



Esthétique Medical Spa

Laser Hair Removal

PRE-TREATMENT LASER INSTRUCTIONS

- Do not wax, bleach, tweeze, thread, or use depilatory creams for 3 weeks prior to your treatment
- Shave area to be treated the day prior to or the day of your appointment
- Avoid Chemical peels, Photofacials, Microdermabrasion or Microneedling for 2 weeks prior to your appointment
- Avoid unprotected natural, artificial sun and self- tanners (incl spray tans and tanning beds) Use UVA with a SPF of 30 or greater when exposing treatment areas to the sun
- Wait at least two weeks after Botox, and/or Juvederm before laser treatments
- Do not wear deodorant if we are treating Under arms, or make-up foundation if we are treating your face.

POST –TREATMENT LASER INSTRUCTIONS

- After Treatment the area may be tender, slightly red and swollen. This reaction will subside in a few hours. If burning sensation apply ice packs or cool cloth to area.
- May apply Aloe based lotions or gels as needed
- Use a broad spectrum sunscreen with a SPF of 30 or greater on treatment areas between appointments
- Do not shave for 24-48 hours following treatments
- Shaving is ok between appointments
- Day of treatment avoid Hot tubs, Sauna's, excessive exercise, or any activity that causes the body to "heat up"
- Do not use any new skin care products, deodorant, or shaving products for a week following the treatment.
- For best results schedule appointments as directed, the average client responds well to a 6 treatment protocol; however, additional treatments may be needed. For additional treatments after the 6 treatment package we offer a discount.