



Pre and Post Care for Tattoo Treatment

Precautions to take before your tattoo treatment:

- No sun exposure, tanning bed or sunless tanning cream for 4 weeks prior to treatment. Sun exposure decreases the effectiveness of the laser treatment and can increase the chance of complications.
- Use a broad-spectrum UVA/UVB sunscreen with an SPF of 30 or higher. Apply to the treated area every 2 hours when exposed to the sun and it is recommended to make this a part of your skin care routine.
- Remove all make up, creams and oils prior to treatment.
- No antibiotic use for 2 weeks prior to treatment.

Post Care Instructions:

- Clean the area daily with a mild soap and water. Pat dry.
- After cleansing and while skin is still moist, apply a thin layer of Aquaphor® ointment to the treated tattoo.
- Apply a nonstick pad over the tattoo until it is healed.
- Avoid sun exposure to the treated area. Use a broad-spectrum UVA/UVB sunscreen with an SPF of 30 or higher. Reapply every 2 hours when exposed to the sun and it is recommended to make this part of your skin care routine.
- Do not shave the treated area if crusting is evident.
- Apply moisturizers for sensitive skin as needed.
- For patients who are prone to breakouts or have sebaceous skin, consider waiting 24 hours before applying any topical products.
- Do not rub or scratch the area.
- Discomfort may be relieved by using a cold gel pack or acetaminophen as directed.
- If blistering occurs, keep the area moist by applying Aquaphor® 3 times per day or antibiotic ointment per recommendation of the physician.
- Do not enter swimming pools or hot tubs until treated areas are healed.