

Age Groups 2024 / 25



Pair / Trio / Team	Individual Age Groups	Born between date:			Age in Years
Tiny	R	01/09/2019	to	31/08/2020	4-5
Tiny	Yr1	01/09/2018	to	31/08/2019	5-6
Mini	Yr2	01/09/2017	to	31/08/2018	6-7
Mini	Yr3	01/09/2016	to	31/08/2017	7-8
Mini	Yr4	01/09/2015	to	31/08/2016	8-9
Pre-teen	Yr5	01/09/2014	to	31/08/2015	9-10
Pre-teen	Yr6	01/09/2013	to	31/08/2014	10-11
Pre-teen	Yr7	01/09/2012	to	31/08/2013	11-12
Youth	Yr8	01/09/2011	to	31/08/2012	12-13
Youth	Yr9	01/09/2010	to	31/08/2011	13-14
Youth	Yr10	01/09/2009	to	31/08/2010	14-15
Junior	Yr11	01/09/2008	to	31/08/2009	15-16
Junior	Yr12	01/09/2007	to	31/08/2008	16-17
Junior	Yr13	01/09/2006	to	31/08/2007	17-18
Senior	Yr14	01/09/2005	to	31/08/2006	18-19
Senior	X	01/09/2003	to	31/08/2005	19-21
Adult	Y	01/09/1999	to	31/08/2003	21-25
Adult	Z	Any	to	31/08/1999	25+

Based on academic years - Competitors should be entered into the appropriate category based on an academic school year starting in the coming September X / Y / Z – Age from the 1st September.

Para Twirling - Learning Disabilities	One Age Group
Para Twirling - Physical Disabilities	Tiny/Mini, Pre Teen/Youth, Junior/Senior, Adult