

Labourer – Construction

Company: Mr. T Contracting

Location: 100 Mile House, BC

Job Type: Full-Time



About Us

Mr. T Contracting is a growing construction company specializing in residential, commercial, and civil projects across the Cariboo Region. From custom homes to large-scale builds, we take pride in delivering high-quality workmanship and maintaining a strong team environment.

Position Overview

We are currently seeking a reliable and hardworking **Labourer** to join our team. This role is ideal for someone who enjoys hands-on work, being outdoors, and contributing to a fast-paced construction environment.

Key Responsibilities

- Assist skilled tradespeople on-site
- Load and unload materials and equipment
- Maintain a clean and safe job site
- Perform general labour duties including digging, lifting, and site preparation
- Support framing, forming, and finishing tasks as required
- Follow all safety procedures and company policies

Requirements

- Previous construction experience is an asset but not required
- Physically fit and able to lift heavy materials
- Strong work ethic and reliability
- Ability to work well in a team environment
- Valid driver's license is an asset
- Willingness to learn and take direction

What We Offer

- Competitive wages (based on experience)
- Opportunities for growth and advancement within the company
- Diverse project experience (residential, commercial, civil)
- Supportive team environment

How to Apply

Please submit your resume to office@mrtcontracting.ca

Join a company that's building more than projects — we're building careers.