach Matt			
7:00 AM							
8:00 AM							
9:00 AM							
10:00 AM						S&C Class Coach Matt	
11:00 AM		S&C Class Coach Lynn	S&C Class Coach Lynn	S&C Class Coach Lynn			
11:30 AM							
12:00 PM							
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM		S&C Kids Class Coach Matt		S&C Kids Class Coach Matt			
5:00 PM							
5:15 PM	S&C Class Coach Matt	S&C Class Coach Matt	S&C Class Coach Matt	S&C Class Coach Matt	S&C Class Coach Matt		
6:15 PM							
7:00 PM							