

HURON HURRICANES



Concussion Reporting Procedure with HHAC registrants (Swimmers, Coaches, and Officials) for occurrences OUTSIDE of club related activities:

1. It is the responsibility of the athlete and or parents/guardians and is imperative to inform coaches if a concussion or suspected concussion has occurred.
2. Once coaches are aware, they will share this information with HHAC's President and Swim Ontario. Athlete's are required to refrain from swimming until they have been seen by a physician or nurse practitioner, this is for the safety of the athlete and for HHAC to comply with Rowan's Law.
3. HHAC will wait for a medical note from the athlete's physician or nurse practitioner for permission for the swimmer to Return-to-Sport, whether there is a concussion OR, no concussion was sustained. The medical note will be shared with Swim Ontario for their review. Athlete's are required to refrain from swimming until Swim Ontario has given HHAC permission for the athlete to return to training.
4. Upon approval from Swim Ontario and if an athlete is recovering from a concussion HHAC will follow the [Swimming Canada graduated return-to-Sport Strategy](#)
5. HHAC's Head Coach will be in communication with the Club President and Swim Ontario via email and jotform updates as required, until HHAC has received a medical clearance note from the athlete's physician or nurse practitioner.
6. The medical clearance note will be shared with the Club President and Swim Ontario.
7. HHAC will wait for approval from Swim Ontario to allow the athlete to return to training with no restrictions.

Helpful Resources

1. <https://www.ontario.ca/page/rowans-law-concussion-awareness-resources>
2. <https://www.coachesontario.ca/programs-resources/concussion/>

